Welcome to Young Living!

Our mission and our mandate is to bring pure, authentic essential oils into every home in the world. People everywhere are looking for solutions for improving their wellness, as well as for their spiritual and financial well-being. We’re thrilled to have you as a Young Living member to not only discover the power of our mission for yourself but to also help share it with those around you.

People can be free only if they are well and have the physical and financial ability to travel, teach, and give to those in need. Young Living offers everyone, everywhere the opportunity to do just that: be well, discover your true potential, and live a purposeful life. We’re so excited to see families, both parents and kids alike, joining together to take that opportunity and discover the incredible benefits of these products for themselves. This is such an exciting time of growth.

As the world leader in essential oils, we provide the finest essential oils available through our proprietary Seed to Seal® process, which you can be a part of during our planting and harvesting seasons or by visiting our growing and distilling partners throughout the world. By inviting members like you to participate in our unique process, we’re sharing a firsthand look at our passion for quality; we’re thrilled to share what we love with you.

This Product Guide represents more than 20 years of dedication to helping you find the freedom of whole-life wellness you’ve imagined but wondered if it would ever be possible. All of us at Young Living have made a great effort to offer you safe and effective essential oil-infused products to replace the harsh chemicals found in most homes and offices. This convenient, comprehensive guide is designed to help you quickly find what you are looking for and to discover new products that you haven’t yet tried.

Our products are here to help you find an oasis of freedom with a feeling of well-being, both physically and emotionally. It is your moment to experience the benefits of the pure essence of nature. These products are crafted for every part of your life as they support your body, calm your busy environment, and uplift your spirit. Read on, discover new favorites, and spread your passion for Young Living.

D. Gary Young,
Founder, CEO Young Living Farms,
and Chairman of the Board

Mary Young,
Co-founder and CEO Young Living
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For the most up-to-date pricing and product availability, please refer to the Product Section of YoungLiving.com.

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- Facebook.com/YoungLiving
- Twitter.com/YoungLivingEO
- Instagram.com/YoungLivingEO
- Pinterest.com/YoungLivingEO
- YoungLiving.com/blog
Our Purpose

Young Living is a universally known, household name that is revered and respected for the countless benefits it brings to humanity. Propelled by the world’s purest essential oils and oil-infused products, along with our passionate commitment to empowering individuals to whole-life wellness, we champion the modern essential oil movement. A global, purpose-driven wellness revolution is underway, and Young Living leads the charge.

Our Vision

To bring Young Living Essential Oils to every home in the world.
OUR MISSION

Young Living Essential Oils honors its stewardship to champion nature’s living energy—essential oils—by fostering a community of healing and discovery while inspiring individuals to wellness, purpose, and abundance.
Young Living introduced Seed to Seal to the world as a symbol of our commitment to providing your family with the best essential oil and oil-infused products in the world. Our Seed to Seal promise ensures that with every targeted supplement, every skin care solution, and every pure essential oil you use, you’re enjoying the benefits of our global resources, industry leadership, and decades of innovation. The result? A pristine final product that you know is created with conscientious Sourcing, Science, and Standards.
SOURCING

We source from our corporate-owned farms, as well as partner farms and Seed to Seal-certified suppliers that adhere to our Partnership Principles. This empowers us to source conscientiously with priority on quality, sensitivity to community impact, and mindfulness toward ecosystems. Ultimately, this empowers you to feel fully confident using our products.

SCIENCE

While our product quality starts in the fields, it’s proven in the lab with research from our R&D team’s 180 years of combined experience. We also test product samples as needed with two independent, respected, and accredited labs. We create our pure, effective formulas to provide your family with products that contain the cleanest and most innovative ingredients available.

STANDARDS

As the leaders of the modern essential oils movement and a close partner with the earth, it’s part of our stewardship to do business responsibly—from sustainably sourcing rare botanicals, to uplifting local communities, to going above and beyond to comply with local environmental rules. We choose to partner with sources we know produce pure essential oils and ingredients ethically and legally, setting a top-tier standard for sustainability that you can trust.

For more detailed information on our Seed to Seal pillars, visit SeedtoSeal.com.
Young Living farms stand apart in the essential oil industry and set the standard for distilling essential oils. That’s why our essential oil farms play such an integral role in our Seed to Seal® promise. We’ve invested unprecedented time and resources to ensure that these standards are prioritized at each of our corporate-owned farms, partner farms, and Seed to Seal-certified suppliers, so your home and family get the very best nature has to offer.
The Young Living Whispering Springs Farm is an iconic lavender farm, not only to Young Living but also to the essential oil movement and the wellness community. This lavender farm is just a short drive from Young Living Global Headquarters and is home to events such as the Lavender Day festival, the Essential Oils and Animals Conference, and the Fall Festival Draft Horse Show and Rodeo.

**WHISPERING SPRINGS FARM**

**M O N A , U T A H , U S A**

The Young Living Whispering Springs Farm is an iconic lavender farm, not only to Young Living but also to the essential oil movement and the wellness community. This lavender farm is just a short drive from Young Living Global Headquarters and is home to events such as the Lavender Day festival, the Essential Oils and Animals Conference, and the Fall Festival Draft Horse Show and Rodeo.

**O I L S F R O M T H I S F A R M :**

- Lavender
- Hyssop
- Clary Sage
- Peppermint
- Goldenrod
- Balsam Fir
- Melissa
- Roman Chamomile
- Juniper
- Blue Tarrow
- Spearmint
- German Chamomile
**HIGHLAND FLATS TREE FARM**

**NAPLES, IDAHO, USA**

The Highland Flats Tree Farm is home to beautiful conifer trees from which essential oils derived from the great outdoors are produced. It’s the location of Young Living’s annual Winter Harvest and Spring Planting projects, which allow members to participate in the Seed to Seal process firsthand in a rural, peaceful setting and experience the thrill of working at the world’s first fully automated, state-of-the-art essential oil distillery.

**OILS FROM THIS FARM:**

- Idaho Blue Spruce
- Idaho Balsam Fir
- Pine
- Idaho Ponderosa Pine
- Western Red Cedar

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**SKYRIDER WILDERNESS RANCH**

**TABIONA, UTAH, USA**

Although this ranch is one of our newest locations, many Young Living global leaders have already attended retreats and events hosted at this beautiful location. Nestled in the hills of Tabiona, Utah, this ranch is close to Gary Young’s heart. It’s a location where our unique einkorn grain thrives and is a place where Gary Young can perform research on distillation methods and new botanicals.

**PRODUCT FROM THIS FARM:**

- Einkorn

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**ST. MARIES LAVENDER FARM**

**ST. MARIES, IDAHO, USA**

Our St. Maries Farm is where everything started! Decades ago, Gary Young brought pure, authentic lavender and melissa seeds from France and planted them on the 200 acres of land that now make up this beautiful farm. Today, over 120 acres of organically grown melissa are planted on this farm, making it the largest producer of Melissa oil in the world.

**OILS FROM THIS FARM:**

- Lavender
- Melissa
- Idaho Tansy

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*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease. Consult individual product labels for safety information.*
After extensive scouting and research in 2014, Young Living purchased land in British Columbia, Canada, for the Northern Lights Farm to be a main source of Black Spruce essential oil, an important oil in many popular blends. This pristine land remains free of synthetic chemicals and fertilizers.

Young Living’s partnership with the Kona Sandalwood Reforestation Project is a great example of how our partnerships strive to preserve cultural values. At this location, only dead or dying sandalwood is harvested to maintain the ecological balance and to follow the deeply rooted Hawaiian belief in humans’ responsibility to maintain a respectful relationship with the land.

**Oils from this farm:**
Northern Lights Black Spruce • Ledum
Tarrow • White Spruce

**Oil from this farm:**
Royal Hawaiian Sandalwood™
Building this farm and its state-of-the-art distillery started as one of Gary Young’s passion projects. Today, Guayaquil’s tropical climate helps nurture Young Living’s 2,000 acres of rich soil, year-round harvests, and lush botanical life.

FINCA BOTANICA FARM

CHONGON (GUAYAQUIL), ECUADOR

OILS AND PRODUCT FROM THIS FARM:

Ylang Ylang • Palo Santo • Mastrante • Lemongrass • Eucalyptus Blue • Dorado Azul • Ocotea • Plectranthus Oregano • Rosa Muerta • Cardamom • Geranium • Hyssop • Ishpingo • Rosemary • Ruta • Thyme • Vetiver • Chocolate
Dalmatia’s landscape reflects its deep cultural roots and makes an ideal home for the botanical helichrysum. That’s why this farm was founded with the intention of becoming a sustainable source for the popular Helichrysum oil, but the location has since continued to grow and cultivate even more botanicals.

**OILS FROM THIS FARM:**
Helichrysum • Sage • Juniper • Bay Laurel
Young Living’s Simiane-la-Rotonde Lavender Farm is located in charming Provence, a region of France renowned for its beauty, fragrant lavender fields, and summer-long festivals. This farm has become a popular destination for essential oil lovers, artists, and visitors looking to breathe in the captivating spirit of this special location.

**Oils and Product from This Farm:**
- Lavender
- Clary Sage
- Rosemary
- Lavandin
- Einkorn

**Simiane-la-Rotonde Lavender Farm**
**Simiane-la-Rotonde, France**

This location uses a remarkable approach to protecting precious sandalwood trees from India’s growing black market by bringing seeds from India to be cultivated on this farm. Once safely planted in their new home, these trees are cultivated with the industry’s highest standards of quality, sustainability, and environmental stewardship.

**Oils from This Farm:**
- Sacred Sandalwood™

**Perth Sandalwood Farm**
**Perth, Australia**

Australia’s Northern Territory outback is the backdrop for this location’s plantations of Australian cypress trees. Drawing on ethnobotanical use in the aboriginal pharmacopeia, the founder of the Outback Botanical Reserve discovered a new, now-patented method of distillation that resulted in Blue Cypress essential oil.

**Oil from This Farm:**
- Blue Cypress

**Outback Botanical Reserve**
**Darwin, Australia**
This cooperative farm is actually made up of smaller individual farm operations that each focus on different oils. Like each unique operation, each oil has its own story and background that include its preservation, generational history and family significance, and the ingenuity and innovation necessary to create it.

**Oils from this farm:**
- Jade Lemon
- Hong Kuai
- Xiang Mao
- Camphor Wood

**Taiwan Cooperative Farm**

**Tai Tung, Taiwan**

This region has long revered frankincense for its luxurious fragrance and properties. Young Living’s partnership with this farm and distillery has played an integral role in the process of making Frankincense oil more widely available.

**Oil from this farm:**
- Frankincense

**Maydi Frankincense Distillery**

**Dubai, UAE**

The Balkan Botanical Farm, located in beautiful Bulgaria, joins other carefully selected Young Living partner farms as a scenic, history-rich location ideal for cultivating premium botanicals. Situated in one of the most valued rose-growing regions in the world, the Balkan Botanical Farm specializes in cultivating superior roses. Recently, it has expanded its essential oil farm offerings to include Roman chamomile and valerian to support Young Living’s supply of some of its most-loved products.

**Oils from this farm:**
- Roman Chamomile
- Rose
- Valerian
Young Living is the first and only company in the world to distill and export Omani Sacred Frankincense oil and bring it into the Western world. The Boswellia sacra trees in this region carry a rich history, having been harvested from for the past 5,000 years. Today, their resin is harvested by the same method and on the same schedule to continue this centuries-old story.

OIL FROM THIS FARM:

Sacred Frankincense™
SEED TO SEAL

PARTNERSHIP PRINCIPLES

We dedicate significant resources to providing the purest oils possible. Purity starts on the farm, and we proudly source our essential oils from corporate farms, partner farms, and Seed to Seal-certified suppliers. These locations embrace our Seed to Seal Partnership Principles to help ensure the purity of our products at every point in the supply chain. Young Living believes that authenticity matters. As part of your wellness journey, we invite you to discover how pure, authentic essential oils are the core of who we are.

**Principle 1**
Established Relationships
Our Sourcing and Executive teams have been hand-selecting renowned suppliers of premium botanicals and building relationships with them for decades. We continue to foster and expand these relationships.

**Principle 2**
Seed to Seal Specifications
All farms—whether a partner farm, Seed to Seal-certified supplier, or our very own corporate farms—sign declarations that they will follow our strict Seed to Seal specifications.

**Principle 3**
Binding Agreements
We back up these signed Seed to Seal declarations with legally binding contracts that require our partners to deliver on those declarations.

**Principle 4**
Stringent Testing
We have spent millions of dollars on a state-of-the-art lab with cutting-edge testing instruments, as well as a world-class team of researchers. If this team finds that a supplier’s product doesn’t meet our demanding standards, it never reaches our warehouse.

**Principle 5**
Ongoing Audits
In addition to its testing, Young Living verifies the quality of our oils via third-party audits of our supply chain. Our intricate global sourcing network is designed to bring our members superior products, and we are proud to have implemented an objective audit process.

Why insist on these demanding, expensive practices? Because for Young Living, the big picture doesn’t have much to do with the bottom line. We’re driven to make the world a better place by sharing the benefits of pure essential oils. If we’re not bringing families authentic quality, we’re not bringing them authentic benefits. Learn more about these benefits at SeedtoSeal.com.

The D. Gary Young, Young Living Foundation is committed to empowering individuals to achieve their potential and defy limitations by providing wellness and education opportunities to underserved communities.

We envision a world where children are provided with the resources and opportunities necessary to become confident, self-reliant leaders who can take control of their own health, provide for their families, and positively change their communities.

Since D. Gary Young started the Foundation in 2009, we have focused on unlocking possibilities by providing tools and resources to those whose needs receive far too little attention. Our mission and vision serve as our compass for providing long-term solutions.
Learn how you can get involved by visiting YoungLivingFoundation.org.

Healing Faith Uganda provides malaria education, prevention, and treatment to rural villages. In Africa, malaria kills one person every 60 seconds, and it is the leading cause of death on the continent for children under the age of 5. With the new D. Gary Young, Young Living Foundation Malaria Center, this organization will be able to provide 80,000 individuals—nearly 100 a day—with feasible access to malaria treatment.

African Hearts operates a rescue program for children living in the Kisenyi slum, which is considered the biggest slum in Uganda and one of the biggest in all of Africa. The Foundation has doubled the impact of the African Hearts slum rescue program, increasing the frequency of meals provided to the starving children from three days a week to five and expanding the space in their transitional homes, so they can house 40 children—a 200 percent increase.

Sole Hope offers hope, healthier lives, and freedom from foot-related diseases through education, jobs, and medical relief. One of the organization’s primary focuses is to help children and adults become and remain jigger-free.

Hope for Justice’s mission is to end human trafficking and modern-day slavery in our generation. The Young Living Foundation is joining the fight by funding the Hope for Justice Shine Career School in Phnom Penh, Cambodia, where girls rescued from sex trafficking can go to school and chase their dreams in nearly whatever career field they choose!

Thousands of children and adults in Uganda are victims of parasitic insects called jiggers. A female jigger will burrow into the feet and may ultimately cause life-threatening infections. Worse still, individuals with jiggers are often ostracized by their own families and communities. Sole Hope offers hope, healthier lives, and freedom from foot-related diseases through education, jobs, and medical relief. One of the organization’s primary focuses is to help children and adults become and remain jigger-free.

African Hearts provides malaria education, prevention, and treatment to rural villages. In Africa, malaria kills one person every 60 seconds, and it is the leading cause of death on the continent for children under the age of 5. With the new D. Gary Young, Young Living Foundation Malaria Center, this organization will be able to provide 80,000 individuals—nearly 100 a day—with feasible access to malaria treatment.

The Foundation’s flagship project in Chongon, Ecuador, is home to our Sponsor a Child program. Built in 2009 by Young Living Founder and Chairman of the Board D. Gary Young and Co-Founder and CEO Mary Young, the Academy now educates 350 students from grades pre-K through 12, with highly successful outcomes. In fact, while most children in Ecuador drop out of school by the eighth grade, and only 20 percent of local students graduate from high school, the Academy maintains a 97 percent attendance rate, and 100 percent of our seniors have graduated each year!
**WHAT ARE ESSENTIAL OILS?**

Lovingly harvested from farm-grown and wildcrafted plants, herbs, and trees, essential oils are concentrated plant extracts obtained by careful steam distillation, cold pressing, or resin tapping. These pure essential oils are far more powerful than the botanicals from which they are extracted. We offer hundreds of single oils, blends, and oil-infused products, each containing the optimal levels of specific, naturally occurring constituents to maximize their potency. Whether you use oils for aromatherapy, personal care, or household solutions, every aspect of daily life can benefit from the incorporation of essential oils!

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**How to Use Essential Oils**

**AROMATICALLY**

Use essential oils aromatically to uplift the spirit.

- Rub 2–3 drops of essential oil between your palms and inhale.
- Add a few drops of essential oil to a bowl of hot water. Cover your head and bowl with a towel. Breathe deeply and slowly.
- Use your favorite essential oils in our diffusers.

**TOPICALLY**

Many essential oils are safe and beneficial to use directly on the skin.

- Place 2–3 drops of essential oil directly on the desired area and massage in. Repeat as desired. Always follow the label’s dilution instructions.

**CAUTION:** Essential oils are very potent and may be irritating to the skin. If irritation occurs, apply Young Living’s V-6 Vegetable Oil Complex or any pure vegetable oil to the area to dilute. Citrus-based oils and blends may cause temporary photosensitivity.

**INTERNALLY**

When taking essential oils internally, try these tips:

- Place several drops of oil into a gelatin capsule (see page 65) and swallow with water.
- Add 1–2 drops of essential oil to a glass of water, NingXia Red, juice, yogurt, your favorite sweetener of choice, or plant-based milk and swallow.
- Add 1–2 drops of oil (to taste) to meals when cooking.

**NOTE:** Always consult individual product labels for usage directions.
Pure, authentic essential oils are the foundation of everything Young Living does. We offer products in four categories designed to enrich and simplify your life every day:

**ESSENTIAL OILS**
Infuse your body, mind, and spirit to discover the pure, grounded life that you’ve always wanted. Essential oil singles, blends, or custom infusions invite a new measure of wellness to your life. 
*See page 23 for Essential Oils.*

**HEALTHY & FIT**
Satisfy your body’s nutritional needs while keeping your taste buds happy. This lineup of nutritional supplements and healthful, tasty treats is full of options that your whole family will love. 
*See page 83 for Healthy & Fit.*

**PERSONAL CARE**
Reveal your natural glow with our line of essential oil-infused personal care products. Cleanse, nourish, moisturize, and more with formulas free from harmful, damaging chemicals. 
*See page 105 for Personal Care.*

**AT HOME**
Keep your family and home clean and protected with naturally derived products that are perfect for everyday use. Our home care products feature the ingredients you want, without the ones you don’t. 
*See page 67 for At Home.*
ESSENTIAL OIL PRODUCTS

Essential oils are the heart of Young Living and the foundation of our product line. Browse through our products to discover versatile, powerful essential oils and blends backed by our Seed to Seal® promise and find the essential oils that are right for you.
With more than 20 years of research and experience, Young Living has perfected our proprietary Seed to Seal standard to ensure that our essential oils are the finest available. This dedication to excellence is what makes our essential oils stand out from the rest and what makes a noticeable quality difference you can experience with every bottle.
Angelica has soothing aromatic qualities that help create a relaxing environment. It has been referred to as the “oil of angels,” in part because of its calming aroma.

**HOW TO USE** | ⚪️ ⚪️ ⚪️ | Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.

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Basil has a fresh, herbaceous aroma that can be calming and refreshing. Dilute with V-6 or another carrier oil when applying directly to desired area.

**HOW TO USE** | ⚪️ ⚪️ ⚪️ | Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.

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Bergamot has a light, citrusy scent that can be both uplifting and relaxing when diffused.

**HOW TO USE** | ⚪️ ⚪️ ⚪️ | Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.

---

Black Pepper is beautifully fragrant when used aromatically. Inhale directly for its energizing aroma or pair with other oils such as Peppermint, Wintergreen, or Clove.

**HOW TO USE** | ⚪️ ⚪️ ⚪️ | Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.

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Blue Cypress is produced from the steam distillation of the wood of the tree, which is indigenous to Australia. Traditionally used to moisturize dry skin, this oil also has historical use as a component in perfumes and even as an adhesive.

**HOW TO USE** | ⚪️ | Diffuse, directly inhale, or apply topically.

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Cardamom is a member of the ginger family and features a spicy, refreshing aroma that can be uplifting.

**HOW TO USE** | ⚪️ ⚪️ | Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.

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Produced from distillation of the seeds of the wild carrot plant, Carrot Seed has a mildly sweet aroma with earthy, herbaceous notes.

**HOW TO USE** | ⚪️ | Diffuse, directly inhale, or apply topically.

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With a warm balsamic aroma, Cedarwood essential oil can help create a calming and comforting atmosphere when diffused. Add Cedarwood essential oil to your favorite skin care products and apply topically or massage into the scalp for the appearance of healthy-looking hair.

**HOW TO USE** | ⚪️ | Diffuse, directly inhale, or apply topically.

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**PHOTOSENSITIVITY:** Avoid direct sunlight and UV rays for at least 12 hours after application to skin.

**TOPICAL:** Apply directly to skin. Dilution may be required. See label for use.

**DILUTE:** Topical or dietary dilution required. See label for use.

**AROMATIC:** Inhale directly or use a Young Living diffuser.

**DIETARY:** See label for use.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease. Consult individual product labels for safety information.
**Celery Seed**
*Apium graveolens*

Produced from the steam distillation of dried seeds, Celery Seed was used historically for its calming, relaxing, and uplifting aroma.

**How to Use**
- Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.

**Cinnamon Bark**
*Cinnamomum zeylanicum*

Cinnamon Bark has a hot and spicy fragrance that is said to unlock feelings of abundance. Many use it aromatically for its warm, inviting tones.

**How to Use**
- Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.

**Cistus**
*Cistus ladanifer*

Cistus is believed to be the biblical rose of Sharon, and its honey-like fragrance is soothing and uplifting.

**How to Use**
- Diffuse, directly inhale, or apply topically.

**Citronella**
*Cymbopogon nardus*

Citronella essential oil is ideal for diffusing indoors to refresh the air.

**How to Use**
- Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.

**Clary Sage**
*Salvia sclarea*

Clary Sage has an herbaceous aroma that is believed to create a calm and relaxing environment.

**How to Use**
- Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.

**Clove**
*Syzygium aromaticum*

Clove is an important ingredient in Young Living’s Thieves oil blend and has a very warm and inviting scent.

**How to Use**
- Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.

**Copaiba**
*Copaifera reticulate*

The gum resin tapped from the copaiba tree in Brazil is steam distilled to produce Copaiba essential oil, which is known for its high levels of beta-caryophyllene and a sweet aroma.

**How to Use**
- Diffuse, directly inhale, or apply topically.

**Coriander**
*Coriandrum sativum*

Coriander has a sweet, warm fragrance that is calming and gently uplifting. Dilute when using topically and apply directly to target areas.

**How to Use**
- Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.
**CYPRESS**
Cupressus sempervirens

Cypress has a fresh, herbaceous aroma that can promote a sense of security and grounding.

**HOW TO USE**
<table>
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<th>Item No.</th>
<th>Size</th>
<th>WHSL.</th>
<th>Retail</th>
<th>PV</th>
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<td>25.33</td>
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</tbody>
</table>


**DILL**
Anethum graveolens

Dill essential oil is produced from the distillation of the whole plant and is believed to be calming when used aromatically. This oil can be blended with Roman Chamomile to enhance any relaxing aromatic experience.

**HOW TO USE**
<table>
<thead>
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<th>Item No.</th>
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**DORADO AZUL**
Hyptis suaveolens

A unique essential oil from Ecuador, Dorado Azul is exclusive to Young Living. Its fresh scent is perfect for aromatic or topical use.

**HOW TO USE**
<table>
<thead>
<tr>
<th>Item No.</th>
<th>Size</th>
<th>WHSL.</th>
<th>Retail</th>
<th>PV</th>
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<td>$45.39</td>
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</table>


**ELEMI**
Canarium luzonicum

Part of the same family as Frankincense and Myrrh, Elemi has been used traditionally to support the appearance of the skin.

**HOW TO USE**
<table>
<thead>
<tr>
<th>Item No.</th>
<th>Size</th>
<th>WHSL.</th>
<th>Retail</th>
<th>PV</th>
</tr>
</thead>
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<td>$27.96</td>
<td>$21.25</td>
<td>27.96</td>
</tr>
</tbody>
</table>


**EUCALYPTUS BLUE**
Eucalyptus bicostata

Eucalyptus Blue is grown and distilled on Young Living’s farm in Ecuador. This essential oil is high in eucalyptol, which has a calming and invigorating scent when diffused.

**HOW TO USE**
<table>
<thead>
<tr>
<th>Item No.</th>
<th>Size</th>
<th>WHSL.</th>
<th>Retail</th>
<th>PV</th>
</tr>
</thead>
<tbody>
<tr>
<td>3597</td>
<td>5 ml</td>
<td>$15.00</td>
<td>$19.74</td>
<td>15.00</td>
</tr>
</tbody>
</table>


**EUCALYPTUS GLOBULUS**
Eucalyptus globulus

Eucalyptus Globulus has an earthy, fresh aroma and is used in many skin care products for its cleansing properties.

**HOW TO USE**
<table>
<thead>
<tr>
<th>Item No.</th>
<th>Size</th>
<th>WHSL.</th>
<th>Retail</th>
<th>PV</th>
</tr>
</thead>
<tbody>
<tr>
<td>3539</td>
<td>15 ml</td>
<td>$14.50</td>
<td>$18.50</td>
<td>14.5</td>
</tr>
</tbody>
</table>


**EUCALYPTUS RADIATA**
Eucalyptus radiata

Eucalyptus Radiata essential oil is loved for its fresh, pungent, and fruity aroma, making it ideal for massage after activity. Diffuse Eucalyptus Radiata to promote a stimulating and rejuvenating environment.

**HOW TO USE**
<table>
<thead>
<tr>
<th>Item No.</th>
<th>Size</th>
<th>WHSL.</th>
<th>Retail</th>
<th>PV</th>
</tr>
</thead>
<tbody>
<tr>
<td>3538</td>
<td>15 ml</td>
<td>$18.50</td>
<td>$24.34</td>
<td>18.5</td>
</tr>
</tbody>
</table>


**FENNEL**
Foeniculum vulgare

Fennel has a sweet, spicy aroma that has a long history of encouraging grounding feelings.

**HOW TO USE**
<table>
<thead>
<tr>
<th>Item No.</th>
<th>Size</th>
<th>WHSL.</th>
<th>Retail</th>
<th>PV</th>
</tr>
</thead>
<tbody>
<tr>
<td>3542</td>
<td>15 ml</td>
<td>$17.25</td>
<td>$22.70</td>
<td>17.25</td>
</tr>
</tbody>
</table>

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease. Consult individual product labels for safety information.
<table>
<thead>
<tr>
<th>Frankincense</th>
<th>Geranium</th>
<th>German Chamomile</th>
<th>Ginger</th>
</tr>
</thead>
<tbody>
<tr>
<td>Boswellia carterii</td>
<td>Pelargonium graveolens</td>
<td>Matricaria recutita</td>
<td>Zingiber officinale</td>
</tr>
<tr>
<td>ITEM NO.</td>
<td>SIZE</td>
<td>WHSL.</td>
<td>RETAIL</td>
</tr>
<tr>
<td>3548</td>
<td>15 ml</td>
<td>$73.50</td>
<td>$96.71</td>
</tr>
</tbody>
</table>

Diffuse Frankincense essential oil during meditation to help with grounding and purpose or add it to your personal care products to promote a radiant complexion.

**HOW TO USE** | | **Diffuse, directly inhale, or apply topically.**

Geranium essential oil is produced from the steam distillation of the geranium’s fragrant flowers and leaves and has an aroma that encourages peaceful, spiritual feelings.

**HOW TO USE** | | **Diffuse, directly inhale, or apply topically.**

German Chamomile has a calming aroma that helps create feelings of peace and patience. This oil can be applied neat or as part of massage to desired areas.

**HOW TO USE** | | **Diffuse, directly inhale, or apply topically.**

Ginger has a warm, energizing aroma that can be added to Ortho Sport® massage oil after workouts.

**HOW TO USE** | | **Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.**

**Goldenrod**

Solidago canadensis

<table>
<thead>
<tr>
<th>Item No.</th>
<th>Size</th>
<th>WHSL.</th>
<th>Retail</th>
<th>PV</th>
</tr>
</thead>
<tbody>
<tr>
<td>3562</td>
<td>5 ml</td>
<td>$15.25</td>
<td>$20.07</td>
<td>15.25</td>
</tr>
</tbody>
</table>

Goldenrod flowering tops are distilled to produce this fragrant oil, which has been used traditionally for its calming and relaxing aroma.

**HOW TO USE** | | **Diffuse, directly inhale, or apply topically.**

**Grapefruit**

Citrus paradisi

<table>
<thead>
<tr>
<th>Item No.</th>
<th>Size</th>
<th>WHSL.</th>
<th>Retail</th>
<th>PV</th>
</tr>
</thead>
<tbody>
<tr>
<td>3560</td>
<td>15 ml</td>
<td>$16.75</td>
<td>$22.04</td>
<td>16.75</td>
</tr>
</tbody>
</table>

Grapefruit has a wonderfully uplifting citrus aroma. Brighten your home by diffusing Grapefruit essential oil in the morning.

**HOW TO USE** | | **Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.**

**Helichrysum**

Helichrysum italicum

<table>
<thead>
<tr>
<th>Item No.</th>
<th>Size</th>
<th>WHSL.</th>
<th>Retail</th>
<th>PV</th>
</tr>
</thead>
<tbody>
<tr>
<td>3563</td>
<td>5 ml</td>
<td>$85.00</td>
<td>$111.84</td>
<td>85</td>
</tr>
</tbody>
</table>

A great oil to diffuse when studying or doing homework, Helichrysum has a stimulating aroma that no home should be without.

**HOW TO USE** | | **Diffuse, directly inhale, or apply topically.**

**Hinoki**

Chamaecyparis obtusa

<table>
<thead>
<tr>
<th>Item No.</th>
<th>Size</th>
<th>WHSL.</th>
<th>Retail</th>
<th>PV</th>
</tr>
</thead>
<tbody>
<tr>
<td>3073</td>
<td>5 ml</td>
<td>$34.75</td>
<td>$47.57</td>
<td>34.75</td>
</tr>
</tbody>
</table>

Hinoki comes from Japanese cypress and has a rich, invigorating citrus aroma that can increase spiritual awareness. Historically, Hinoki essential oil was used to refresh the soul.

**HOW TO USE** | | **Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.**
ESSENTIAL OIL PRODUCTS

**Jade Lemon**  
*Citrus limon eureka var. formensinis*

Jade Lemon has a unique lemon-lime scent that is pleasing and uplifting. Diffuse for a wonderful, zesty fragrance that is clean and inviting.

**HOW TO USE**  
| Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically. |

**Hyssop**  
*Hyssopus officinalis*

Hyssop has a slightly sweet scent and was considered a sacred oil in ancient Egypt, Israel, and Greece. Its fragrant scent stimulates creativity and meditation.

**HOW TO USE**  
| Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically. |

**Idaho Balsam Fir**  
*Abies balsamea*

Idaho Balsam Fir has a woody and refreshing scent. Diffuse for a grounding and calming aroma.

**HOW TO USE**  
| Diffuse, directly inhale, or apply topically. |

**Idaho Blue Spruce**  
*Picea pungens*

Idaho Blue Spruce is an exclusive oil that is distilled at Young Living’s St. Maries Farm. This remarkable essential oil contains high percentages of alpha-pinene and limonene and has a pleasing and relaxing evergreen aroma.

**HOW TO USE**  
| Diffuse, directly inhale, or apply topically. |

**Jasmine**  
*Jasminum officinale*

Considered to be exotic and romantic, Jasmine supports the skin’s appearance and is used in several Young Living personal care products. The sweet, floral aroma of Jasmine relaxes the mind and boosts self-confidence.

**HOW TO USE**  
| Diffuse, directly inhale, or apply topically. Jasmine is an absolute, or essence, rather than an essential oil. |

**Juniper**  
*Juniperus osteosperma*

The earthy, woody aroma of Juniper creates a peaceful atmosphere when diffused.

**HOW TO USE**  
| Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically. |

**Laurus Nobilis**  
*Laurus nobilis*

Laurus Nobilis has a spicy scent that is uplifting. Ancient Greeks used leaves of the laurel tree to crown their victors and scholars.

**HOW TO USE**  
| Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically. |

**Lavender**  
*Lavandula angustifolia*

Lavender is a popular essential oil long loved for its calming, soothing fragrance. When diffused, Lavender adds a clean and fresh scent to any room. It is also a relaxing addition to body care products and baths.

**HOW TO USE**  
| Diffuse, directly inhale, or apply topically. |
**ESSENTIAL OIL PRODUCTS**

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**LEDUM**  
*Ledum groenlandicum*

Ledum was used traditionally to support energy flow. It is one of the key ingredients in Juva Cleanse® and GLF™ essential oil blends.

**HOW TO USE**  
Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.

**ITEM NO.**  
**SIZE**  
**WHSL. RETAIL PV**

| 3579 | 5 ml | $62.75 $32.57 | 62.75 |

**LEMON**  
*Citrus limon*

Containing the naturally occurring constituent limonene, Lemon is a key component in many popular essential oil-infused products. Lemon is used worldwide in cleaners and soaps for its refreshing scent.

**HOW TO USE**  
Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.

**ITEM NO.**  
**SIZE**  
**WHSL. RETAIL PV**

| 3578 | 15 ml | $11.25 $14.80 | 11.25 |

**LEMON MYRTLE**  
*Backhousia citriodora*

The fresh aroma of Lemon Myrtle is uplifting and refreshing, which may help clear the mind.

**HOW TO USE**  
Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.

**ITEM NO.**  
**SIZE**  
**WHSL. RETAIL PV**

| 3579 | 5 ml | $22.50 $29.61 | 22.5 |

**LEMONGRASS**  
*Cymbopogon flexuosus*

Lemongrass is a key ingredient in Purification® blend and Ortho Sport® Massage Oil. Lemongrass essential oil can be worn alone or mixed with other complementary oils to help awaken the senses.

**HOW TO USE**  
Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.

**ITEM NO.**  
**SIZE**  
**WHSL. RETAIL PV**

| 3581 | 15 ml | $11.25 $14.80 | 11.25 |

**LIME**  
*Citrus aurantifolia*

Lime has a wonderfully light and uplifting aromatic scent. Diffuse it to encourage feelings of positivity.

**HOW TO USE**  
Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.

**ITEM NO.**  
**SIZE**  
**WHSL. RETAIL PV**

| 3074 | 15 ml | $12.25 $16.12 | 12.25 |

**MANUKA**  
*Leptospermum scoparium*

Manuka essential oil supports the appearance of healthy-looking skin, reduces the appearance of blemishes, and can be added to your favorite skin care products.

**HOW TO USE**  
Diffuse, directly inhale, or apply topically.

**ITEM NO.**  
**SIZE**  
**WHSL. RETAIL PV**

| 3522 | 5 ml | $35.75 $47.04 | 35.75 |

**MARJORAM**  
*Origanum majorana*

Marjoram is a key oil used in the Raindrop Technique® and can be used in massage after exercise.

**HOW TO USE**  
Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.

**ITEM NO.**  
**SIZE**  
**WHSL. RETAIL PV**

| 3584 | 15 ml | $34.75 $45.72 | 34.75 |

**MASTRANTE**  
*Lippia alba*

The earthy aroma of Mastrante is calming and promotes feelings of relaxation. This particular variety is high in limonene and carvone and can be used topically to promote radiant-looking skin.

**HOW TO USE**  
Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.

**ITEM NO.**  
**SIZE**  
**WHSL. RETAIL PV**

| 4661 | 5 ml | $25.75 $33.88 | 25.75 |
Commonly known as Niaouli, Melaleuca Quinquenervia supports and stimulates healthy-looking skin with stronger properties than Tea Tree essential oil.

**HOW TO USE** | **Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.**

**MELALEUCA QUINQUENERVIA**
*Melaleuca quinquenervia*

**MELISSA**
*Melissa officinalis*

Melissa has a grassy lemon scent that is pleasant, uplifting, and encouraging.

**HOW TO USE** | **Diffuse, directly inhale, or apply topically.**

**MOUNTAIN SAVORY**
*Satureja montana*

Mountain Savory has been used historically in topical applications on the body.

**HOW TO USE** | **Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.**

**MYRRH**
*Commiphora myrrha*

Myrrh has a long history of use in skin care for its moisturizing properties to cleanse dry skin. It was highly regarded in biblical times and has an aroma that brings a deeper sense of spirituality.

**HOW TO USE** | **Diffuse, directly inhale, or apply topically.**

**MYRTLE**
*Myrtus communis*

Myrtle has an elevating aroma that is pleasing when diffused. It also has properties that can help beautify and enhance the appearance of healthy-looking skin when applied topically.

**HOW TO USE** | **Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.**

**NEROLI**
*Citrus aurantium amara*

Extracted from orange blossoms, Neroli has a citrusy, floral scent. In ancient times, it was highly regarded for its uplifting aroma.

**HOW TO USE** | **Diffuse, directly inhale, or apply topically.**

**NORTHERN LIGHTS BLACK SPRUCE**
*Picea mariana*

Northern Lights Black Spruce essential oil comes from Young Living’s Northern Lights Farm in British Columbia, Canada. Diffuse this rich, woody, and invigorating scent during meditation to create a fresh aromatic atmosphere.

**HOW TO USE** | **Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.**

**NUTMEG**
*Myristica fragrans*

Nutmeg has a warm, spicy aroma that is energizing and uplifting. Nutmeg blends well with other oils such as Orange, Clary Sage, any Eucalyptus, and Ginger.

**HOW TO USE** | **Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.**

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**OCOTEA**

*Ocotea quisos*

Produced from the distillation of an Ecuadorian tree, Ocotea has a complex aroma that is known for its skin-cleansing properties.

**HOW TO USE**

- Diffuse, directly inhale, dilute with V-6 Vegetable Oil Complex, and apply topically.

**ORANGE**

*Citrus sinensis*

Orange is a favorite for diffusion and aromatic uses. It may be calming and bring feelings of inspiration.

**HOW TO USE**

- Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.

**OREGANO**

*Origanum vulgare*

Oregano essential oil is a key oil used in the Raindrop Technique® and has a strong, herbaceous fragrance.

**HOW TO USE**

- Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.

**PALMAROSA**

*Cymbopogon martini*

Palmarosa grass is steam distilled to produce an oil with an aroma that can be stimulating and soothing when diffused.

**HOW TO USE**

- Diffuse, directly inhale, or apply topically.

**Palo Santo**

*Bursera graveolens*

Palo Santo has an inspiring fragrance and can be diffused for a cleansing and refreshing atmosphere. It can also be used for massage after activity.

**HOW TO USE**

- Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.

**Patchouli**

*Pogostemon cablin*

Patchouli essential oil may be used topically to improve the appearance of dry skin and is an ideal complement when added to your favorite skin care products. Diffuse this oil for a calming, relaxing, and peaceful fragrance.

**HOW TO USE**

- Diffuse, directly inhale, and apply topically.

**Peppermint**

*Mentha piperita*

Peppermint can be used topically to cool the skin or diffused for a scent that invites feelings of peace.

**HOW TO USE**

- Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.

**PETITGRAIN**

*Citrus aurantium amara*

Petitgrain is refreshing and uplifting when used aromatically. This oil is also supportive of the appearance of skin and hair.

**HOW TO USE**

- Diffuse, directly inhale, or apply topically.
**ESSENTIAL OIL PRODUCTS**

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### Pine
- **Pinus sylvestris**
- Pine essential oil has a refreshing and empowering aroma. When diffused, this oil has a calming scent.

**HOW TO USE**
- Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.

<table>
<thead>
<tr>
<th>ITEM NO.</th>
<th>SIZE</th>
<th>WHSL.</th>
<th>RETAIL</th>
<th>PV</th>
</tr>
</thead>
<tbody>
<tr>
<td>3618</td>
<td>15 ml</td>
<td>$15.00</td>
<td>$19.74</td>
<td>15</td>
</tr>
</tbody>
</table>

### Ravintsara
- **Cinnamomum camphora**
- Ravintsara has a pleasant and clean scent, is commonly used in meditation, and contains skin-cleansing properties.

**HOW TO USE**
- Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.

<table>
<thead>
<tr>
<th>ITEM NO.</th>
<th>SIZE</th>
<th>WHSL.</th>
<th>RETAIL</th>
<th>PV</th>
</tr>
</thead>
<tbody>
<tr>
<td>3620</td>
<td>5 ml</td>
<td>$27.75</td>
<td>$36.51</td>
<td>27.75</td>
</tr>
</tbody>
</table>

### Roman Chamomile
- **Chamaemelum nobilis**
- Roman Chamomile has a sweet, herbaceous aroma that can help create a calming atmosphere that can be especially useful for restless children.

**HOW TO USE**
- Diffuse, directly inhale, or apply topically.

<table>
<thead>
<tr>
<th>ITEM NO.</th>
<th>SIZE</th>
<th>WHSL.</th>
<th>RETAIL</th>
<th>PV</th>
</tr>
</thead>
<tbody>
<tr>
<td>3510</td>
<td>5 ml</td>
<td>$39.75</td>
<td>$52.30</td>
<td>39.75</td>
</tr>
</tbody>
</table>

### Rose
- **Rosa damascena**
- Rose has a beautiful aroma that encourages feelings of positive self-reflection. Twenty-two pounds of rose petals are distilled for every 5-ml bottle of oil produced.

**HOW TO USE**
- Diffuse, directly inhale, or apply topically.

<table>
<thead>
<tr>
<th>ITEM NO.</th>
<th>SIZE</th>
<th>WHSL.</th>
<th>RETAIL</th>
<th>PV</th>
</tr>
</thead>
<tbody>
<tr>
<td>3623</td>
<td>5 ml</td>
<td>$99.75</td>
<td>$131.25</td>
<td>91</td>
</tr>
</tbody>
</table>

### Rosemary
- **Rosmarinus officinalis**
- Rosemary is a familiar herb with a strong woody scent that can promote feelings of clarity.

**HOW TO USE**
- Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex to apply topically.

<table>
<thead>
<tr>
<th>ITEM NO.</th>
<th>SIZE</th>
<th>WHSL.</th>
<th>RETAIL</th>
<th>PV</th>
</tr>
</thead>
<tbody>
<tr>
<td>3626</td>
<td>15 ml</td>
<td>$15.50</td>
<td>$20.39</td>
<td>15.5</td>
</tr>
</tbody>
</table>

### Sacred Frankincense
- **Boswellia sacra**
- Sacred Frankincense™ essential oil comes from the distillation of the resin of the Boswellia sacra frankincense tree. This oil is ideal for those who wish to take their spiritual journey and meditation experiences to a higher level.

**HOW TO USE**
- Diffuse, directly inhale, or apply topically.

<table>
<thead>
<tr>
<th>ITEM NO.</th>
<th>SIZE</th>
<th>WHSL.</th>
<th>RETAIL</th>
<th>PV</th>
</tr>
</thead>
<tbody>
<tr>
<td>3650</td>
<td>5 ml</td>
<td>$42.25</td>
<td>$55.59</td>
<td>42.25</td>
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<tr>
<td>3652</td>
<td>15 ml</td>
<td>$89.75</td>
<td>$118.09</td>
<td>89.75</td>
</tr>
</tbody>
</table>

### Sacred Sandalwood
- **Santalum album**
- This variety of sandalwood is native to India and is cultivated at our partner farm in Australia’s tropical northern outback. Sacred Sandalwood™ essential oil provides an uplifting, warm, woody, and sweet aroma, while offering a variety of skin benefits.

**HOW TO USE**
- Diffuse, directly inhale, or apply topically.

<table>
<thead>
<tr>
<th>ITEM NO.</th>
<th>SIZE</th>
<th>WHSL.</th>
<th>RETAIL</th>
<th>PV</th>
</tr>
</thead>
<tbody>
<tr>
<td>19651</td>
<td>5 ml</td>
<td>$99.75</td>
<td>$131.25</td>
<td>74.75</td>
</tr>
</tbody>
</table>

### Sage
- **Salvia officinalis**
- Sage emits a strong, spicy, clarifying, and uplifting aroma when diffused. It has been used traditionally for its clarifying properties.

**HOW TO USE**
- Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.

<table>
<thead>
<tr>
<th>ITEM NO.</th>
<th>SIZE</th>
<th>WHSL.</th>
<th>RETAIL</th>
<th>PV</th>
</tr>
</thead>
<tbody>
<tr>
<td>3632</td>
<td>15 ml</td>
<td>$28.25</td>
<td>$37.77</td>
<td>28.25</td>
</tr>
</tbody>
</table>
**SPEARMINT**  
*Mentha spicata*

Spearmint is milder than Peppermint and is characterized by an invigorating fragrance that is uplifting and calming.  
**HOW TO USE** | ☀️ | ☀️ | ☀️ | Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.

**TANGERINE**  
*Citrus reticulata*

Tangerine essential oil is loved for its delightful, sweet citrus aroma.  
**HOW TO USE** | ☀️ | ☀️ | ☀️ | Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.

**TARRAGON**  
*Artemisia dracunculus*

Tarragon oil brings a soothing and uplifting scent to any space when diffused.  
**HOW TO USE** | ☀️ | ☀️ | ☀️ | Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.

**SPEARMINT**  
*Mentha spicata*

Spearmint is milder than Peppermint and is characterized by an invigorating fragrance that is uplifting and calming.  
**HOW TO USE** | ☀️ | ☀️ | ☀️ | Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.

**THYME**  
*Thymus vulgaris*

Thyme is a key ingredient in Ortho Ease massage oil and is great for use after exercise. It is also believed to bring a sense of purpose when used aromatically.  
**HOW TO USE** | ☀️ | ☀️ | ☀️ | Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.

**TSUGA**  
*Tsuga canadensis*

Tsuga has skin-cleansing properties and is spiritually uplifting. Its fresh aroma is the result of steam-distilling the needles and twigs of the conifer tree.  
**HOW TO USE** | ☀️ | ☀️ | ☀️ | Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.

**VALERIAN**  
*Valeriana officinalis*

Valerian oil is produced from the distillation of the botanical’s root and has a unique fragrance that is calming and grounding. Use this oil topically on the back of the neck or on the bottoms of feet.  
**HOW TO USE** | ☀️ | ☀️ | ☀️ | Diffuse, directly inhale, or apply topically.

**VETIVER**  
*Vetiveria zizanoides*

Vetiver has an earthy and grounding aroma. Diffuse this unique essential oil for a calming and relaxing fragrance throughout the home.  
**HOW TO USE** | ☀️ | ☀️ | ☀️ | Diffuse, directly inhale, or apply topically.

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ESSENTIAL OIL PRODUCTS

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**Wintergreen**
Gaultheria procumbens

- Wintergreen’s refreshing minty aroma is stimulating and invigorating. It’s a great addition to lotions that are applied after activity.

**How to Use**
- Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.

<table>
<thead>
<tr>
<th>ITEM NO.</th>
<th>SIZE</th>
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<th>RETAIL</th>
<th>PV</th>
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<tr>
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<td>15 ml</td>
<td>$11.75</td>
<td>$17.75</td>
<td>17.75</td>
</tr>
</tbody>
</table>

**Xiang Mao**
Cymbopogon citratus

- Xiang Mao was used traditionally to freshen household air, enlighten the mind, and moisten the skin.

**How to Use**
- Diffuse, directly inhale, or apply topically.

<table>
<thead>
<tr>
<th>ITEM NO.</th>
<th>SIZE</th>
<th>WHSL. RETAIL</th>
<th>RETAIL</th>
<th>PV</th>
</tr>
</thead>
<tbody>
<tr>
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<td>$18.15</td>
<td>$26.15</td>
<td>26.15</td>
</tr>
</tbody>
</table>

**Ylang Ylang**
Cananga odorata

- Ylang Ylang essential oil is perfect for diffusing to enjoy its romantic and relaxing sweet floral aroma.

**How to Use**
- Diffuse, directly inhale, or apply topically.

<table>
<thead>
<tr>
<th>ITEM NO.</th>
<th>SIZE</th>
<th>WHSL. RETAIL</th>
<th>RETAIL</th>
<th>PV</th>
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<tbody>
<tr>
<td>3659</td>
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<td>$40.75</td>
<td>$53.62</td>
<td>40.75</td>
</tr>
</tbody>
</table>

**PHOTOSENSITIVITY:** Avoid direct sunlight and UV rays for at least 12 hours after application to skin.

**TOPOCAL:** Apply directly to skin. Dilution may be required. See label for use.

**DILUTE:** Topical or dietary dilution required. See label for use.

**AROMATIC:** Inhale directly or use a Young Living diffuser.

**DIETARY:** See label for use.
Many of our essential oils are perfect for culinary and dietary use. Our line of dietary-grade essential oils can be added to food for a delicious kick of concentrated flavor or used in capsules for their supportive properties. Be sure to look for old favorites and newly distinguished essential oils in this section.
ESSENTIAL OIL PRODUCTS

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease. Consult individual product labels for safety information.

Basil Vitality™ has a fresh and herbaceous taste that makes it a flavorful substitute for the dried herb. Try adding it to savory salad dressings, marinades, and classic Italian recipes or take it as a dietary supplement to support overall wellness.*

**HOW TO USE | 🌿 | Take as a dietary supplement. Always dilute with a carrier oil before internal use.**

Bergamot Vitality™ is beloved for its fresh citrus taste that is the perfect addition to many dishes. This essential oil has been used for centuries and is what gives Earl Grey Tea its distinctive, complex flavor.

**HOW TO USE | 🌿 | Take as a dietary supplement. Always dilute with a carrier oil before internal use.**

Black Pepper Vitality™ is a beautifully fragrant, spicy addition to any dish. Traditionally, Black Pepper was used to support overall wellness.*

**HOW TO USE | 🌿 | Take as a dietary supplement. Always dilute with a carrier oil before internal use.**

Cardamom Vitality™ perfectly captures the fragrant and fresh character of this well-known spice. Take it after mealtimes to support healthy digestion.*

**HOW TO USE | 🌿 | Take as a dietary supplement. Always dilute with a carrier oil before internal use.**

Carrot Seed Vitality™ has a mildly sweet flavor with earthy, herbaceous notes.

**HOW TO USE | 🌿 | Take as a dietary supplement.**

Produced from the steam distillation of dried seeds, Celery Seed Vitality™ brings a pleasant aroma and taste to many dishes.

**HOW TO USE | 🌿 | Take as a dietary supplement. Always dilute with a carrier oil before internal use.**

Cinnamon Bark Vitality™ helps promote a healthy immune response and has an intense, spicy aroma.*

**HOW TO USE | 🌿 | Take as a dietary supplement. Always dilute with a carrier oil before internal use.**

Featuring the fresh, bright aromas of five citrus essential oils, plus Spearmint, Citrus Fresh™ Vitality™ is perfect for adding a drop or two to your water for a refreshing citrus twist.

**HOW TO USE | 🌿 | Take as a dietary supplement.**

**INGREDIENTS | Orange, Grapefruit, Mandarin, Tangerine, Lemon, Spearmint**

PHOTOSENSITIVITY: Avoid direct sunlight and UV rays for at least 12 hours after application to skin.

TOPICAL: Apply directly to skin. Dilution may be required. See label for use.

DILUTE: Topical or dietary dilution required. See label for use.

AROMATIC: Inhale directly or use a Young Living diffuser.

DIETARY: See label for use.

5583
5 ml
$10.75
$14.14
10.75

5616
5 ml
$13.00
$17.11
13

5617
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$24.67
18.75

5634
5 ml
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$33.22
25.25

5618
5 ml
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$28.62
21.75

5884
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11.75

5885
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$31.58
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5 ml
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$28.62
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$11.75
$15.46
$24.00
$31.58
$7.25
$9.54

5 ml
$10.75
$14.14
10.75

5 ml
$13.00
$17.11
13

5 ml
$18.75
$24.67
18.75

5 ml
$25.25
$33.22
25.25

5 ml
$21.75
$28.62
21.75

5 ml
$11.75
$15.46
11.75

5 ml
$24.00
$31.58
24

5 ml
$7.25
$9.54
7.25

Ocimum basilicum

Citrus aurantium bergamia

Piper nigrum

Elettaria cardamomum

Daucus carota

Apium graveolens

Cinnamomum verum

Elettaria cardamomum

BASIL VITALITY

BERGAMOT VITALITY

BLACK PEPPER VITALITY

CARDAMOM VITALITY

CARROT SEED VITALITY

CELERY SEED VITALITY

CINNAMON BARK VITALITY

CITRUS FRESH VITALITY
**Clove Vitality**  
*Cinnamon zeylanicum*

Clove Vitality™ is made with the gum resin tapped from the clove tree native to Brazil. Clove Vitality has a pleasant, complex taste and can promote wellness when taken internally.*

**HOW TO USE**  
| Take as a dietary supplement. Always dilute with a carrier oil before internal use.

**Coriander Vitality**  
*Coriandrum sativum*

Coriander Vitality™ is a blend of the coriander seed and other pure essential oils that supports the body and helps maintain overall vitality when taken as a dietary supplement.*

**HOW TO USE**  
| Take as a dietary supplement. Always dilute with a carrier oil before internal use.

**EndoFlex Vitality**  
*Eucalyptus radiata, Mentha arvensis, Melaleuca alternifolia, Rosmarinus officinalis, Pelargonium graveolens*

EndoFlex™ Vitality™ is a blend of Peppermint, Geranium, and other pure essential oils that supports the body and helps maintain overall vitality when taken as a dietary supplement.*

**HOW TO USE**  
| Take as a dietary supplement. Always dilute with a carrier oil before internal use.

**Fennel Vitality**  
*Foeniculum vulgare*

Featuring a flavor reminiscent of black licorice, Fennel Vitality™ supports wellness and is fantastic in post-meal tonics and teas.*

**HOW TO USE**  
| Take as a dietary supplement. Always dilute with a carrier oil before internal use.

**Frankincense Vitality**  
*Boswellia carterii*

Known for its unmistakably complex, sweet, and woody flavor, Frankincense Vitality™ is a perfect addition to a healthy lifestyle regimen. When taken as a dietary supplement, it can help support normal immune response.*

**HOW TO USE**  
| Take as a dietary supplement.

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GERMAN CHAMOMILE VITALITY
*Matricaria recutita*

A traditional staple for nighttime tea recipes, German Chamomile Vitality™ will quickly become an indispensable part of your evening relaxation routine.

**HOW TO USE**: | ✔ |
**Take as a dietary supplement.**

GERMANY

GINGER VITALITY
*Zingiber officinale*

Traditionally, Ginger oil has been used to support the digestive system.* With a rich, spicy flavor, Ginger Vitality™ is an option for spicing up sweets and Asian dishes.

**HOW TO USE**: | ✔ |
**Take as a dietary supplement.**
**Always dilute with a carrier oil before internal use.**

GLF VITALITY

GLF™ Vitality™ is a powerful blend of oils that can be taken as a dietary supplement in conjunction with Detoxzyme™ and Essentialzyme™.*

**HOW TO USE**: | ✔ |
**Take as a dietary supplement.**
**Always dilute with a carrier oil before internal use.**

INGREDIENTS | Grapefruit, Helichrysum, Celery Seed

GRAPEFRUIT VITALITY
*Citrus paradisi*

Grapefruit Vitality™ is a delicious addition to foods and water. When paired with a healthy diet and exercise, it can also enhance weight-management programs.*

**HOW TO USE**: | ✔ |
**Take as a dietary supplement.**

INGREDIENTS | Grapefruit, Helichrysum, Celery Seed, Ledum, Hyssop, Spearmint

JADE LEMON VITALITY
*Citrus limon eureka var. formensensis*

Jade Lemon Vitality™ has a unique lemon-lime taste. When used in culinary applications, Jade Lemon adds a wonderfully bright flavor and invigorates the senses.

**HOW TO USE**: | ✔ |
**Take as a dietary supplement.**

JUVACLEANSE VITALITY

JuvaCleanse® Vitality™ is designed to be taken as a supplement along with supportive antioxidants and a diet of fiber-rich foods.*

**HOW TO USE**: | ✔ |
**Take as a dietary supplement.**
**Always dilute with a carrier oil before internal use.**

INGREDIENTS | Helichrysum, Ledum, Celery Seed

JUVAFLEX VITALITY

JuvaFlex™ Vitality™ is a beneficial complement to other supportive dietary blends and can help support a healthy lifestyle regimen when taken internally.*

**HOW TO USE**: | ✔ |
**Take as a dietary supplement.**
**Always dilute with a carrier oil before internal use.**

INGREDIENTS | Sesame, Fennel, Geranium, Rosemary, Roman Chamomile, Blue Tansy, Helichrysum

LAURIUS NOBILIS VITALITY
*Laurus nobilis*

Laurus Nobilis Vitality™ is distilled from the common bay leaf. Its flavor is known as a ubiquitous addition to many hearty stew and soup recipes.

**HOW TO USE**: | ✔ |
**Take as a dietary supplement.**
**Always dilute with a carrier oil before internal use.**

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**ESSENTIAL OIL PRODUCTS**
So Many Ways for Every Day

Add some flavor to your day with Young Living’s Vitality line! From zesty and herbaceous to earthy and spicy, Vitality makes it easy to upgrade your food and beverages with just a drop of pure essential oil.

VITALITY™

Your best beginning. Whether you choose power-packed protein shakes or delicious breakfast staples, there’s no easier way to instantly brighten your morning than using the flavor of Vitality!

Have a thirst for natural flavor? Easily add flavor and support your wellness by including Vitality in your water and favorite drinks.

Tasty treats and decadent desserts. Peppermint brownies, Orange chocolate pots, Cinnamon fruit dip—there are so many ways to infuse your indulgent recipes and satisfy your sweet tooth with healthier

Dinner is served! Tonight, simplify your wholesome dinner—and free up more family time—by substituting spices and herbs with the ease of Vitality.

Citrus Fresh Vitality Lemonade
Add a boost of fresh flavor to your favorite homemade lemonade recipe with 4 drops of Citrus Fresh Vitality or add 1 drop of Lavender Vitality for a sophisticated, flavorful twist.

For more usage tips and recipe ideas, visit YoungLiving.com/blog.
Lavender Vitality™

Contains the constituent limonene, Lemon Vitality™’s fresh citrus flavor makes a bright, flavorful addition to food and water.

LEMON VITALITY

Cymbopogon flexuosus

When taken as a dietary supplement, Lemongrass Vitality™ can support wellness.* It can also be used to flavor foods and water.

LEMONGRASS VITALITY

Marjoram Vitality™ is delicious in many savory dishes, especially in Italian recipes. Its wonderful herbaceous flavor shines in salad dressings and chicken marinades.

MOUNTAIN SAVORY VITALITY

Satureja montana

Mountain Savory Vitality™ has a spicy, herbaceous flavor that is reminiscent of oregano. Add a tiny drop to savory dishes or take as a dietary supplement to support your overall wellness.*

INGREDIENTS | Thyme, Orange, Clove, Frankincense

Nutmeg Vitality™ stays true to the flavor of the spice, most commonly used in baked goods. Add a few drops to your favorite recipes or take internally to support a healthy lifestyle regimen.*

HOW TO USE |  Take as a dietary supplement. Always dilute with a carrier oil before internal use.

Nutmeg Vitality™

Lavender is a popular essential oil that is renowned for its calming and soothing properties. Lavender Vitality™ can be used in many recipes to add a light floral accent.*

 HOW TO USE |  Take as a dietary supplement.

Lavender Vitality™

Longevity™ Vitality™ is delicious in many savory dishes, especially in Italian recipes. Its wonderful herbaceous flavor shines in salad dressings and chicken marinades.

HOW TO USE |  Take as a dietary supplement. Always dilute with a carrier oil before internal use.

Longevity™

Lavandula angustifolia

Marjoram Vitality™

Origanum majorana

HOW TO USE |  Take as a dietary supplement. Always dilute with a carrier oil before internal use.

Marjoram Vitality™

Nutmeg Vitality™

Myristica fragrans

HOW TO USE |  Take as a dietary supplement. Always dilute with a carrier oil before internal use.

Nutmeg Vitality™

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**ESSENTIAL OIL PRODUCTS**

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<table>
<thead>
<tr>
<th>ORANGE VITALITY</th>
<th>Sage Vitality</th>
<th>Oregano Vitality</th>
<th>Peppermint Vitality</th>
<th>Rosemary Vitality</th>
</tr>
</thead>
<tbody>
<tr>
<td>Citrus sinensis</td>
<td>Salvia officinalis</td>
<td>Origanum vulgare</td>
<td>Mentha piperita</td>
<td>Rosmarinus officinalis</td>
</tr>
<tr>
<td>Item No.</td>
<td>Size</td>
<td>Whs.</td>
<td>Retail</td>
<td>PV</td>
</tr>
<tr>
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<td>$9.87</td>
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</tr>
</tbody>
</table>

**HOW TO USE** | **Take as a dietary supplement.**

**CONTAINING THE CONSTITUENT LIMONENE, ORANGE VITALITY™ ESSENTIAL OIL BRINGS A DELICIOUS ADDITION TO WATER AND MANY CULINARY DISHES.**

**WITH ITS SPICY, SAVORY FLAVOR, OREGANO VITALITY™ IS BOTH A DELICIOUS CULINARY ESSENTIAL OIL AND A POWERFUL SUPPORT FOR A HEALTHY LIFESTYLE. INCLUDING THE NATURALLY OCCURRING CONSTITUENT CARVACROL, OREGANO ESSENTIAL OIL IS AN IMPORTANT INGREDIENT IN IMMUPOWER.*

**WHEN COMBINED WITH PEPPERMINT VITALITY™, SPEARMINT VITALITY™ SUPPORTS HEALTHY DIGESTIVE FUNCTION.** SPEARMINT ESSENTIAL OIL INCLUDES NATURALLY OCCURRING CARVONE AND LIMONENE.

**WHEN USED AS A DIETARY SUPPLEMENT, TANGERINE VITALITY™ ESSENTIAL OIL IS LOVED FOR ITS BRIGHT, SWEET CITRUS FLAVOR.**

<table>
<thead>
<tr>
<th>SclareEssence Vitality</th>
<th>Spearmint Vitality</th>
<th>Tangerine Vitality</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mentha spicata</td>
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<td>Citrus reticulata</td>
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<tr>
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<td>Size</td>
<td>Whs.</td>
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</tr>
<tr>
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<td>$7.50</td>
</tr>
</tbody>
</table>

**INGREDIENTS** | Clary Sage, Peppermint, Spanish Sage, Fennel

**HOW TO USE** | **Take as a dietary supplement. Always dilute with a carrier oil before internal use.**

**HOW TO USE** | **Take as a dietary supplement. Always dilute with a carrier oil before internal use.**

**HOW TO USE** | **Take as a dietary supplement. Always dilute with a carrier oil before internal use.**

**HOW TO USE** | **Take as a dietary supplement.**

**PRACTICES.**

**WHEN USED AS A DIETARY SUPPLEMENT, TANGERINE VITALITY™ ESSENTIAL OIL CAN HELP MAINTAIN A HEALTHY LIFESTYLE REGIMEN.**

**WHEN USED AS A DIETARY SUPPLEMENT, TANGERINE VITALITY™ ESSENTIAL OIL CAN HELP MAINTAIN A HEALTHY LIFESTYLE REGIMEN.**

**WHEN USED AS A DIETARY SUPPLEMENT, TANGERINE VITALITY™ ESSENTIAL OIL CAN HELP MAINTAIN A HEALTHY LIFESTYLE REGIMEN.**

**WHEN USED AS A DIETARY SUPPLEMENT, TANGERINE VITALITY™ ESSENTIAL OIL CAN HELP MAINTAIN A HEALTHY LIFESTYLE REGIMEN.**
**Tarragon Vitality**
Artemisia dracunculus

Tarragon Vitality™ brings an herbaceous note that complements savory dishes. A popular flavor for chicken and fish recipes, Tarragon Vitality also pairs well with Lemon Vitality.

**HOW TO USE** | 🌿 | Take as a dietary supplement. Always dilute with a carrier oil before internal use.

**INGREDIENTS**
Clove, Cinnamon Bark, Rosemary, Lemon, Eucalyptus Radiata

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**Thieves® Vitality**

Thieves® Vitality™ is a powerful essential oil blend that may help support healthy immune function and contribute to wellness when taken as a dietary supplement. This blend delivers the naturally derived constituents limonene, eugenol, and eucalyptol and can be a great addition to food and drinks as a flavoring.*

**HOW TO USE** | 🌿 | Take as a dietary supplement. Always dilute with a carrier oil before internal use.

**INGREDIENTS**
Clove, Cinnamon Bark, Rosemary, Lemon, Eucalyptus Radiata

---

**Thyme Vitality**
Thymus vulgaris

Like fresh or dried thyme, Thyme Vitality™ is a flavorful addition to savory dishes or to desserts that feature citrus flavors. When taken internally, Thyme may support wellness.*

**HOW TO USE** | 🌿 | Take as a dietary supplement. Always dilute with a carrier oil before internal use.

**INGREDIENTS**
Clove, Cinnamon Bark, Rosemary, Lemon, Eucalyptus Radiata

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**PHOTOSENSITIVITY:** Avoid direct sunlight and UV rays for at least 12 hours after application to skin.

**TOPICAL:** Apply directly to skin. Dilution may be required. See label for use.

**DILUTE:** Topical or dietary dilution required. See label for use.

**AROMATIC:** Inhale directly or use a Young Living diffuser.

**DIETARY:** See label for use.

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When essential oils work in harmony, the combined effect can be transformative. Our blends are the results of years of rigorous testing and practical application, producing synergistic blends of complementary oils that can be used in every aspect of your life.
3 WISE MEN

The 3 Wise Men™ blend contains Sandalwood, Frankincense, Myrrh, and other essential oils and is designed to promote feelings of reverence and spiritual awareness.

INGREDIENTS | Sweet Almond Oil, Royal Hawaiian Sandalwood, Juniper, Frankincense, Black Spruce, Myrrh

HOW TO USE | Diffuse, inhale directly, or apply topically.

ABUNDANCE

Abundance™ combines oils such as Orange and Ginger, which were used by ancient cultures to attract prosperity and magnify joy and peace.

INGREDIENTS | Orange, Clove, Cinnamon Bark, Frankincense, Ginger, Black Spruce, Patchouli, Myrrh

HOW TO USE | Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically to the desired area as needed.

ACCEPTANCE

Containing Coriander and Geranium essential oils, Acceptance™ encourages feelings of self-worth when used aromatically.

INGREDIENTS | Sweet Almond Oil, Royal Hawaiian Sandalwood, Geranium, Blue Tansy, Neroli, Coriander, Bergamot, Ylang Ylang, Citrus Hystrix, Blue Cypress, Davana, Jasmine, German Chamomile, Rose, Grapefruit, Tangerine, Spearmint, Lemon, Ocotea

HOW TO USE | Diffuse, directly inhale, or apply topically.

AROMAEASE

Aroma Ease™ has a cool, minty aroma and contains powerful essential oil constituents that contribute to a calming aroma.

INGREDIENTS | Peppermint, Spearmint, Ginger, Cardamom, Fennel

HOW TO USE | Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.

AROMA LIFE

Aroma Life™ uses Marjoram and Ylang Ylang essential oils to energize your spirit and create a sense of connection.

INGREDIENTS | Sesame Seed Oil, Cypress, Helichrysum, Ylang Ylang, Marjoram

HOW TO USE | Diffuse, directly inhale, or apply topically.

AROMA SIEZ

A key Young Living blend, Aroma Siez™ combines the soothing and relaxing properties of Lavender and Peppermint.

INGREDIENTS | Basil, Lavender, Cypress, Marjoram, Peppermint

HOW TO USE | Dilute with V-6 Vegetable Oil Complex to apply topically.

AUSTRALIAN BLUE

Australian Blue™ is often used to uplift the spirit. This blend contains Blue Cypress, which is produced from the distillation of the highly prized Calotropis intratropica wood in Australia.

INGREDIENTS | Blue Cypress, Cedarwood, White Fir, Ylang Ylang, Blue Tansy, Geranium, Citrus Hystrix, Davana, Jasmine, German Chamomile, Rose, Grapefruit, Tangerine, Spearmint, Lemon, Ocotea

HOW TO USE | Diffuse, inhale directly, or apply topically.

AWAKEN

Awaken™ is a blend of five other blends. Expertly formulated to help you become aware of limitless potential when used aromatically, Awaken is the first step toward making positive life changes.

INGREDIENTS | Joy, Present Time, Harmony, Forgiveness, Dream Catcher

HOW TO USE | Diffuse, directly inhale, or apply topically.
Believe™ contains Idaho Blue Spruce, Idaho Balsam Fir, Frankincense, and other essential oils that may encourage feelings of strength and faith when used aromatically.

**INGREDIENTS** | Idaho Blue Spruce, Idaho Balsam Fir, Frankincense, Coriander, Bergamot, Ylang Ylang, Geranium

**HOW TO USE** | Diffuse, directly inhale, or apply topically.

Brain Power™ is a blend of essential oils high in sesquiterpenes—like Royal Hawaiian Sandalwood, Blue Cypress, and Frankincense—to promote a sense of clarity and focus when used aromatically.

**INGREDIENTS** | Royal Hawaiian Sandalwood, Melissa, Helichrysum, Cedarwood, Blue Cypress, Frankincense, Lavender

**HOW TO USE** | Diffuse, directly inhale, or apply topically.

Combining essential oils chosen by D. Gary Young for their connections to our history, Build Your Dream™ empowers and clarifies to help you find the way to achieve your dreams when used aromatically.

**INGREDIENTS** | Lavender, Sacred Frankincense, Melissa, Blue Cypress, Hong Kui, Idaho Blue Spruce, Ylang Ylang, Dream Catcher, Believe, Blue Lotus

**HOW TO USE** | Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.

Experience the positive energy of the holidays all year long with the aromas of Orange, Cinnamon Bark, and Black Spruce essential oils in Christmas Spirit™.

**INGREDIENTS** | Orange, Cinnamon Bark, Black Spruce

**HOW TO USE** | Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex and apply topically.

Featuring the fresh, bright aromas of five citrus essential oils plus Spearmint, Citrus Fresh™ is perfect to wear as an inspiring personal fragrance or to diffuse and freshen any indoor environment.

**INGREDIENTS** | Orange, Grapefruit, Mandarin, Tangerine, Lemon, Spearmint

**HOW TO USE** | Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex to apply topically.

Clarity™ blends Basil, Rosemary, Peppermint, and other essential oils for an aroma that invites a sense of clarity and alertness.

**INGREDIENTS** | Basil, Roman Chamomile, Cardamom, Geranium, Bergamot, Rosemary, Lemon, Ylang Ylang, Peppermint, Jasmine, Palmarosa, Coriander

**HOW TO USE** | Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex and apply topically.

Common Sense™ essential oil is a proprietary blend of Young Living essential oils formulated to enhance rational decision-making abilities leading to increased wellness, purpose, and abundance.

**INGREDIENTS** | Frankincense, Ylang Ylang, Ocotea, Goldenrod, Ruta, Dorado Azul, Lime

**HOW TO USE** | Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex and apply topically.

Apply Cool Azul™ topically for a cool, aromatic experience or use after physical activities for a fresh, cooling sensation.

**INGREDIENTS** | Wintergreen, Peppermint, Sage, Plectranthus Oregano, Copaiba, Niaouli, Lavender, Blue Cypress, Elemi, Vetiver, Caraway, Dorado Azul, Oregano, German Chamomile

**HOW TO USE** | Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.
DIGIZE

A unique and proprietary Young Living essential oil blend, DiGize™ combines Tarragon, Ginger, Peppermint, Juniper, Fennel, Lemongrass, Anise, and Patchouli essential oils.

INGREDIENTS | Tarragon, Ginger, Peppermint, Juniper, Fennel, Lemongrass, Anise, Patchouli

HOW TO USE | Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex and apply topically.

DRAGON TIME

The aroma of Dragon Time™ is designed to invite positive emotions for women, especially during their monthly cycle. This blend is recommended for both young and mature women.

INGREDIENTS | Clary Sage, Lavender, Blue Yarrow, Fennel, Marjoram, Jasmine

HOW TO USE | Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.

DREAM CATCHER

Dream Catcher™ is designed to harness the power of positive dreams when used aromatically, helping you realize your desires and stay on the path to fulfillment.

INGREDIENTS | Royal Hawaiian Sandalwood, Tangerine, Yang Yang, Black Pepper, Bergamot, Juniper, Anise, Geranium, Citrus Hystra, Blue Cypress, Davana, Jasmine, German Chamomile, Rose, Grapefruit, Tangerine, Spearmint, Lemon, Oceola

HOW TO USE | Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex and apply topically.

EGYPTIAN GOLD

Egyptian Gold™ contains ancient biblical oils that can be used to enhance moments of devotion and reverence.

INGREDIENTS | Frankincense, Balsam Fir, Lavender, Myrrh, Hyssop, Northern Lights Black Spruce, Cedarwood, Vetiver, Rose, Cinnamon Bark

HOW TO USE | Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex and apply topically.

En-R-Gee™ is a revitalizing blend of pure Rosemary, Juniper, Lemongrass, and other essential oils that has an uplifting and energizing aroma.

INGREDIENTS | Rosemary, Nutmeg, Black Pepper, Juniper, Idaho Balsam Fir, Lemongrass, Clove

HOW TO USE | Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex and apply topically.

EndoFlex™ is a blend of Spearmint, Geranium, and other pure essential oils that creates a calming and balancing environment when diffused.

INGREDIENTS | Spearmint, Sesame Seed Oil, Geranium, German Chamomile, Sage, Myrtle, Nutmeg

HOW TO USE | Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex and apply topically.

Envision™ contains scents that stimulate feelings of creativity and resourcefulness, encouraging renewed faith in the future and the strength necessary to achieve your dreams.

INGREDIENTS | Black Spruce, Orange, Sage, Geranium, Lavender, Rose

HOW TO USE | Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex and apply topically.

Evergreen Essence™ takes you back to nature by combining the scents of a variety of aromatic pine, cedar, and spruce trees. Crisp and invigorating, its aroma refreshes your senses.

INGREDIENTS | Idaho Blue Spruce, Ponderosa Pine, Scotch Pine, Red Fir, Western Red Cedar, White Fir, Black Pine, Pinyon Pine, Lodgepole Pine

HOW TO USE | Diffuse or inhale directly and apply topically.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease. Consult individual product labels for safety information.
EXODUS II

Exodus II™ contains oils that represent botanicals used during ancient times for different wellness practices. This ancient-inspired aroma is commonly applied to the feet before bedtime.

INGREDIENTS | Olive Oil, Myrrh, Cassia, Cinnamon Bark, Calamus, Northern Lights Black Spruce, Hysop, Vetiver, Frankincense

HOW TO USE | Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex to apply topically.

FORGIVENESS

Forgiveness™ contains an aroma that supports the ability to forgive yourself and others while letting go of negative emotions, an important part of personal growth.

INGREDIENTS | Sesame Seed Oil, Melissa, Angelica, Bergamot, Geranium, Lavender, Ylang Ylang, Frankincense, Lemon, Palmarosa, Jasmine, Helichrysum, Royal Hawaiian Sandalwood, Roman Chamomile, Rose, Coriander

HOW TO USE | Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex to apply topically.

FULFILL YOUR DESTINY

Created to capture the theme of the 2017 International Grand Convention, this inspiring blend is an aromatic reminder to stay focused on your inner strengths and the path before you.

INGREDIENTS | Tangerine, Frankincense, Nutmeg, Cassia, Cardamom, Clary Sage, Black Pepper, Idaho Blue Spruce, Neroli

HOW TO USE | Diffuse or directly inhale.

GATHERING

Gathering™ features a blend of aromas that invites you to overcome the chaotic energy of everyday life and keeps you on the path to higher achievement.

INGREDIENTS | Lavender, Northern Lights Black Spruce, Geranium, Frankincense, Royal Hawaiian Sandalwood, Ylang Ylang, Vetiver, Cinnamon Bark, Rose

HOW TO USE | Diffuse, inhale directly, or apply topically.

GENTLE BABY

Gentle Baby™ is a soothing blend of pure essential oils with an aroma that invites a sense of calming for mothers and children.

INGREDIENTS | Coriander, Geranium, Palmarosa, Lavender, Ylang Ylang, Roman Chamomile, Bergamot, Lemon, Jasmine, Rose

HOW TO USE | Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex to apply topically.

GLF

GLF™ is a blend of essential oils that includes Helichrysum, Spearmint, and Celery Seed.

INGREDIENTS | Grapefruit, Ledum, Helichrysum, Hysop, Celer, Spearmint

HOW TO USE | Dilute with V-6 Vegetable Oil Complex and apply topically.

GRATITUDE

Foster a grateful attitude and embrace the blessings in your life. The uplifting aroma of Gratitude™ invites a feeling of emotional and spiritual progress.

INGREDIENTS | Idaho Balsam Fir, Frankincense, Coriander, Myrrh, Ylang Ylang, Bergamot, Northern Lights Black Spruce, Vetiver, Geranium

HOW TO USE | Diffuse, inhale directly, or apply topically.

GROUNDING

Grounding™ is a balancing blend of scents used for feelings of clarity or to enhance spirituality.

INGREDIENTS | White Fir, Pine, Angelica, Black Spruce, Cedarwood, Juniper, Ylang Ylang

HOW TO USE | Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex to apply topically.
### Harmony

<table>
<thead>
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<th>Retail</th>
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Harmony™ is a blend of pure essential oils that contains scents to provide an uplifting aromatic experience.

**INGREDIENTS** | Geranium, Angelica, Bergamot, Lavender, Black Spruce, Ylang Ylang, Royal Hawaiian Sandalwood, Hyssop, Palmarosa, Spanish Sage, Rose, Frankincense, Jasmine, Lemon, Orange, Roman Chamomile, Coriander

**HOW TO USE** | **Diffuse**, inhale directly, or apply topically.

### Highest Potential

<table>
<thead>
<tr>
<th>Item No.</th>
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<td>35.5</td>
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Highest Potential™ harnesses the uplifting and inspiring power of Blue Cypress and other pure essential oil scents.

**INGREDIENTS** | Blue Cypress, Ylang Ylang, Jasmine, Cedarwood, Geranium, Lavender, Northern Lights Black Spruce, Frankincense, Royal Hawaiian Sandalwood, White Fir, Vetiver, Cinnamon Bark, Dausana, Rose, German Chamomile, Blue Tansy, Grapefruit, Tangerine, Spearmint, Lemon, Ocotea

**HOW TO USE** | **Diffuse**, inhale directly, or apply topically.

### Hope

<table>
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</table>

The blend of essential oils found in Hope™ brings an aroma that invites you to restore your faith by reconnecting with feelings of strength and stability.

**INGREDIENTS** | Sweet Almond Oil, Melissa, Myrrh, Juniper, Black Spruce

**HOW TO USE** | **Diffuse**, inhale directly, or apply topically.

### Humility

<table>
<thead>
<tr>
<th>Item No.</th>
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True humility is the foundation of emotional strength. Humility™ is a blend of pure essential oil scents that promotes deeper spiritual awareness.

**INGREDIENTS** | Coconut Oil, Coriander, Ylang Ylang, Bergamot, Geranium, Melissa, Frankincense, Myrrh, Northern Lights Black Spruce, Vetiver, Orange, Rose

**HOW TO USE** | **Diffuse**, inhale directly, or apply topically.

### ImmuPower

<table>
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ImmuPower™ is a powerful blend of essential oils with an aroma that encourages positive energy.

**INGREDIENTS** | Hyssop, Mountain Savory, Cistus, Ravintsara, Frankincense, Oregano, Clove, Cumin, Dorado Azul

**HOW TO USE** | **Diffuse**, inhale directly, or dilute with V-6 Vegetable Oil Complex and apply topically.

### Inner Child

<table>
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The sweet fragrance of Inner Child™ can be used aromatically to encourage you to connect with your authentic self.

**INGREDIENTS** | Orange, Jasmine, Black Spruce, Tangerine, Royal Hawaiian Sandalwood, Neroli, Ylang Ylang, Lemongrass

**HOW TO USE** | **Diffuse**, inhale directly, or dilute with V-6 Vegetable Oil Complex to apply topically.

### Inspiration

<table>
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Inspiration™ is a blend of pure essential oils that were traditionally used by native people in Arabia, India, and North America for enhancing spirituality and meditation.

**INGREDIENTS** | Cedarwood, Black Spruce, Myrtle, Coriander, Royal Hawaiian Sandalwood, Frankincense, Bergamot, Vetiver, Ylang Ylang, Geranium

**HOW TO USE** | **Diffuse**, inhale directly, and apply topically.

### Into the Future

<table>
<thead>
<tr>
<th>Item No.</th>
<th>Size</th>
<th>MHSL</th>
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</tr>
</thead>
<tbody>
<tr>
<td>3369</td>
<td>5 ml</td>
<td>$26.25</td>
<td>$34.54</td>
<td>26.25</td>
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</tbody>
</table>

Into the Future™ is an inspirational blend of essential oils that creates an invigorating aromatic companion as you look toward your life’s goals and dreams.

**INGREDIENTS** | Sweet Almond Oil, Clary Sage, Ylang Ylang, White Fir, Idaho Blue Spruce, Frankincense, Jasmine, Juniper, Orange, Cedarwood, White Lotus

**HOW TO USE** | **Diffuse**, inhale directly, or apply topically.

---

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The aroma of Joy™ invites a sense of romance, bliss, and warmth when diffused. When worn as a fragrance, it invites togetherness.

**INGREDIENTS** | Bergamot, Lemon, Palmarosa, Ylang Ylang, Rose, Geranium, Jasmine, Roman Chamomile, Coriander, Tangerine

**HOW TO USE** | ![Diffuse](image), inhale directly, or apply topically.

---

Juva Cleanse® is a premium blend of pure essential oils that includes the naturally occurring constituents neryl acetate, gamma-curcumene, and alpha-pinene.

**INGREDIENTS** | Helichrysum, Ledum, Celery Seed

**HOW TO USE** | ![Diffuse](image), inhale directly, or dilute with V-6 Vegetable Oil Complex and apply topically.

---

Combining Fennel, Geranium, Rosemary, Roman Chamomile, Blue Tansy, and Helichrysum essential oils, JuvaFlex® is an uplifting and peaceful blend that’s perfect for diffusion or applying topically to improve the appearance of tender skin.

**INGREDIENTS** | Sesame Seed Oil, Fennel, Geranium, Rosemary, Roman Chamomile, Blue Tansy, Helichrysum

**HOW TO USE** | ![Diffuse](image), inhale directly, or dilute with V-6 Vegetable Oil Complex and apply topically.

---

Lady Sclareol™ is an oil blend created especially for women to enhance the feminine nature and provide a relaxing experience when diffused.

**INGREDIENTS** | Coriander, Geranium, Vetiver, Orange, Clary Sage, Bergamot, Ylang Ylang, Royal Hawaiian Sandalwood, Spanish Sage, Jasmine, Idaho Blue Spruce, Spearmint, Hinoki

**HOW TO USE** | ![Diffuse](image), inhale directly, or apply topically where desired.

---

Diffuse this blend for an inspiring fragrance in any environment or add it to V-6 Vegetable Oil Complex to apply topically.

**INGREDIENTS** | Mastrante, Northern Lights Black Spruce, Nutmeg, Cassia, Ocotea, Canadian Fleabane, Lemon, Black Pepper, Hinoki

**HOW TO USE** | ![Diffuse](image), directly inhale, or dilute with V-6 Vegetable Oil Complex to apply topically.

---

Live with Passion™ fosters an optimistic attitude and general enthusiasm for life.

**INGREDIENTS** | Clary Sage, Ginger, Royal Hawaiian Sandalwood, Angelica, Cedarwood, Helichrysum, Jasmine, Melissa, Neroli, Patchouli

**HOW TO USE** | ![Diffuse](image), inhale directly, or dilute with V-6 Vegetable Oil Complex to apply topically.

---

Formulated for the 2016 International Grand Convention, this blend of essential oils can be worn as a captivating fragrance, used with massage oil, or diffused to help you re-focus on the life you want to live!

**INGREDIENTS** | Orange, Royal Hawaiian Sandalwood, Nutmeg, Lime, Idaho Blue Spruce, Northern Lights Black Spruce, Ylang Ylang, Frankincense, Peppermint

**HOW TO USE** | ![Diffuse](image), inhale directly, or dilute with V-6 Vegetable Oil Complex and apply topically.

---

Longevity™ contains a powerful essential oil blend that helps promote youthful-looking skin.

**INGREDIENTS** | Thyme, Clove, Orange, Frankincense

**HOW TO USE** | ![Diffuse](image), inhale directly, or dilute with V-6 Vegetable Oil Complex and apply topically.
M-Grain™ has a cool touch when applied along the neck and shoulders.

**INGREDIENTS** | Basil, Lavender, Roman Chamomile, Marjoram, Peppermint, Helichrysum

**HOW TO USE** | Diffuse, inhale directly, dilute with V-6 Vegetable Oil Complex and apply topically.

---

The aroma of our Magnify Your Purpose™ essential oil blend stimulates creativity, desire, focus, and motivation, encouraging you to seize initiative when used aromatically.

**INGREDIENTS** | Royal Hawaiian Sandalwood, Nutmeg, Ginger, Patchouli, Sage, Cinnamon Bark, Coriander, Bergamot, Ylang Ylang, Geranium

**HOW TO USE** | Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex and apply topically.

---

Melrose™ is a blend of essential oils with powerful cleansing properties that supports the appearance of skin.

**INGREDIENTS** | Rosemary, Clove, Tea Tree, Niaouli

**HOW TO USE** | Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex and apply topically.

---

Mister™ oil blend is uplifting when diffused.

**INGREDIENTS** | Sesame Seed Oil, Sage, Lavender, Peppermint, Fennel, Myrtle, Yarrow

**HOW TO USE** | Diffuse, inhale directly, or apply topically.

---

The powerful scent of Motivation™ may promote feelings of action and accomplishment when diffused.

**INGREDIENTS** | Roman Chamomile, Black Spruce, Ylang Ylang, Lavender

**HOW TO USE** | Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex and apply topically.

---

Oola® Balance™ is designed to align and balance your center for a positive outlook and amplify the ability to focus on passions, behaviors, and health when diffused.

**INGREDIENTS** | Coconut Oil, Lavender, Ylang Ylang, Frankincense, Ocotea, Idaho Blue Spruce, Royal Hawaiian Sandalwood, Idaho Balsam Fir, Sacred Frankincense, Jasmine, Northern Lights Black Spruce, Orange, Angelica, Geranium, Hysop, Spanish Sage, Myrrh, Vetiver, Cistus, Coriander, Bergamot, Lemon, Roman Chamomile, Palmarosa, Rose

**HOW TO USE** | Diffuse, inhale directly, or apply topically.

---

Oola® Faith™ essential oil blend includes Frankincense and Hinoki, with properties that can increase spirituality and humility. Inhaling this blend may help promote deeper meditation and create a greater sense of connectedness.

**INGREDIENTS** | Coconut Oil, Sacred Frankincense, Balsam Fir, Myrrh, Juniper, Hysop, Geranium, Coriander, Bergamot, Lemon, Jasmine, Ylang Ylang, Roman Chamomile, Palmarosa, Cedarwood, Sage, Hinoki, Rose

**HOW TO USE** | Diffuse, inhale directly, or apply topically.

---

Oola® Family™ essential oil blend is formulated to support feelings of unconditional love, patience, and respect. Family may help uplift emotions, calm the mind, and control negative feelings to provide balance and clarity in support of strong and healthy family relationships.

**INGREDIENTS** | Fractionated Coconut Oil, Inner Child, Lavender, Geranium, Coriander, Bergamot, Lemon, Jasmine, Ylang Ylang, Roman Chamomile, Palmarosa, Cedarwood, Sage, Hinoki, Rose

**HOW TO USE** | Diffuse, inhale directly, or apply topically.

---

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Oola™ Field™ essential oil blend encourages feelings of self-worth and strength to help you overcome barriers and reach your true, unlimited potential. The essential oils in this blend support clarity to help you focus on realizing your financial objectives.

**INGREDIENTS** | Coconut Oil, Frankincense, Orange, Ocotea, Gathering, Clarity, Humility, Idaho Balsam Fir, Royal Hawaiian Sandalwood, Citronella

**HOW TO USE** | Diffuse, inhale directly, or apply topically.

---

Oola™ Finance™ essential oil blend promotes a sense of well-being that encourages positive emotions and increased feelings of abundance. This uplifting aroma promotes a sense of clarity and alertness to help you focus on realizing your financial objectives.

**INGREDIENTS** | Coconut Oil, Frankincense, Orange, Ocotea, Gathering, Clarity, Humility, Idaho Balsam Fir, Royal Hawaiian Sandalwood, Citronella

**HOW TO USE** | Diffuse, inhale directly, or apply topically.

---

Oola™ Finance™ essential oil blend is uplifting and energizing. Its blend of empowering essential oils promotes discipline and inspiration to set and achieve your fitness goals.

**INGREDIENTS** | Coconut Oil, Cypress, Copaiba, Cistus, Marjoram, Basil, Idaho Blue Spruce, Clary Sage, Peppermint, Black Pepper, Nutmeg, Idaho Balsam Fir

**HOW TO USE** | Diffuse, inhale directly, or apply topically.

---

Oola™ Friends™ essential oil blend helps bring harmonic balance to the energy centers of the body, encouraging feelings of self-worth. Promoting empowerment, confidence, awareness, and clarity, this blend helps support healthy interactions and relationships.

**INGREDIENTS** | Coconut Oil, Harmony, Lavender, Inner Child, Frankincense, Blue Cypress, Palo Santo, Xiang Mao

**HOW TO USE** | Diffuse, inhale directly, or apply topically.

---

Oola™ Fun™ essential oil blend is uplifting and revitalizing when diffused, with an aroma that encourages a positive outlook and encourages enjoying life’s simple pleasures.

**INGREDIENTS** | Coconut Oil, Cardamom, Frankincense, Ylang Ylang, Sweet Almond Oil, Present Time, Believe, Ginger, Nutmeg

**HOW TO USE** | Diffuse, inhale directly, or apply topically.

---

Oola™ Grow™ essential oil blend gives you courage to focus on the task at hand and helps you move toward positive advancement and progression.

**INGREDIENTS** | Coconut Oil, Highest Potential, Slique Essence, Gathering, Acceptance, Motivation, Into the Future

**HOW TO USE** | Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex and apply topically.

---

Apply PanAway® after exercise or to the neck and back anytime for a soothing and stimulating aromatic experience.

**INGREDIENTS** | Wintergreen, Clove, Helichrysum, Peppermint

**HOW TO USE** | Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex and apply topically.

---

Peace & Calming® provides a soothing and relaxing atmosphere when diffused, added to a bath, or during meditation and yoga. When applied topically, Peace & Calming® may improve the appearance of skin and support a healthy-looking glow.

**INGREDIENTS** | Tangerine, Ylang Ylang, Blue Tansy, Orange, Patchouli

**HOW TO USE** | Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex and apply topically.

---

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This proprietary blend creates a relaxing and pleasant aroma when inhaled or diffused. Dilute and apply topically to moisturize and beautify the appearance of skin.

**INGREDIENTS**  |  Tangerine, Orange, Ylang Ylang, Patchouli, German Chamomile, Vetiver, Cistus, Bergamot, Cassia, Davana, Northern Lights Black Spruce

**HOW TO USE**  |  Diffuse, inhale directly, or apply topically.

---

When diffused, Present Time™ helps you focus on the here and now, so you can get beyond the past and move forward.

**INGREDIENTS**  |  Sweet Almond Oil, Neroli, Black Spruce, Tlang Ylang

**HOW TO USE**  |  Diffuse, inhale directly, or apply topically.

---

The sweet, refreshing scent of Purification® instantly deodorizes and neutralizes the air. Apply topically to enjoy the outdoors annoyance free.

**INGREDIENTS**  |  Lemongrass, Rosemary, Tea Tree, Myrtle, Citronella, Lavandin

**HOW TO USE**  |  Diffuse, inhale directly, or apply topically.

---

The sweet, refreshing scent of Purification® instantly deodorizes and neutralizes the air. Apply topically to enjoy the outdoors annoyance free.

**INGREDIENTS**  |  Lemongrass, Rosemary, Tea Tree, Myrtle, Citronella, Lavandin

**HOW TO USE**  |  Diffuse, inhale directly, or apply topically.

---

R.C.™ is an ideal complement to V-6 Vegetable Oil Complex for creating a spa-like atmosphere during massage. It can also be used in place of Aroma Siez in the Raindrop Technique.

**INGREDIENTS**  |  Eucalyptus Globulus, Eucalyptus Radiata, Eucalyptus Citriodora, Myrtle, Black Spruce, Peppermint, Pine, Lavender, Marjoram, Cypress

**HOW TO USE**  |  Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex and apply topically.

---

**PEACE & CALMING II**

**PRESENT TIME**

**PURIFICATION**

**R.C.**

---

Raven ™ is a cleansing blend of Ravintsara, Peppermint, Eucalyptus Radiata, and other essential oils. Raven creates a cooling sensation when applied topically to the chest and throat.

**INGREDIENTS**  |  Ravintsara, Peppermint, Eucalyptus Radiata, Wintergreen, Lemon

**HOW TO USE**  |  Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex and apply topically.

---

Release ™ is a blend with a relaxing aroma that facilitates the ability to let go of anger and frustration. It also promotes harmony and balance when diffused.

**INGREDIENTS**  |  Ylang Ylang, Olive Oil, Lavandin, Geranium, Royal Hawaiian Sandalwood, Blue Tansy, Citrus Hythris, Blue Cypress, Davana, Jasmine, German Chamomile, Rose, Grapefruit, Tangerine, Spearmint, Lemon, Ocotea

**HOW TO USE**  |  Diffuse, inhale directly, or apply topically.

---

Rutavala ™ is a calming blend of Ruta, Valerian, and Lavender that promotes feelings of relaxation when diffused.

**INGREDIENTS**  |  Lavender, Valerian, Ruta

**HOW TO USE**  |  Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.

---

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Sacred Mountain™ is a blend of Ylang Ylang and conifer oils that evokes the sense of sanctity found in nature and promotes feelings of strength, empowerment, grounding, and protection when diffused.

**INGREDIENTS** | Ylang Ylang, Black Spruce, Idaho Balsam Fir, Cedarwood

**HOW TO USE** | Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex and apply topically.

---

**Sacred Mountain™**

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Sara™ is a blend of Geranium, Ylang Ylang, Rose, Blue Tansy, and other oils that is designed as a soothing scent to be used during difficult or emotional times.

**INGREDIENTS** | Sweet Almond Oil, Ylang Ylang, Geranium, Lavender, Orange, Citrus Hystrich, Blue Cypress, Davana, Jasmine, German Chamomile, Rose, Grapefruit, Tangerine, Spearmint, Lemon, Ocotea, Blue Tansy, Cedarwood, White Lotus

**HOW TO USE** | Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex and apply topically.

---

**Sara™**

<table>
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Sclaresence™ supports overall wellness with the properties of pure essential oils, including Clary Sage and Fennel.*

**INGREDIENTS** | Clary Sage, Fennel, Spanish Sage, Peppermint

**HOW TO USE** | Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex and apply topically.

---

**Sclaresence™**

<table>
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</tr>
</thead>
<tbody>
<tr>
<td>3418</td>
<td>15 ml</td>
<td>$30.75</td>
<td>$40.46</td>
<td>30.75</td>
</tr>
</tbody>
</table>

Sensation™ combines pure Ylang Ylang, Coriander, and other essential oils to encourage feelings of love and affection when diffused.

**INGREDIENTS** | Ylang Ylang, Jasmine, Geranium, Bergamot, Coriander

**HOW TO USE** | Diffuse, inhale directly, or apply topically.

---

**Sensation™**

<table>
<thead>
<tr>
<th>ITEM NO.</th>
<th>SIZE</th>
<th>WHSL.</th>
<th>RETAIL</th>
<th>PV</th>
</tr>
</thead>
<tbody>
<tr>
<td>3420</td>
<td>5 ml</td>
<td>$33.25</td>
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</table>

**Stress Away™** is the first product to contain the unique combination of Lime and Vanilla pure, therapeutic-grade essential oils. With a aroma that is the perfect blend of tropical and citrus, Stress Away is uniquely relaxing and comforting.

**INGREDIENTS** | Copaiba, Lime, Cedarwood, Vanilla, Ocotea, Lavender

**HOW TO USE** | Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex and apply topically.

---

**Stress Away™**

<table>
<thead>
<tr>
<th>ITEM NO.</th>
<th>SIZE</th>
<th>WHSL.</th>
<th>RETAIL</th>
<th>PV</th>
</tr>
</thead>
<tbody>
<tr>
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<td>15 ml</td>
<td>$29.75</td>
<td>$39.14</td>
<td>29.75</td>
</tr>
</tbody>
</table>

Surrender™ is a blend of Lavender, Black Spruce, Roman Chamomile, and other essential oils that provides aromas to help cast off inhibitions that may be controlling your life or limiting your potential.

**INGREDIENTS** | Lavender, Black Spruce, Mountain Savory, Lemon, Angelica, Roman Chamomile, German Chamomile

**HOW TO USE** | Diffuse, inhale directly, or apply topically.

---

**Surrender™**

<table>
<thead>
<tr>
<th>ITEM NO.</th>
<th>SIZE</th>
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</thead>
<tbody>
<tr>
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<td>$26.00</td>
<td>$34.21</td>
<td>26</td>
</tr>
</tbody>
</table>

The Gift™ is a blend of seven ancient oils that have been sought after for centuries for their calming properties. This blend was inspired by the fictional character Shutran from The One Gift, a novel by Young Living Founder D. Gary Young.

**INGREDIENTS** | Idaho Balsam Fir, Sacred Frankincense, Jasmine, Northern Lights Black Spruce, Myrrh, Vetiver, Cistus

**HOW TO USE** | Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex and apply topically.

---

**The Gift™**

<table>
<thead>
<tr>
<th>ITEM NO.</th>
<th>SIZE</th>
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<td>45</td>
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</table>

Thieves® essential oil blend was inspired by the legend of four 15th-century French thieves who formulated a special aromatic combination composed of clove, rosemary, and other botanicals. Thieves is a powerful blend that contains the naturally derived constituents limonene, eugenol, and eucalyptol.

**INGREDIENTS** | Clove, Cinnamon Bark, Rosemary, Lemon, Eucalyptus Radiata

**HOW TO USE** | Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex and apply topically.

---

**Thieves®**

<table>
<thead>
<tr>
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<th>SIZE</th>
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</thead>
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<td>$44.41</td>
<td>33.75</td>
</tr>
</tbody>
</table>
Transformation™ includes Idaho Blue Spruce, Palo Santo, and Ocotea. These powerful essential oils empower you to replace negative beliefs with uplifting thoughts when diffused.

**INGREDIENTS**  |  Lemon, Sacred Frankincense, Royal Hawaiian Sandalwood, Peppermint, Cardamom, Clary Sage, Idaho Blue Spruce, Palo Santo, Ocotea

**HOW TO USE**  |  Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.

Trauma Life™ is a natural blend of pure Sandalwood, Helichrysum, Rose, and other essential oils designed to offer support during difficult emotional exploration.

**INGREDIENTS**  |  Frankincense, Davana, Citrus Hystrix, Royal Hawaiian Sandalwood, Black Spruce, Rose, Valerian, Geranium, Lavender, Helichrysum

**HOW TO USE**  |  **Diffuse, inhale directly, or dilute with V-6 Vegetable Oil Complex and apply topically.**

Valor® essential oil blend is a top seller and one of Young Living Founder D. Gary Young’s favorite blends. Apply to wrists, chest, base of neck, and bottoms of feet or add to Young Living Bath & Shower Gel Base to feel empowered and uplifted.

**INGREDIENTS**  |  Coconut Oil, Black Spruce, Blue Tansy, Frankincense, Camphor Wood, Geranium

**HOW TO USE**  |  **Diffuse, inhale directly, or apply topically.**

White Angelica™ contains pure Melissa and Bergamot essential oils, promotes feelings of protection and security when diffused, and can be used to guard against negative energy.

**INGREDIENTS**  |  Sweet Almond Oil, Bergamot, Melissa, Geranium, Ylang Ylang, Rose, Myrrh, Royal Hawaiian Sandalwood, Hyssop, Coriander, Black Spruce

**HOW TO USE**  |  **Diffuse, inhale directly, or apply topically.**

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**PHOTOSENSITIVITY:** Avoid direct sunlight and UV rays for at least 12 hours after application to skin.  
**TOPICAL:** Apply directly to skin. Dilution may be required. See label for use.  
**DILUTE:** Topical or dietary dilution required. See label for use.  
**AROMATIC:** Inhale directly or use a Young Living diffuser.  
**DIETARY:** See label for use.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease. Consult individual product labels for safety information.*
ESSENTIAL OIL ROLL-ONS

With beautiful, contemporary labels, these roll-ons are an excellent way to use the same essential oil blends that you love when you’re on the move. Stay tuned as we continue to expand our new packaging and labels to your favorite oils and oil-infused products.

**Breathe Again™ Roll-On**

Breathe Again™ Roll-On features four types of Eucalyptus essential oils, including Eucalyptus Blue, which is grown and distilled at the Young Living farm in Ecuador.

**INGREDIENTS** | Coconut Oil, Eucalyptus Staigeriana, Eucalyptus Globulus, Eucalyptus Radiata, Eucalyptus Blue, Lavandula Nobilis, Peppermint, Copaiba, Myrtle, Blue Cypress, Rosehip

**HOW TO USE** | Apply generously to chest and neck as needed.

**RutaVaLa™ Roll-On**

Young Living’s RutaVaLa™ Roll-On is a proprietary blend of Ruta, Valerian, and Lavender essential oils that has an aroma that is calming and relaxing.

**INGREDIENTS** | Coconut Oil, Ruta, Valerian, Lavender

**HOW TO USE** | Apply generously to wrists, temples, neck, or any desired area as needed.

**Stress Away™ Roll-On**

Blended with Peppermint essential oil, Deep Relief™ Roll-On creates a cooling sensation when applied topically. With a fresh aroma that is both invigorating and relaxing, this blend is perfect to keep in your gym bag to use during a workout.

**INGREDIENTS** | Peppermint, Coconut Oil, Idaho Balsam Fir, Clove, Vetiver, Wintergreen, Lemon, Helichrysum, Copaiba, Dorado Azul

**HOW TO USE** | Apply generously on temples, back of neck, or wherever necessary.

**Tranquil Roll-On**

Apply the comforting aromas of Lavender, Cedarwood, and Roman Chamomile wherever you go with the ease of Tranquil™ Roll-On.

**INGREDIENTS** | Coconut Oil, Lavender, Cedarwood, Roman Chamomile

**HOW TO USE** | Apply generously on wrists or back of neck as needed.

**BREATHE AGAIN ROLL-ON**

*Item No.* 3628

*Size* 10 ml

*Whsl.* $25.75

*Retail* $33.88

*PV* 25.75

**DEEP RELIEF ROLL-ON**

*Item No.* 3634

*Size* 10 ml

*Whsl.* $26.75

*Retail* $35.20

*PV* 26.75

**RUTAVALA ROLL-ON**

*Item No.* 4471

*Size* 10 ml

*Whsl.* $35.75

*Retail* $47.04

*PV* 35.75

**STRESS AWAY ROLL-ON**

*Item No.* 4472

*Size* 10 ml

*Whsl.* $28.75

*Retail* $37.83

*PV* 28.75

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MASSAGE OILS

Take the power of massage to a whole new level with our line of massage oils. The unique essential oil blends in our massage oils have the power to bring your massage experience to new heights.

**Cel-Lite Magic™ Massage Oil**
- **Tones and nourishes the skin with pure vegetable oils, vitamin E, and authentic essential oils.** Grapefruit oil improves the appearance of skin texture, while Juniper oil helps cleanse.
- **INGREDIENTS** | Coconut Oil, Grape Seed Oil, Grapefruit, Cedarwood, Clary Sage, Cypress, Juniper, Wheat Germ Oil, Sweet Almond Oil, Olive Oil
- **HOW TO USE** | Massage on locations where firming and toning are desired. Shake well before using.

**Ortho Ease® Massage Oil**
- **A calming blend of vegetable oils and therapeutic-grade essential oils, including Wintergreen, Peppermint, Juniper, and Marjoram.**
- **INGREDIENTS** | Coconut Oil, Wintergreen, Grape Seed Oil, Peppermint, Juniper, Eucalyptus Globulus, Eucalyptus Radiata, Thyme, Lemongrass, Marjoram, Vetiver, Wheat Germ Oil, Sweet Almond Oil, Olive Oil
- **HOW TO USE** | Gently massage into areas of body as desired. Shake well before using.

**Relaxation™ Massage Oil**
- **Combines specifically selected vegetable oils with the soothing essential oil scents of Lavender, Tangerine, Coriander, and Spearmint for maximum relaxation.**
- **INGREDIENTS** | Coconut Oil, Grape Seed Oil, Tangerine, Lavender, Spearmint, Ylang Ylang, Peppermint, Coriander, Bergamot, Wheat Germ Oil, Sweet Almond Oil, Olive Oil, Geranium
- **HOW TO USE** | Gently massage onto skin as needed. Shake well before using.

**Sensation Massage Oil**
- **Inspires and encourages feelings of romance and youthfulness with the beautifully blended fragrances of Ylang Ylang, Jasmine, Geranium, and other essential oils.**
- **INGREDIENTS** | Coconut Oil, Grape Seed Oil, Ylang Ylang, Jasmine, Geranium, Bergamot, Wheat Germ Oil, Sweet Almond Oil, Olive Oil
- **HOW TO USE** | Massage liberally onto skin as desired. Shake well before using.

**V-6™ Vegetable Oil Complex**
- **Can be used to create custom massage oils or to dilute essential oils for sensitive skin.**
- **INGREDIENTS** | Coconut Oil, Sesame Seed Oil, Grape Seed Oil, Sweet Almond Oil, Wheat Germ Oil, Sunflower Seed Oil, Olive Oil
- **HOW TO USE** | For direct application blend 1 drop essential oil in 1–8 teaspoons V-6. For topical applications, apply 15–30 drops of essential oil to 1/8–1/4 cup V-6. Stronger oils (e.g., Cinnamon, Clove, Oregano) require more dilution than gentler oils. Shake well before using.

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ESSENTIAL OIL COLLECTIONS

Let our expertly assembled collections guide you toward harmony and wellness. This selection of essential oils and blends makes it easy to choose the best Young Living products for your unique needs.

ACTIVE & FIT KIT

Rev up your workout! Our panel of Young Living brand ambassadors and athletes has come together to design this first-of-its-kind fitness kit.

CONTENTS | Nylon carrying case; Cool Azul® Sports Gel, 3.4 oz.; Deep Relief™ essential oil blend, 5 ml; R.C.™ essential oil blend, 5 ml; Thieves® essential oil blend, 5 ml; Copaiba essential oil, 5 ml; Peppermint Vitality™ essential oil, 5 ml; 3 AromaGlide® roller fitments

ESSENCE OF THE SEASON

Essence of the Season™ lifts spirits with festive, seasonal scents. Containing Christmas Spirit™ oil blend and the biblical oils and gum resins of frankincense and myrrh, this collection can be used during the holidays or year-round to invoke memories or enhance spiritual awareness.

CONTENTS | Five 5-ml bottles: Christmas Spirit™, Frankincense, Myrrh, frankincense gum resin, myrrh gum resin

EVERYDAY OILS

The Everyday Oils™ collection is the perfect beginner kit, containing 10 of our most versatile essential oils for cooking, cleaning, and more. Instructional booklet included.

CONTENTS | Ten 5-ml bottles: Frankincense, Lavender, Lemon Vitality™, Peppermint Vitality™, Tea Tree®, PanAway®, Purification®, Thieves® Vitality™, Stress Away™, Joy™

FEELINGS

The Feelings™ collection features six essential oil blends that uplift and encourage emotional well-being when diffused.

CONTENTS | Six 5-ml bottles: Harmony™, Forgiveness™, Inner Child™, Present Time™, Release™, Valor®

FREEDOM COLLECTION BUNDLE

The aromas in the Freedom Collection Bundle help relax thoughts when diffused, bringing a sense of calming for a positive outlook on life.

CONTENTS | Freedom Sleep™ Collection; Three 15-ml bottles: Freedom™, AromaSleep®, Inner Harmony™; one 5-ml bottle of Valor®


GOLDEN TOUCH 1™

Golden Touch 1™ contains seven essential oil blends that help support the body’s natural energetic flow.

CONTENTS | Seven 5-ml bottles: DiGize™ Vitality™, EndoFlex™ Vitality™, FruaFlex™ Vitality™, Melrose™, Raven™, R.C.™, Thieves® Vitality™

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The Infused 7™ kit is a unique collaboration between Young Living and Oola. This exclusive kit brings together proven personal and professional development principles with seven new blends developed by D. Gary Young. Change your life the Oola way with therapeutic-grade essential oils.

**CONTENTS** | Includes: Oola Faith™, Oola Family™, Oola Field™, Oola Finance™, Oola Fitness™, Oola Friends™, Oola Fun™

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Premier Aroma™ contains a 5-ml bottle of more than 120 different Young Living essential oil singles and blends and includes a sturdy carrying case. The collection does not contain Rose, Melissa, or a few seasonal oils.

*Oils may vary according to season and availability. Young Living reserves the right to substitute oils of equal or greater value.

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Reconnect™ with a new collection of essential oil blends created to help support moods when diffused by uplifting and encouraging positive energy in times of restlessness and unease.

**CONTENTS** | Four 5-ml bottles: Reconnect™, SleepyIce™, GeneTix™, InTouch™

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The Oils of Ancient Scripture™ set contains 10 oils from the most significant plants, botanicals, materials, and resins in the Bible—from Cypress (Isaiah 44:14) to “the rose of Sharon” (Song of Solomon 2:1). With the refreshing scents of Myrtle and Cedarwood and the rich fragrances of Frankincense and Myrrh, this kit is designed to help you savor and enjoy the beautiful aromas and intriguing histories of these precious, pure essential oils.

**CONTENTS** | Ten 5-ml bottles: Aloes (Royal Hawaiian Sandalwood), Cassia, Cedarwood, Cypress, Frankincense, Hyssop, Myrrh, Myrtle, Onycha, Rose of Sharon (Cistus)

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The Raindrop Technique® combines the authenticity of pure essential oils with the principles of massage. Instructional booklet and online video tutorial included.

**CONTENTS** | Nine 5-ml bottles: Aroma Siez™, Basil, Cypress, Marjoram, Oregano, Peppermint, Thyme, Valor II™, Wintergreen. Two 8-oz. massage bottles: Ortho Ease™, V-6™ Vegetable Oil Complex, instructional booklet, and online video tutorial

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With 15 singles and 15 blends, the Select 30™ Oil Collection is a great way to jump-start or refresh your essential oil collection. Including Vitality™ dietary oils and some of our most popular proprietary blends, this collection brings you 30 YL favorites in one convenient place!

**Oils may vary according to season and availability. Young Living reserves the right to substitute oils of equal or greater value.**
Transform your home, office, or personal space into your personal aromatherapy oasis! Our elegantly designed diffusers will allow you to infuse essential oils into every part of your space and create a spa-like experience anywhere life takes you.
The Aria™ combines the latest in ultrasonic technology with useful features such as a remote control, music capabilities, soothing built-in sounds, and LED lights. Inside the Aria is a small ultrasonic plate that vibrates over a million times per second, vaporizing the water and oil to disperse into the air.

**HOW TO USE | 🟠 | Fill well with water and add 15–20 drops of the desired oil. See instruction booklet for complete usage details.**

The Bamboo™ Diffuser utilizes ultrasonic technology to break up a mixture of essential oils and water into microparticles, dispersing essential oils into the air. It provides an excellent method of calming and moisturizing to build a healthy and pure living environment.

**HOW TO USE | 🟠 | Lift lid, fill well with tap or mineral water, add 5–8 drops of the desired essential oil, put lid back on unit, and turn on diffuser. See instruction booklet for complete usage details.**

Young Living’s Dewdrop™ Diffuser functions as a humidifier, atomizer, and aroma diffuser in one simple-to-use product. Custom designed with up to four hours of continuous-run diffusion, automatic shutoff, and ambient light control, Young Living’s Dewdrop Diffuser can transform any space into a spa-like atmosphere.

**HOW TO USE | 🟠 | Fill well with room-temperature water (tap or spring is recommended), add 8–12 drops of the desired essential oil, and turn on the diffuser. See instruction booklet for complete usage directions.**

A combination atomizer, air purifier, and diffuser, the AromaLux™ is the most powerful way to create a beneficial environment with essential oils. Designed by D. Gary Young and available exclusively through Young Living, the AromaLux incorporates proprietary design principles, technology, and features to simplify and enhance the aromatic experience.

**HOW TO USE | 🟠 | Attach a 5–ml or 15–ml bottle of essential oil to the atomizer top and select desired setting. See instruction booklet for complete usage details.**

With its Moroccan-inspired design and soft glow, the Desert Mist™ Ultrasonic Diffuser is an elegant addition to your home décor. It features remarkably long run times, a full spectrum of lighting options, and a customizable design.

**HOW TO USE | 🟠 | See instruction booklet for complete usage directions.**

With its rose-inspired design, Young Living’s Home Diffuser combines a humidifier and aromatic diffuser into one accessory that safely releases essential oils into the air to eliminate odors and create a spa-like atmosphere. Features include intermittent and continuous diffusion and an LED light control.

**HOW TO USE | 🟠 | Fill well with room-temperature water (distilled water is recommended), add 8–12 drops of desired essential oil, and turn on the diffuser. See instruction booklet for complete usage details.**

Young Living’s Dino Land™ Ultrasonic Diffuser features color-illuminated vapor “erupting” from a prehistoric volcano, surrounded by menacing T. rex, triceratops, and pterodactyl figures.

**HOW TO USE | 🟠 | See instruction booklet for complete usage and lighting details.**

Young Living’s Dolphin Reef™ Ultrasonic Diffuser features a playful mother dolphin and her calf swimming through color-illuminated vapor released by pink sea sponges.

**HOW TO USE | 🟠 | See instruction booklet for complete usage and lighting details.**

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*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease. Consult individual product labels for safety information.

Diffuse your favorite essential oils wherever you go with Young Living’s USB Diffuser. Use it with your laptop, your car, your office, or bring it along when you travel. It’s mobile, compact, and silent, with 10-second, 30-second, or 60-second diffusion interval settings.

**HOW TO USE** | Fill essential oil bottle, insert into USB Diffuser, then plug diffuser into a USB port. See instruction booklet for complete usage details.

Overseen by D. Gary Young and modeled after his beloved horse Sundance, this diffuser is perfect for showing your love of animals in your home or adding a fun and functional display to your child’s room.

**HOW TO USE** | See instruction booklet for complete usage and lighting details.

Our portable, USB-powered Orb™ Diffuser is specially designed to be spill-proof, making it ideal for the office, car, or home. The Orb also provides intermittent (blue LED light) or continuous (green LED light) diffusion for up to 4.5 hours and includes three essential oil wicks.

**HOW TO USE** | Fill the base with tap or mineral water, add 5–6 drops of essential oil directly onto the essential oil wick, close the diffuser, and select intermittent or continuous diffusion. See instruction booklet for complete usage details.

Experience the essence of the Frankincense Trail with Young Living’s Resin Burner, specially selected by D. Gary Young.

**HOW TO USE** | Place a few pieces of resin on the burner and plug in. See instruction booklet for complete usage details. Resin Burner comes with a bag of Frankincense Resin.

Young Living’s Rainstone™ Ultrasonic Diffuser combines state-of-the-art ultrasonic technology and traditional Chinese craftsmanship with robust features, including up to 8 hours of diffusion, ambient light settings, a negative ionizer, and a remote control.

**HOW TO USE** | Fill with room-temperature tap or mineral water, add 8–10 drops of essential oil, and turn on the diffuser. See instruction booklet for complete usage details.
Inviting Living Room Blend

3 drops COPAIBA
3 drops FENNEL
3 drops OCOTEA
3 drops LEMON MYRTLE

Make Your Home an OASIS

The Desert Mist™ Ultrasonic Diffuser is the newest addition to Young Living’s diffuser lineup. With a unique design and contemporary look, it makes a beautiful addition to any room in your home.
ESSENTIAL OIL ACCESSORIES

Bring your essential oils experience into full balance. Including everything from durable carrying cases to color-coded bottle labels, our accessories make it easy to keep your precious essential oils organized.

**10-Oil Case**

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<th>Item</th>
<th>Item No.</th>
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<td>$21.05</td>
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Take your 10 favorite 15-ml essential oils on the road with a compact and durable carrying case. Branded with the Young Living logo, these cases come in a colorful trim choice of blue, green, or fuchsia.

**30-Oil Case**

<table>
<thead>
<tr>
<th>Item</th>
<th>Item No.</th>
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<tr>
<td></td>
<td>5279</td>
<td></td>
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</table>

This essential oil carrying case allows you to transport up to 30 essential oils or blends with style. This case is made out of sturdy EV foam and designed with a durable handle and foam insert to secure and protect each bottle while on the go.

**Aroma Carousel™**

The Aroma Carousel™ is a unique sampling display that allows you to show off 10 of your favorite Young Living essential oils in a convenient way. With the functionality of a lazy Susan, this display is a great tool for informal meetings and in-home workshops and simplifies sharing essential oils with others. The included Easy-Fill Pipettes allow you to easily transfer your oils into the provided 2-ml bottles.

**AromaDome®**

Young Living’s AromaDome® provides an enclosed area for the concentrated diffusion of essential oils and is specifically designed to be used with Young Living’s new AromaLux™ Atomizing Diffuser (sold separately).

**Aromaglide Roller Fitments**

Transform many of your favorite Young Living essential oils into an easy-to-use roll-on bottle with the patented AromaGlide™ advanced roller fitments technology. Each fitment is customized to fit a 5- or 15-ml bottle with an “Sb” marking on the bottom. Includes 10 AromaGlide fitments and caps.

**Clear Vegetable Capsules**

Clear Vegetable Capsules are an excellent way to get your daily essential oils. These NPcaps™ are ideal for those with vegetarian, diabetic, or other restrictive dietary needs. They are made from pullulan, a safe, water-soluble polysaccharide.
**Core Vitality Case**

The Core Vitality Case is a pill organizer, Vitality™ oil holder, and accessory case all in one! The convenience of this case makes it a must-have for anyone who wants to take all the essentials with them wherever they go.

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<td>$18.42</td>
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<tr>
<td>PV</td>
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</tr>
</tbody>
</table>

**Easy-Fill Pipettes**

Easy-Fill Pipettes provide a simpler way to transfer oil from the 5- and 15-ml bottles to the 2-ml sample bottles. Designed with a narrow tip, the pipette can be easily inserted through the 2-ml orifice, reducing spillage and allowing for simple and quick refilling. These pipettes are a must-have for keeping your 2-ml Vitassage™ and sample bottles filled and ready to go.

<table>
<thead>
<tr>
<th>Item No.</th>
<th>Count</th>
<th>WHSL.</th>
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**Essential Oil Bottle Organizer**

Transform chaos and clutter into a beautiful, orderly display with the Essential Oil Bottle Organizer. The two-tiered system can be used in a drawer or assembled to stand on a countertop or in a cupboard, making it easy to see and select your favorite essential oils.

<table>
<thead>
<tr>
<th>Item No.</th>
<th>5765</th>
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</thead>
<tbody>
<tr>
<td>WHSL.</td>
<td>$10.00</td>
</tr>
<tr>
<td>Retail.</td>
<td>$13.16</td>
</tr>
<tr>
<td>PV</td>
<td>0</td>
</tr>
</tbody>
</table>

**Essential Oil Sample Bottles**

Essential oil sample bottles are a convenient, simple way to pass out essential oil samples to friends, family, and prospective customers and members. Take these empty 2-ml bottles on the go to fill with your choice of essential oil. All 25 bottles come with lids and drop reducers.

<table>
<thead>
<tr>
<th>Item No.</th>
<th>Count</th>
<th>WHSL.</th>
<th>Retail.</th>
<th>PV</th>
</tr>
</thead>
<tbody>
<tr>
<td>3194</td>
<td>25 ct.</td>
<td>$9.50</td>
<td>$12.50</td>
<td>0</td>
</tr>
</tbody>
</table>

**Glass Oil Droppers**

Young Living Glass Oil Droppers are a convenient way to get just the right amount of essential oil that you need. They also come in handy if you want to remove any excess oil from your diffuser’s well.

<table>
<thead>
<tr>
<th>Item No.</th>
<th>3810</th>
</tr>
</thead>
<tbody>
<tr>
<td>Count</td>
<td>6 ct.</td>
</tr>
<tr>
<td>WHSL.</td>
<td>$5.00</td>
</tr>
<tr>
<td>Retail.</td>
<td>$6.58</td>
</tr>
<tr>
<td>PV</td>
<td>0</td>
</tr>
</tbody>
</table>

**Oil Bottle Cap Labels**

These color-coded labels fit perfectly on any 5- or 15-ml essential oil bottle cap to help you stay organized and find the right bottle quickly and easily.

<table>
<thead>
<tr>
<th>Item No.</th>
<th>3939</th>
</tr>
</thead>
<tbody>
<tr>
<td>Count</td>
<td>1 pk/312 ct cap labels</td>
</tr>
<tr>
<td>WHSL.</td>
<td>$3.00</td>
</tr>
<tr>
<td>Retail.</td>
<td>$3.95</td>
</tr>
<tr>
<td>PV</td>
<td>0</td>
</tr>
</tbody>
</table>

**Premium Display Case**

Young Living’s exclusive 140-oil Premium Display Case is a carrying case and display tool to help build your essential oil business or to simply use as a carrying case for quick and easy access to your oils.

<table>
<thead>
<tr>
<th>Item No.</th>
<th>5276</th>
</tr>
</thead>
<tbody>
<tr>
<td>WHSL.</td>
<td>$69.00</td>
</tr>
<tr>
<td>Retail.</td>
<td>$99.79</td>
</tr>
<tr>
<td>PV</td>
<td>0</td>
</tr>
</tbody>
</table>

**Vitassage With Storage Case**

Created by D. Gary Young, Vitassage™ incorporates Young Living’s essential oils into the massage experience by dispensing up to three different oils simultaneously, while three stainless-steel roller balls massage sore, tired muscles.

<table>
<thead>
<tr>
<th>Item No.</th>
<th>With Case</th>
<th>Case Only</th>
</tr>
</thead>
<tbody>
<tr>
<td>4625</td>
<td>$59.75</td>
<td>$19.75</td>
</tr>
<tr>
<td>WHSL.</td>
<td>$78.62</td>
<td>$25.99</td>
</tr>
<tr>
<td>Retail.</td>
<td>29.75</td>
<td>0</td>
</tr>
</tbody>
</table>

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease. Consult individual product labels for safety information.*
Your home is your sanctuary—a place where life’s treasured memories are made with family and friends. We created our At Home line to bring you effective products that are free from dangerous chemicals and toxins. These powerful, essential oil-infused products provide you safe solutions that work the way nature intended. From the cleaning products you use to the toothpaste in your cabinet, your home should be the place where total wellness begins.
Young Living's unique Thieves® blend is crafted in the tradition of four 15th-century French thieves who created a special aromatic combination of clove, rosemary, and other botanicals. Our Thieves line of products brings safe alternatives to your home, so you can replace harsh chemicals with naturally derived formulas that work hard and smell amazing.
Harnessing the power of Thieves essential oil blend, Thieves AromaBright™ Toothpaste can help promote clean teeth and gums. Free from fluoride, synthetic dyes, and preservatives, Thieves AromaBright Toothpaste is a great choice for the whole family for minty-fresh flavor and long-lasting fresh breath.

**HOW TO USE** | **Brush teeth every morning and night and preferably after each meal.**

**Thieves®** essential oil blend was inspired by the legend of four 15th-century French thieves who formulated a special aromatic combination composed of clove, rosemary, and other botanicals they used while robbing the dead and dying. Thieves is a powerful blend that contains the naturally derived constituents limonene, eugenol, and eucalyptol.

**INGREDIENTS |** Clove, Cinnamon Bark, Rosemary, Lemon, Eucalyptus Radiata

**HOW TO USE |** Diffuse, directly inhale, or dilute with V-6 Vegetable Oil Complex and apply topically.

With the power and fresh scent of Young Living’s Thieves®, Lemongrass, and Orange essential oils, this ultra-concentrated dishwasher powder uses plant-based, naturally derived ingredients to take on even your dirtiest dishes.

**HOW TO USE |** Place 1 scoop of Thieves Automatic Dishwasher Powder in the dishwasher dispenser. For heavy or difficult loads, use 2 scoops.

Combining Lemon, Peppermint, and Thieves® blend essential oils, these sweet and spicy drops offer comfort with a triple-action formula that relieves coughs, soothes sore throats, and cools nasal passages, thanks to natural menthol.

**HOW TO USE |** Adults and children 5 years and over: Dissolve 1 drop slowly in mouth. Repeat every 2 hours as needed. Children under 5 years of age: Ask a doctor.

**Thieves®** Dental Floss is made with strong fibers that resist fraying and easily glide between teeth for those hard-to-reach places. Saturated twice, this hard-wearing floss provides two layers of essential oils, offering double the protection to freshen your breath.

**HOW TO USE |** For daily use as needed.

**Thieves® Cleansing Soap** offers ultra-cleansing benefits plus the power of pure essential oils.

Containing the legendary Thieves oil blend, this bar soap is ideal for purifying the skin.

**HOW TO USE |** Lather. Wash. Rinse.
THIEVES DENTAROME PLUS TOOTHPASTE

Discover a new level of clean with Thieves® Dentarome® Plus Toothpaste. Naturally derived ingredients such as baking soda and Thieves essential oil blend gently lift stains for brilliantly clean teeth. The minty combination of Peppermint and Wintergreen essential oils add to the refreshing flavor.

HOW TO USE | Brush teeth and gums thoroughly morning and night.

THIEVES DENTAROME ULTRA TOOTHPASTE

Thieves® Dentarome® Ultra Toothpaste engages the power of Thieves oil blend for a boost of added cleaning power, while the cool flavor of Peppermint essential oil provides ultra-fresh breath. Made from naturally derived ingredients, Thieves Dentarome Ultra is great for removing stains to reveal a brighter, fresher, more radiant smile!

HOW TO USE | Brush teeth and gums thoroughly morning and night.

THIEVES DISH SOAP

With naturally derived ingredients, Thieves® Dish Soap effectively cleans your dishes without chemicals, dyes, or synthetics. Young Living pure essential oils—Thieves, Jade Lemon, and Bergamot—work with other plant-based ingredients to leave your dishes sparkling clean.

HOW TO USE | Dispense a small amount of soap with warm running water. Add additional soap as needed.

THIEVES FOAMING HAND SOAP

Cleanse your skin with Thieves® Foaming Hand Soap. Blending Thieves, Lemon, and Orange essential oils with other natural ingredients, it is a gentle and effective alternative to chemical soaps. Pump included.

HOW TO USE | Pump foam onto hands, lather, and then rinse thoroughly.

THIEVES FOAMING HAND SOAP REFILL

Cleanse and condition your skin with Thieves® Foaming Hand Soap. Blending Thieves, Lemon, and Orange essential oils with other natural ingredients, it is a gentle and effective alternative to chemical soaps.

HOW TO USE | Pump foam onto hands, lather, and then rinse thoroughly.

THIEVES FRESH ESSENCE PLUS MOUTHWASH

Thieves® Fresh Essence™ Plus Mouthwash is powered by Thieves essential oil blend for incredibly clean teeth and gums. Combined with naturally derived ingredients, Young Living’s mouthwash is safe and effective without any use of alcohol, synthetic dyes, or artificial flavors.

HOW TO USE | Rinse mouth with 1 tablespoon or capful of Fresh Essence Plus for 30–60 seconds or as needed.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease. Consult individual product labels for safety information.
Infused with one of our most popular blends, Young Living’s Thieves® line includes cleaning products that use naturally derived, effective ingredients for a deep clean and family-friendly formula. Whether you need to freshen carpets, scrub surfaces, or clear your kitchen, Thieves has you covered.

<table>
<thead>
<tr>
<th>All-Purpose Cleaner</th>
<th>Combine 1 capful Thieves Household Cleaner and 2–3 cups water in a glass spray bottle. Liberally spray surfaces and wipe clean.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Deep-Cleaning Scrub</td>
<td>Combine baking soda and Thieves Household Cleaner to form a thick paste. Apply mixture with a clean cloth or sponge and scrub surface thoroughly. Rinse clean.</td>
</tr>
<tr>
<td>Heavy Degreaser</td>
<td>Mix 1 capful Thieves Household Cleaner with 1 cup water. Apply solution with a cloth to remove buildup. Once grease is removed, wipe surface with a clean, damp cloth.</td>
</tr>
</tbody>
</table>

**TIP**
Add 4–5 drops each of Thieves and Peppermint to a wool dryer ball or damp washcloth and throw into dryer to freshen laundry.
**THIEVES FRUIT & VEGGIE SOAK**

*How to Use* | See product label for usage directions.

**THIEVES FRUIT & VEGGIE SPRAY**

*How to Use* | See product label for usage directions.

**THIEVES HARD LOZENGES**

*How to Use* | Dissolve 1 lozenge in mouth as needed.

**THIEVES HOUSEHOLD CLEANER**

*How to Use* | Use for household cleaning purposes as needed. Dilute or use straight for extra strength. Dilution ratios are listed on the label.

**THIEVES LAUNDRY SOAP**

*How to Use* | See product label for usage directions.
**THIEVES MINTS**

Enjoy the cool, invigorating taste of Thieves® Mints. The natural, sugar-free ingredients include the power of Thieves and Peppermint essential oils, providing a healthy alternative to freshen your breath.

**HOW TO USE |** Dissolve 1 mint in mouth as needed.

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**THIEVES SPRAY**

Thieves® Spray is a portable cleaning spray ideal for purifying small surfaces. Thieves Spray can be used on doorknobs, handles, toilet seats, and more.

**HOW TO USE |** Spray on surfaces to clean as needed.

---

**THIEVES VITALITY**

Thieves® is a powerful essential oil blend that may help support healthy immune function and contribute to wellness when taken as a dietary supplement. This blend delivers the naturally derived constituents limonene, eugenol, and eucalyptol and can be a great addition to food and drinks as a flavoring.

**INGREDIENTS |** Clove, Cinnamon Bark, Rosemary, Lemon, Eucalyptus Radiata

**HOW TO USE |** Take as a dietary supplement.

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**THIEVES WATERLESS HAND PURIFIER**

Convenient, portable, and long lasting, Thieves® Waterless Hand Purifier is enhanced with natural Peppermint oil to cleanse and purify hands.

**HOW TO USE |** Use daily as often as necessary to purify hands.

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**THIEVES WIPES**

Thieves® Wipes are infused with the powerful properties of Thieves essential oil blend.

**HOW TO USE |** Wipe surfaces to clean as needed.

---

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Our Young Living Seedlings™ line offers expertly created, essential oil-infused baby products that are safely diluted for babies’ sensitive skin. Free from harmful ingredients, this line’s gentle, plant-based formulas were specially created to carefully comfort the littlest members of the family and give parents peace of mind.
Moisturize baby’s delicate skin with Seedlings Baby Lotion, a plant-based formula that’s lightly scented with the calming aroma of pure essential oils. This mild lotion quickly absorbs into the skin to gently moisturize, nourish, smooth, and support heathy-looking skin.

**HOW TO USE** | Squeeze a small amount into your hands. Rub your hands together to warm the lotion and then gently massage into baby’s skin.

Seedlings Baby Wash & Shampoo gently cleanses your baby’s skin and hair, leaving it soft, smooth, and lightly scented with the aroma of pure essential oils. Its sulfate-free, non-drying formula is also tear-free and ready for bath time play.

**HOW TO USE** | Wet hair and skin with warm water. Apply a small amount to a moistened washcloth or hand and gently lather over entire body and scalp.

Envelop your child in the calming aroma of Seedlings Linen Spray. This naturally derived spray is made without alcohol, artificial fragrances or dyes, or synthetic preservatives; so it safely freshens bedding, car seats, and clothing throughout your everyday play and nighttime routine.

**HOW TO USE** | Shake well before use. Spray on linens as needed. Do not spray directly on skin or face.

Formulated specifically for infants, Seedlings Baby Oil moisturizes, soothes, and nourishes delicate skin with plant-based ingredients and essential oils. Use throughout the day or as part of a nighttime routine to promote a restful night’s sleep with its peaceful, relaxing scent.

**HOW TO USE** | Apply a small amount to your hands. Rub your hands together to warm the oil and gently massage into baby’s skin.

<table>
<thead>
<tr>
<th>Item No.</th>
<th>Weight</th>
<th>WHSL.</th>
<th>Retail</th>
<th>PV</th>
</tr>
</thead>
<tbody>
<tr>
<td>20438</td>
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<td>$25.99</td>
<td>19.75</td>
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<table>
<thead>
<tr>
<th>Item No.</th>
<th>Volume</th>
<th>WHSL.</th>
<th>Retail</th>
<th>PV</th>
</tr>
</thead>
<tbody>
<tr>
<td>20404</td>
<td>8 fl. oz.</td>
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</table>

<table>
<thead>
<tr>
<th>Item No.</th>
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<th>WHSL.</th>
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<th>PV</th>
</tr>
</thead>
<tbody>
<tr>
<td>20398</td>
<td>2 oz.</td>
<td>$27.75</td>
<td>$36.51</td>
<td>27.75</td>
</tr>
</tbody>
</table>

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Diaper Rash Cream
Made with 100 percent naturally derived ingredients, this gentle and mild cream helps treat, prevent, and relieve diaper rash.

Baby Lotion
Designed specifically for infants’ delicate skin, this moisturizer soothes and hydrates the skin with naturally derived ingredients and a light scent.

Baby Wipes
Seedlings Baby Wipes handle every mess with thick, soft material and a calming, refreshing scent. Packaged in an easy-open, pop-up case, they quickly dispense for your convenience.
Parents need the right tools to handle life’s biggest messes, even on the go! Young Living Seedlings™—our new baby line—is here to help you care for your little ones and handle any baby emergency anywhere you go.

Diaper Bag

This diaper bag was specially designed with the YL parent in mind. Complete with essential oil compartments and a roomy interior, this diaper bag holds all your baby essentials and more! It’s designed with two straps for hands-free mobility, and it comes with a changing pad to care for your baby wherever you are. Find it at younglivinggear.com
KIDSCENTS

Our KidScents® line is an essential oil-infused collection that addresses the most common concerns of childhood. These proprietary blends are safe alternatives to comparable products found on many store shelves. You’ll love our kid-focused essential oil blends, and your kids will love our new KidScents diffusers! These specially designed diffusers offer a unique experience that captures your child’s imagination with two fun, interchangeable covers: Dolphin Reef and Dino Land.

KIDSCENTS BATH GEL
KidScents® Bath Gel is a safe, gentle soap that cleanses and protects sensitive skin. Formulated with MSM, aloe vera, antioxidants, and pure Lemon, Cedarwood, and other essential oils, this liquid soap is pH balanced for children’s skin.

**HOW TO USE** | Apply a small amount of KidScents Bath Gel to washcloth or directly to the skin. Rub gently and rinse.

KIDSCENTS DINO LAND ULTRASONIC DIFFUSER
Young Living’s Dino Land™ Ultrasonic Diffuser features color-illuminated vapor “erupting” from a prehistoric volcano, surrounded by menacing T. rex, triceratops, and pterodactyl figures.

**HOW TO USE** | See instruction booklet for complete usage and lighting details.

KIDSCENTS DOLPHIN REEF ULTRASONIC DIFFUSER
Young Living’s Dolphin Reef™ Ultrasonic Diffuser features a playful mother dolphin and her calf swimming through color-illuminated vapor released by pink sea sponges.

**HOW TO USE** | See instruction booklet for complete usage and lighting details.

KIDSCENTS Lotion contains safe, gentle ingredients to moisturize and soften sensitive skin. The premium blend of MSM, shea butter, aloe vera, and pure Cedarwood, Geranium, and other essential oils supports healthy-looking skin for children of all ages.

**HOW TO USE** | Apply liberally as needed.

KIDSCENTS GENYEUS
GeneYus™ is an excellent blend to diffuse for young minds that are focusing and concentrating on projects.

**INGREDIENTS** | Coconut Oil, Sacred Frankincense, Blue Cypress, Cedarwood, Idaho Blue Spruce, Palo Santo, Melissa, Northern Lights Black Spruce, Ylang Ylang, Hyssop, Coriander, Rose

**HOW TO USE** | Recommended application is for children ages 2–12. To be applied only by a trusted adult or under adult supervision. Topically: 2–4 drops directly to desired area. Dilution not required, except for the most sensitive skin. Use as needed. Aromatic: Diffuse up to 1 hour 3 times daily.

KIDSCENTS MIGHTYVITES
KidScents® MightyVites™ deliver a spectrum of vitamins and minerals.* MightyVites use whole-food sources such as Ningxia wolfberry and are available in orange cream and wild berry flavors.

**HOW TO USE** | Take 1 tablet 3 times daily prior to or with meals.

**PHOTOSENSITIVITY:** Avoid direct sunlight and UV rays for at least 12 hours after application to skin.

**TOPICAL:** Apply directly to skin. Dilution may be required. See label for use.

**DILUTE:** Topical or dietary dilution required. See label for use.

**AROMATIC:** Inhale directly or use a Young Living diffuser.

**DIETARY:** See label for use.

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**KidScents MightyZyme™**

- **ITEM NO.**: 5309
- **COUNT**: 90 ct.
- **WEIGHT**: 4 oz.
- **RETAIL**: $21.05
- **PV**: 16

KidScents® MightyZyme™ is a vegetarian chewable that supports digestion of proteins, carbohydrates, and fats in children.*

**HOW TO USE** | For children age 6 or older: Chew 1 tablet 3 times daily prior to or with meals. For children under 6 years of age: Chew ½ to 1 tablet (crushed if needed and mixed with yogurt or applesauce).

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**KidScents Shampoo**

- **ITEM NO.**: 3686
- **VOLUME**: 7.2 fl. oz.
- **WHSL.**: $16.00
- **RETAIL**: $21.05
- **PV**: 16

KidScents® Shampoo contains no synthetic perfumes, colors, or toxic ingredients. The natural components in this shampoo—aloe, MSM, Chamomile, and Tangerine and Lemon essential oils—effectively and gently cleanse without causing irritation.

**HOW TO USE** | Apply a small amount of shampoo to hair. Lather, then rinse.

---

**KidScents Slique ™ Toothpaste**

- **ITEM NO.**: 4574
- **WEIGHT**: 4 oz.
- **WHSL.**: $17.75
- **RETAIL**: $23.36
- **PV**: 17.75

KidScents® Slique™ Toothpaste uses Thieves and Slique Essence essential oil blends to gently clean and protect teeth. This safe and effective blend promotes healthy teeth without the use of fluoride, dyes, synthetic colors, artificial flavors, or preservatives.

**HOW TO USE** | Use morning, night, and after meals to help young smiles stay healthy and vibrant.

---

**KidScents Owie™**

- **ITEM NO.**: 5309
- **SIZE**: 5 ml
- **WHSL.**: $16.75
- **RETAIL**: $22.04
- **PV**: 16.75

**INGREDIENTS** | Coconut Oil, Idaho Balsam Fir, Tea Tree (Melaleuca Alternifolia), Helichrysum, Elemi, Cistus, Hinoki, Clove

**HOW TO USE** | Recommended application is for children ages 2–12. To be applied only by a trusted adult or under adult supervision. Topically: 2–4 drops directly to desired area. Dilution not required, except for the most sensitive skin. Use as needed. Aromatic: Diffuse up to 1 hour 3 times daily.

---

**KidScents SleepyIze™**

- **ITEM NO.**: 5307
- **SIZE**: 5 ml
- **WHSL.**: $16.75
- **RETAIL**: $22.04
- **PV**: 16.75

**INGREDIENTS** | Coconut Oil, Lavender, Geranium, Roman Chamomile, Tangerine, Bergamot, Sacred Frankincense, Valerian, Rue

**HOW TO USE** | Recommended application is for children ages 2–12. To be applied only by a trusted adult or under adult supervision. Topically: 2–4 drops directly to desired area. Dilution not required, except for the most sensitive skin. Use as needed. Aromatic: Diffuse up to 1 hour 3 times daily.

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**KidScents SniffleEase™**

- **ITEM NO.**: 5306
- **SIZE**: 5 ml
- **WHSL.**: $17.75
- **RETAIL**: $23.36
- **PV**: 17.75

**INGREDIENTS** | Coconut Oil, Eucalyptus Blue, Palo Santo, Lavender, Dorado Azul, Ravintsara, Myrtle, Eucalyptus Globulus, Marjoram, Pine, Eucalyptus Citriodora, Cypress, Eucalyptus Radiata, Black Spruce, Peppermint

**HOW TO USE** | Recommended application is for children ages 2–12. To be applied only by a trusted adult or under adult supervision. Topically: 2–4 drops directly to desired area. Dilution not required, except for the most sensitive skin. Use as needed. Aromatic: Diffuse up to 1 hour 3 times daily.

---

**KidScents Tender Tush™**

- **ITEM NO.**: 3689
- **WEIGHT**: 2 oz.
- **WHSL.**: $27.00
- **RETAIL**: $35.53
- **PV**: 27

KidScents® Tender Tush™ is a mild and gentle balm, formulated with natural vegetable oils and pure essential oils that moisturize, soothe, and nourish to promote healthy skin.

**HOW TO USE** | Apply liberally to diaper area as often as needed to help soothe and protect skin.

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**KidScents TummyGize™**

- **ITEM NO.**: 5305
- **SIZE**: 5 ml
- **WHSL.**: $12.75
- **RETAIL**: $16.78
- **PV**: 12.75

**INGREDIENTS** | Coconut Oil, Spearmint, Peppermint, Tangerine, Fennel, Anise, Ginger, Cardamom

**HOW TO USE** | Recommended application is for children ages 2–12. To be applied only by a trusted adult or under adult supervision. Topically: 2–4 drops directly to desired area. Dilution not required, except for the most sensitive skin. Use as needed. Aromatic: Diffuse up to 1 hour 3 times daily.

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ANIMAL SCENTS

You love your furry family members—and so do we! Give your four-legged friends shampoo, essential oils, and other products designed especially for them. A portion of all proceeds from Animal Scents® products goes to support Vital Ground, a nonprofit organization dedicated to protecting the habitat of grizzly bears and other wide-roaming wildlife.

ANIMAL SCENTS CARE COLLECTION

The Animal Scents® Care Collection is formulated to be used on a wide variety of animals. Created in appropriate strengths for animals, this collection includes exclusive essential oil blends that support well-being.

CONTENTS | PuriClean™, Infect Away™, Mendwell™, ParaGize™, RepelAroma™, T-Away™

ANIMAL SCENTS INFECT AWAY

Best when used as a three-part system:
- Step 1: PuriClean™
- Step 2: Infect Away™
- Step 3: Mendwell™

HOW TO USE | Add 1–2 drops topically. Put 8–10 drops in a 1-oz. spray bottle with distilled water for a quick skin-cleansing spritz. See label for additional details.

ANIMAL SCENTS OINTMENT

Animal Scents® Ointment is a protective, soothing salve designed specifically for external use on animals. The gentle and safe formula is enhanced with pure Tea Tree and Myrrh, two of nature’s most powerful essential oils.

HOW TO USE | Clean area and apply as needed. If using Young Living essential oils, apply oil(s) prior to application of Animal Scents Ointment.

ANIMAL SCENTS DENTAL PET CHEWS

Best when used as a three-part system:
- Step 1: PuriClean™
- Step 2: Infect Away™
- Step 3: Mendwell™

HOW TO USE | Massage 1–2 drops topically. Use an AromaGlide Roller Fitment for convenience when applying. See label for additional details.

ANIMAL SCENTS MENDWELL

HOW TO USE | Add 2–4 drops to water. Use an AromaGlide Roller Fitment for convenience when applying. See label for additional details.

ANIMAL SCENTS PARAGIZE

With a proprietary combination of Ginger, Peppermint, Spearmint, and other supportive oils, ParaGize™ was created with your animal in mind.

HOW TO USE | Add 2–4 drops to water. Use an AromaGlide Roller Fitment for convenience when applying. See label for additional details.
With RepelAroma™ — a unique combination of purifying and invigorating Citronella, Idaho Tansy, Palo Santo, and Tea Tree essential oils — your pet will love being outside!

**HOW TO USE |** Apply 2–4 drops to your hands, rub them together, and pet onto your animal’s coat. Add to a 1-oz. spray bottle and spritz generously on your animal’s coat or skin. See label for additional details.

---

**ANIMAL SCENTS**

**PURICLEAN**

PuriClean™ is a unique blend of essential oils that work together in this powerful product. Best when used as a three-part system:

- Step 1: PuriClean™
- Step 2: Infect Away™
- Step 3: Mendwell™

**HOW TO USE |** Add 1–2 drops topically. Put 8–10 drops in a 1-oz. spray bottle with distilled water for a quick skin-cleansing spritz. See label for additional details.

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**ANIMAL SCENTS**

**REPELAROMA**

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**ANIMAL SCENTS**

**SHAMPOO**

Animal Scents® Shampoo cleans, conditions, and protects your pet’s coat without harmful ingredients. Formulated with five pure essential oils and other natural ingredients, this shampoo is safe and effective for animals.

**HOW TO USE |** Pour a small amount of shampoo into palm; rub gently between hands. Massage thoroughly into pet’s wet coat. Lather. Rinse thoroughly. Repeat if necessary.

---

**ANIMAL SCENTS**

**T-AWAY**

T-Away™ was formulated with a soothing scent for your animal to support a new level of emotional freedom and joyful feelings.

**HOW TO USE |** Apply 1 drop behind each ear as needed. Use an AromaGlide Roller Fitment to apply to the bottoms of paws or on the flanks. See label for additional details.

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The Vital Ground Foundation addresses the issue of wildlife habitat fragmentation by collaborating with private landowners to permanently protect the conservation values of their land to benefit grizzly bears and other wide-ranging wildlife. A portion of all Young Living Animal Scents product sales goes to benefit the foundation’s preservation efforts.
True wellness starts from within, and our Healthy & Fit line offers optimal nutrition with a boost of pure, potent essential oils to jump-start your journey. Go the distance with foods and supplements that nourish your vitality, satisfy your nutritional needs, and tantalize your taste buds!
For more than 700 years, the northwest region of China known as Ningxia has earned a reputation for producing and cultivating premium wolfberries. Also known as goji berries, wolfberries have a rich nutritional profile. NingXia Red® is our powerful superfruit supplement designed to energize, fortify, and revitalize the body and mind. This delicious, proprietary blend features pure essential oils, Ningxia wolfberry puree, and other superfruits to supply the body with vital phytonutrients.
**NingXia Nitro**

A unique blend of essential oils, botanical extracts, and other select ingredients, NingXia Nitro™ supports cognitive alertness and fitness. A great support for body and mind, its mix of naturally occurring caffeine and D-Ribose increases athletic performance, endurance, and recovery.

**HOW TO USE** | Consume NingXia Nitro directly from the tube or mix with 2–4 oz. NingXia Red or 4 oz. water.

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**NingXia Red®** is a healthy daily supplement beverage that contains whole Ningxia wolfberry puree; a superfruit blend of blueberry, aronia, cherry, pomegranate, and plum juices; natural stevia extract; grape seed extract; pure vanilla extract; and Orange, Yuzu, Lemon, and Tangerine essential oils.

**HOW TO USE** | Drink 2 fl. oz. 2 times daily.

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These on-the-go packets deliver the same powerful benefits of NingXia Red® in a single 2-ounce serving that is perfect for your purse, backpack, or bag. Each box comes with 30, 60, or 90 individual single-serve packets.

**HOW TO USE** | Drink 1 packet (2 fl. oz.) 2 times daily.

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NingXia Zyn™ is a light, sparkling beverage that delivers a splash of hydrating energy fueled by its proprietary blend of pure Black Pepper and Lime essential oils, wolfberry puree, and white tea extract.

**HOW TO USE** | Drink one can as desired. Best served chilled.
With Slique’s unique combination of exotic ingredients and powerful essential oils, you can take a step in the right direction—toward a healthier, happier you! When combined with a proper diet and exercise, Slique® products can help manage weight, create feelings of satiety, and provide nutritional support.*
Put your weight-management goals on the fast track with Slique® Advanced! Including the fat-burning benefits of Slique® CitraSlim™, this kit will help you experience increased energy throughout your weight-loss journey. A full 15-day collection.

**CONTENTS** | (1) Slique Tea, Slique Essence (15 ml), (3) Slique Gum, (2) Slique Bars, Slique Shake, Slique CitraSlim

**HOW TO USE** | See individual products.

For a little help slimming into the new you, Slique® Assist includes the Slique Maintain collection, plus delicious Slique Tea and Slique Gum.

**CONTENTS** | Slique Tea, Slique Essence (15 ml), (3) Slique Gum, Slique CitraSlim

**HOW TO USE** | See individual products.

The ultimate collection for healthy weight management and optimal nutritional support, Slique® Complete is the best way to meet your weight-loss goals when combined with a healthy diet and increased exercise! This pack combines the benefits of the Slique® Shake meal replacement with the fat-burning benefits of Slique® CitraSlim™. A full 30-day collection.

**CONTENTS** | (2) Slique Tea, Slique Essence (15 ml), (5) Slique Gum, (4) Slique Bars, (2) Slique Shake, (2) Slique CitraSlim

**HOW TO USE** | See individual products.

With a simple, effective approach, Slique® Maintain partners two of the most popular Slique products, Slique CitraSlim and Slique Essence, to help you maintain a healthy body weight and support dietary habits.*

**CONTENTS** | Slique CitraSlim, Slique Essence (15 ml)

**HOW TO USE** | See individual products.

Slique® Bars’ dual-targeted satiety approach and medley of exotic fruits, nuts, and science creates the perfect functional, nutritious snack.

**HOW TO USE** | Consume before or between meals with 12 oz. of water to help control hunger.

Your favorite Slique® Bars, coated in delicious dark chocolate, deliver essential nutrients from a unique superfruit blend of goldenberries and wolfberries, plus pure Cinnamon, Vanilla, and Orange essential oils.

**HOW TO USE** | Consume before or between meals with 12 oz. of water to help control hunger.
**SLIQUE CITRASLIM**

Slique® CitraSlim™ is formulated with a proprietary citrus extract blend, which some studies suggest may help support the body in burning excess fat when used in conjunction with a healthy weight-management plan.*

**HOW TO USE |** Consume 2 powder capsules in the morning with 8 oz. of water. Consume 1 powder and 1 liquid capsule with 8 oz. of water in the afternoon, before 3 p.m. If you miss taking your capsules in the morning, you may take all 4 capsules together in the afternoon, before 3 p.m.

**SLIQUE ESSENCE**

Slique® Essence combines powerful essential oils with stevia extract in a unique blend that supports healthy weight-management goals, especially when used in conjunction with other Slique products.*

**INGREDIENTS |** Grapefruit, Tangerine, Lemon, Spearmint, and Ocotea with Stevia Extract

**HOW TO USE |** Shake vigorously before use. Add 2—4 drops to 4—6 oz. of your favorite beverage, Slique Tea, or water.

**SLIQUE GUM**

Ancient travelers throughout the Middle East region often chewed pure oleo gum for its mild flavor, excellent chewing profile, and beneficial oral properties. Slique® Gum offers the same benefits and wisdom in a modern delivery system, expertly formulated in a way that may help you curb a nagging appetite.

**HOW TO USE |** Chew 1 tablet before or after meals to control cravings.

**SLIQUE SHAKE**

Slique® Shake is a complete meal replacement that provides satisfying nutrition on the go and may support healthy weight management when combined with regular exercise and a sensible diet.* With its light berry taste, this nutritious vegan snack helps you resist even the most tempting treats.

**HOW TO USE |** Add 1 Slique Shake packet to 8 oz. of water or the milk of your choice. Shake, stir, or blend until smooth.

**SLIQUE TEA**

Slique® Tea is an exotic drink formulated with Ocotea, frankincense powder, and other natural ingredients to help support individual weight goals.*

**HOW TO USE |** Bring 8 oz. of water to a boil. Place 1 pouch in a cup and add water. Steep for at least 5 minutes.

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*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease. Consult individual product labels for safety information.
Vitamins and minerals are two of the foundations of a healthy diet. However, diet alone can’t always provide sufficient amounts of these important nutrients. Our convenient multivitamin supplement solutions feature bioavailable food-sourced vitamins and minerals that contain an infusion of powerful essential oils to give you the support you need.
**Balance Complete™** is a superfood-based meal replacement. Formulated to energize and cleanse, it features Young Living’s proprietary V-Fiber™ blend, which supplies an impressive 11 grams of fiber per serving.

**How to Use** | Add 2 scoops to 8 oz. cold water or milk and blend until smooth. For added flavor, add fruit or essential oils.

**Core Supplements™** is a convenient and cost-effective solution to incorporate additional vitamins, minerals, and nutrients into your daily routine. This 30-day supply kit includes OmegaGize³, Longevity Softgels, the new Life 9, and Master Formula, a full-spectrum, multinutrient complex.

**How to Use** | See individual products.

**Inner Defense®** contains Young Living’s Thieves essential oil blend, which is rich in thymol, carvacrol, and eugenol for immune support.*

**How to Use** | Take 1 softgel daily in the morning or 1 softgel 3–5 times daily when stressed. For best results, use Life 9 probiotic 8 hours later.

**Longevity™** is a potent blend of essential oils such as Frankincense, Clove, Thyme, and Orange.

**How to Use** | Take 1 softgel 1 time daily with food or as needed.

**Life 9™** is a high-potency probiotic that promotes natural digestive balance, supports a healthy immune system,* and contains nine probiotic strains with 16.5 billion active cultures.

**How to Use** | Take 1 capsule every night following a meal or as needed.

**Master Formula™** is a multinutrient complex that provides premium vitamins, minerals, and food-based nutrient to support general health and wellness. Collectively, these ingredients provide a synergistic supplement to support your body.*

**How to Use** | Take 1 packet (1 liquid capsule, 1 caplet, 2 capsules) daily with water or with 1–2 oz. NingXia Red. Do not take on an empty stomach.

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Mineral Essence™ is a liquid mineral supplement enhanced with Lemon and Cinnamon Bark essential oils.* It has a low sodium profile and contains easily absorbed ionic minerals.  

**HOW TO USE** | Take 5 half droppers (1 ml each) morning and evening or as needed. May be added to 4–8 oz. water or juice before drinking.

Super B™ is a special blend of eight essential B vitamins that are crucial for optimal health.* Selenium, magnesium, and zinc are added to support proper absorption and digestion.*  

**HOW TO USE** | Take 1 tablet daily with a meal.

Super C™ provides the body with the powerful antioxidant vitamin C.* This supplement is enhanced with minerals, bioflavonoids, and pure essential oils.  

**HOW TO USE** | For immune support,* take 2 tablets daily. For maintenance, take 1 tablet daily. Best if taken before meals.

OMEAGIZE3

Formulated to support general wellness, OmegaGize™ offers special support for normal brain, heart, eye, and joint health.*  

**HOW TO USE** | Take 2 capsules 2 times daily or as needed.
Cleansing Nutrition

Many don’t realize the importance of GI tract health. Young Living has developed many solutions, with enzymes, probiotics, and other specifically formulated products to keep your digestive system in proper order.

5-Day Nutritive Cleanse

The 5-Day Nutritive Cleanse™ facilitates gentle and effective cleansing in the body to improve overall health and well-being.* This collection includes NingXia Red, Balance Complete, and Digest & Cleanse.

HOW TO USE | See individual products.

ComforTone

ComforTone® is an effective combination of fiber, minerals, herbs, and essential oils like Peppermint and Ginger that support digestive health.* ComforTone supports colon health and its ability to function optimally.*

HOW TO USE | Take 1 capsule 3 times daily. Drink at least 64 oz. of water for best results.

ICP

ICP™ provides 3 grams of soluble fiber and 1 gram of insoluble fiber per serving, as well as enzymes and Lemongrass essential oil.*

HOW TO USE | Mix 2 teaspoons with 8 oz. of juice or water daily. If cleansing or eating a high-protein diet, use 3 times daily. For best taste, mix with carrot juice, apple juice, or a wholesome smoothie.

JuvaPower® is a vegetable powder and fiber complex combined with pure Anise and Fennel essential oils for optimal support.

HOW TO USE | As a supplement to the diet, sprinkle 1 tablespoon on food (e.g., baked potato, salad, rice, eggs) or add to 4–8 oz. purified water, rice milk, or almond milk. Not to replace balanced meals. Use 3 times daily for maximum benefits.

JuvaSpice® is a delicious blend of rice seed bran, spinach, tomato flakes, beet root powder, flax seed, and pure essential oils that adds a boost of flavor to many dishes.

HOW TO USE | As a supplement, use 1 gram (1/3–1/2 teaspoon) once daily or as needed.

JuvaTone® supports proper liver function.*

HOW TO USE | Take 2 tablets 2 times daily. Increase as needed up to 4 tablets 4 times daily. Best when taken between meals.

Cleansing Trio

Including ICP, ComforTone, and Essentialzyme, the Cleansing Trio™ kit contains ingredients believed to help cleanse the body to support overall health.* The supplements are enhanced with herbs, minerals, enzymes, amino acids, fiber, and essential oils for greater energy and well-being.*

HOW TO USE | See individual products.

Cleansing Nutrition

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease. Consult individual product labels for safety information.
Digest & Cleanse™
Take 1 softgel with water 3 times daily, 30–60 minutes before meals.

NingXia Red®
Drink 2–4 ounces of NingXia Red 3 times daily with meals.

Balance Complete™
For breakfast, lunch, and dinner, consume 2 scoops of Balance Complete blended with 8 ounces of cold water or your choice of milk. For added flavor, add 1–2 drops of Vitality™ essential oil.

Pure Protein Complete™
With two delicious flavors, Chocolate Deluxe and Vanilla Spice, Pure Protein Complete delivers enzymes, amino acids, and 25 grams of protein per serving.

ParaFree™
ParaFree™ is an advanced essential oil supplement containing Thyme and Fennel for their cleansing abilities.* Take ParaFree to support a healthy internal environment and a normal immune system.*

HOW TO USE | Take 3 softgels 2 times daily or as needed. For best results, take for 21 days and rest for 7 days.

REHEMOGEN
Rehemogen™ is formulated with cascara sagrada bark and Tea Tree, Thyme, and other essential oils to support digestion.*

HOW TO USE | Take 3 ml in distilled water 3 times daily just prior to or with meals containing protein.

MultiGreens™ blends chlorophyll-rich botanicals, choline, and amino acids to support overall wellness.* Pure Rosemary, Lemon, and Melissa essential oils are added to aid in absorption.

HOW TO USE | Take 3 capsules 2 times daily.

RESET YOUR BODY
Change how you think about wellness when you reset with this gentle and effective routine.

Consult with your health professional prior to beginning this program. This program is intended for healthy adults to complement a healthy lifestyle. It is not recommended for pregnant or nursing women or persons who are taking prescription medications.
Featuring carefully selected ingredients and essential oils, these targeted solutions are formulated to support your specific nutritional needs. Young Living has developed many products that target specific needs, from heart and brain wellness to digestive support.
AGILEASE

Especially beneficial for athletes, as well as middle-aged and elderly people who may experience acute joint discomfort after exercise, AgiEase™ is a supplement that’s perfect for healthy and active individuals who are looking to promote joint mobility and flexibility through the reduction of inflammation.

HOW TO USE | For best results, take 2 capsules daily for joint support.*

ALCALIME

Enjoy AlkaLime™ on the go with our convenient, single-serve stick packs. Toss a few in your purse or backpack for a gentle, alkalizing solution while at work or around town. Lemon and Lime essential oils combine with nine different mineral cell salts for a pleasantly fizzy drink. Naturally support pH balance and soothe the occasional upset stomach!

HOW TO USE | Empty 1 stick pack into 4–6 ounces of distilled or purified water. Let sit for 20–25 seconds. Gently stir until mixed, then drink immediately. Take 1–3 times daily, 1 hour before meals or bedtime.

ALLERZYME

Allerzyme™ is a complex blend of enzymes, complementary botanicals, Ginger, Peppermint, and other essential oils that support proper digestion, waste elimination, and nutrient utilization.*

HOW TO USE | Take 1 capsule 3 times daily just prior to all meals or as needed.

AMINOWISE

Optimize your workout recovery with the triple-targeted formula of AminoWise™. It uses three blends for one powerful result: The Muscle Performance blend aids muscle recovery, the Recovery blend helps reduce muscle fatigue, and the Hydration Mineral blend replenishes important minerals lost during exercise. Simply mix 1 scoop with water and drink immediately after your workout to ensure you’re getting the most out of your hard work.

HOW TO USE | Mix 1 scoop with 8 fl. oz. water and consume during or after exercise.

BLM

BLM™ combines Idaho Balsam Fir, Clove, and powerful natural ingredients such as type II collagen, MSM, and glucosamine sulfate. These ingredients have been shown to support joints, tissue health, and cell function.*

HOW TO USE | If you weigh less than 120 lbs., take 1 capsule 3 times daily. For 120 to 200 lbs., take 1 capsule 4 times daily. For 200 lbs. and above, take 1 capsule 5 times daily.

CORTISTOP

Infused with Peppermint, Frankincense, and Fennel essential oils, CortiStop® is designed to help support the female glandular system and maintain balanced cortisol levels within the body.*

HOW TO USE | Take 2 capsules in the morning before breakfast. If desired, for extra benefits, take another 2 capsules before bedtime. Use daily for 8 weeks. Discontinue use for 2–4 weeks before resuming.

DETOXZYME

Detoxzyme® capsules contain powerful vegetarian-based enzymes that support digestion.* Combined with Anise Seed and Fennel essential oils, this blend works with the body to support and maintain digestive health.*

HOW TO USE | Take 2 capsules 3 times daily between meals or as needed. This product may be used in conjunction with a cleansing or detoxifying program.

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**EndoGize™** supports a healthy endocrine system.* This supplement is a unique blend of natural ingredients and pure essential oils such as Clary Sage and Myrrh that helps maintain balance in the body. **HOW TO USE |** Take 1 capsule 2 times daily. Use daily for 4 weeks. Discontinue for 2 weeks before resuming.

**Essentialzyme™** is a multispectural enzyme complex that aids the digestion of fats, proteins, fiber, and carbohydrates.* The dual time-release technology releases the animal- and plant-based enzymes at separate times within the digestive tract, allowing for optimal enzyme absorption. **HOW TO USE |** Take 2 capsules (1 dual-dose blister pack) 2 times daily with largest meals (4 capsules total).

**Essentialzymes-4™** is a multispectral enzyme complex that aids the digestion of fats, proteins, fiber, and carbohydrates.* This supplement is formulated with dual time-release bilayer caplets to assist with healthy pancreas function and support digestive health and wellness.* **HOW TO USE |** Take 1–3 caplets 1 hour before meals for best results.

**FemiGen™** supports a woman’s overall wellness.* This supplement is formulated with amino acids, essential oils such as Clary Sage and Ylang Ylang, and whole-food herbs such as wild yam for optimal results. **HOW TO USE |** Take 2 capsules with breakfast and 2 capsules with lunch daily.

**ImmuPro™** combines ingredients such as Ningxia wolfberries, Orange essential oil, and mushroom powders in a chewable tablet to support a healthy immune system.* This supplement is also enhanced with selenium, copper, and zinc. **HOW TO USE |** Chew 1 tablet before bed. If stressed, chew 1 tablet 2–4 times daily.

**Essentialzyme™** is a multienzyme and herbal complex that has been formulated with dual time-release bilayer caplets to assist with healthy pancreas function and support digestive health and wellness.*

**MegaCal™** is a powerful calcium and mineral powder formulated to support normal bone and vascular health.* This supplement blends pure Lemon essential oil, calcium, magnesium, manganese, and vitamin C. **HOW TO USE |** Take 1 teaspoon daily mixed in 1 cup of water or juice 1 hour after meals (or medications) or before bed.

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*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease. Consult individual product labels for safety information.
Get the Most Out of Your WORKOUT

Maximize your hard work at the gym by treating your body to the proper fuel. Whether you’re looking to build muscle tone, get fit, or keep up with the kids, Young Living has products to give you the extra push you need to reach your goals.

PowerGize™
Take this supplement every morning or before your workout to help support balanced energy levels; sustain mental clarity and alertness; enhance muscle health, size, and strength; and maintain a healthy immune system.*

NingXia Nitro®
Use NingXia Nitro before you hit the gym or any time you need a boost. It supports normal energy levels and alertness to help you get through a busy day or a tough workout.*

AminoWise™
Drink AminoWise as a targeted post-workout supplement. It includes a Muscle Performance blend, Recovery blend, and Hydration Mineral blend to build and repair muscles, reduce lactic acid, and replenish minerals lost in exercise.*

Pure Protein Complete™
With two delicious flavors, Chocolate Deluxe and Vanilla Spice, Pure Protein Complete delivers enzymes, amino acids, and 25 grams of protein per serving.

NingXia Nitro®
Use NingXia Nitro before you hit the gym or any time you need a boost. It supports normal energy levels and alertness to help you get through a busy day or a tough workout.*
MindWise™ combines exotic sacha inchi nut oil with a proprietary blend of pure essential oils and more for a daily supplement that supports normal brain function and cardiovascular function.*

**HOW TO USE** | Adults: Take 1–2 tablespoons daily or as needed. Children 4–12: Take 1–2 teaspoons once daily. Not recommended for children under 4. Shake well before use.

**Power Meal™** is a vegetarian, rice-based meal replacement that is rich in calcium, antioxidants, and amino acids. It delivers 16 grams of protein per serving and is enhanced with Lemon, Grapefruit, and other essential oils.

**HOW TO USE** | Add 2 scoops to 8 oz. of cold water or milk and blend until smooth. Add fruit or essential oils to enhance flavor.

**Prostate Health™** is a fast-acting, vegetable-based herbal product formulated with high-quality saw palmetto and pumpkin seed oil to provide support for normal prostate function and the male glandular system.*

**HOW TO USE** | Take 1 softgel 2 times daily.

**SleepEssence™** contains four powerful essential oils that have unique nighttime properties. Lavender, Vetiver, Ruta, and Valerian essential oils combine with the hormone melatonin to help relieve occasional sleeplessness.*

**HOW TO USE** | Take 1–2 softgels 30–60 minutes before bedtime.
Sulfurzyme® offers the powerful effects of MSM, which is a natural form of dietary sulfur known to support normal joint health.* Wolfberry is added to promote the absorption of sulfur.

**HOW TO USE |** Capsules: Take 2 capsules 2 times daily 1 hour before or after meals.

Powder: Mix 1/2 teaspoon with juice or water and take 2 times daily 1 hour before or after meals.

Off the rocky coast of Iceland, red algae is harvested from the ocean floor for use as a key ingredient in Young Living’s Super Cal™ Plus. This natural nutritional powerhouse provides the calcium, magnesium, key vitamins, and trace minerals in Super Cal Plus that help maintain and support the integrity and density of bones. This carefully selected ingredient also makes Super Cal Plus a great addition to Young Living’s line of calcium supplements.

**HOW TO USE |** Take 2 capsules daily with food.

Super Cal™ combines minerals, calcium, and magnesium with potassium and zinc to help support health.*

**HOW TO USE |** Take 2 capsules before each meal or as needed.

Thyromin™ is a premium blend of bovine glandular extracts, herbs, amino acids, minerals, and pure Myrrh, Spearmint, and other essential oils that supports a healthy thyroid.*

**HOW TO USE |** Take 1–2 capsules daily immediately before going to sleep.
HEALTHY COOKING

We’re dedicated to bringing you better options in every aspect of your journey, even in the kitchen! With products such as Einkorn Flour, gluten-free options, and sweeteners that can be used in place of refined sugars, we want to help you get the most from your food and enjoy it the way nature intended.

**BLUE AGAVE**

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Blue Agave is an organic nectar from Agave tequilana. It is a safe alternative to refined table sugar or artificial sweeteners.

**GARY’S TRUE GRIT EINKORN FLOUR**

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Einkorn Flour contains unhybridized einkorn grain berries that have been milled and packaged for use in your favorite recipes. A useful and easy-to-follow cookbook is included.

**GARY’S TRUE GRIT EINKORN ROTINI PASTA**

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Gary’s True Grit™ Einkorn Rotini is a delicious and fun way to enjoy the goodness of einkorn grain. Made of wholesome, unhybridized einkorn flour, this pasta is your go-to foundation for easy, delicious, whole-grain meals. Einkorn Rotini is just one more way Young Living is delivering delicious goodness from our fields to your family.

**GARY’S TRUE GRIT CHOCOLATE-COATED WOLFBERRY CRISP BARS**

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Gary’s True Grit™ Wolfberry Crisp Bar – Chocolate Coated provides a tasty, child-friendly snack option that’s free of preservatives and empty calories. With a blend of natural protein, fiber, and complex carbohydrates and topped with decadent dark chocolate, this is the perfect snack to keep the whole family energized and satisfied.

**GARY’S TRUE GRIT EINKORN SPAGHETTI**

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Gary’s True Grit™ Einkorn Spaghetti is a delicious alternative to conventional pastas that the whole family is guaranteed to love.

**GARY’S TRUE GRIT PANCAKE AND WAFFLE MIX**

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This unique and delicious combination of ancient grains, oats, and beans is the perfect replacement for ordinary baking mixes.

**GARY’S TRUE GRIT GRANOLA**

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<td>19201</td>
<td>3 pk.</td>
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<td>$7.24</td>
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This unique mix combines ancient einkorn grain with other healthful grains and legumes for a delicious breakfast. The oldest known variety of grain, einkorn is an unhybridized wheat.

**GARY’S TRUE GRIT GLUTEN FREE PANCAKE AND WAFFLE MIX**

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**GARY’S TRUE GRIT EINKORN SPAGHETTI**

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Gary’s True Grit™ Einkorn Spaghetti is a delicious alternative to conventional pastas that the whole family is guaranteed to love.

**GARY’S TRUE GRIT EINKORN GRANOLA**

<table>
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</table>

Gary’s True Grit™ Einkorn Spaghetti is a delicious alternative to conventional pastas that the whole family is guaranteed to love.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease. Consult individual product labels for safety information.*
Yacon Syrup is an alternative sweetener made from the yacon root (*Smallanthus sonchifolius*). Its low glycemic index makes it a perfect substitute in recipes calling for refined sugars or artificial sweeteners.

**HOW TO USE** Use like honey in beverages, cereal, cooking, baking, and other recipes. Use ¾ cup in place of 1 cup sugar. You may also need to reduce the amount of liquid, as you would with honey.

**GARY’S TRUE GRIT NINGXIA BERRY SYRUP**

This premium, all-purpose syrup combines wolfberries and citrus essential oils with other naturally sourced ingredients such as blueberry, plum, sweet cherry, aronia, and pomegranate. The smooth, warm vanilla extract complements the tangy berries and citrus flavors for a balanced, fruity syrup—and its versatility means that you’ll reach for it again and again.

**HOW TO USE** Drizzle atop whole-grain pancakes or waffles made with Gary’s True Grit™ Einkorn or Gluten-Free Pancake and Waffle Mix. Add to Slique® Shake, Pure Protein™ Vanilla Spice, or as a topping to your health-conscious desserts.

**TITANIUM COOKWARE**

Young Living’s premium titanium cookware is energy efficient and helps food retain its peak flavor. Featuring a nonporous, nonstick, abrasion-resistant surface, these pans are designed for easy cleaning and maintenance. The hand-cast alloy surface conducts heat seven times faster than steel, allowing it to heat more quickly, reach higher temperatures, and distribute heat evenly. The thick Thermobasic base prevents warping, even after years of use.
Including recipes that highlight our Vitality™ line of dietary essential oils and our einkorn grain, this cookbook is your passport to new foods and flavors. We’ve even included member-contributed recipes that are too good to keep to ourselves!
NUTRITIONAL ACCESSORIES

BLENDER BOTTLE

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Shake up a nutrient-rich Balance Complete, Pure Protein Complete, or Power Meal shake in this portable blender bottle. Holds 12 oz. (400 ml).

CORE VITALITY CASE

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The Core Vitality Case is a pill organizer, Vitality™ oil holder, and accessory case all in one! The convenience of this case makes it a must-have for anyone who wants to take all the essentials with them wherever they go.

FROM OUR FIELDS TO YOUR TABLE COOKBOOK

Learn more about cooking with Young Living products—from the Vitality line of dietary essential oils to our einkorn grain—with our new cookbook. Find recipes for beverages, main dishes, sides, desserts, and gluten-free dishes for any occasion. We’ve even included member-contributed recipes that were too good not to share!

HYDROGIZE WATER BOTTLE

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Hydration is a cornerstone of any healthy diet, and it’s critical to healthy bones, teeth, and organs. Optimize your daily eight glasses with HydroGize™, our hydrogen-infusing water bottle. Since HydroGize utilizes an electrolysis method, it ensures optimum hydrogen output in every bottle.

PREMIUM SHAKER BOTTLE

The new Premium Shaker Bottle not only has an ergonomic and sleek design but also has increased functionality. Shake up a nutrient-rich Balance Complete, Pure Protein Complete, or Power Meal shake in this premium, BPA-free hybrid shaker bottle.

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PERSONAL CARE

Free from harmful chemicals, Young Living’s essential oil-infused shampoos, lotions, and targeted skin care products will cleanse and moisturize your skin for a natural, healthy-looking glow.

Pamper your skin with the power of essential oils!
Our specially formulated ART® Skin Care System safely and effectively cleanses, tones, and moisturizes your face to reveal the beauty you were born with!
Unsure where to start when using essential oils as a part of your beauty regimen? Although everyone's skin is different and may react differently to applying oil directly to the skin, this brief guide highlights the most common applications.

**SKIN CARE GUIDE**

- **Frankincense**: Moisturizes and smooths. Best for all skin types.
- **Lavender**: Soothes and nourishes. Best for all skin types.
- **Sacred Sandalwood**: Soothes and moisturizes. Best for all skin types.
- **Rose**: Soothes, smooths, nourishes, and moisturizes. Best for all skin types.
- **Tea Tree**: Cleanses and purifies. Best for oily skin.
- **Geranium**: Cleanses. Best for oily skin.
- **Myrrh**: Deeply moisturizes. Best for dry skin.
- **Patchouli**: Smooths and moisturizes. Best for dry skin.

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### ART® Light Moisturizer

ART® Light Moisturizer helps your skin retain and maintain proper hydration. With Young Living essential oils and other premium ingredients, your skin will feel silky soft.

**HOW TO USE** | After cleansing and toning skin, apply gently over face and neck. Use in the morning or as needed.

<table>
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### ART® Refreshing Toner

ART® Refreshing Toner gently removes impurities without drying the skin. The perfect blend of essential oils helps balance your skin’s pH, while leaving your face clean, toned, and refreshed.

**HOW TO USE** | After cleansing skin, sweep toner across face and neck with a cotton ball. Use morning and evening as needed.

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### ART® Renewal Serum

ART® Renewal Serum is an intricate blend of exotic orchid extract and essential oils that benefits the most delicate areas of the face. These premium ingredients are formulated to deeply nourish, hydrate, and help maintain a youthful appearance.

**HOW TO USE** | Wash face. Apply ART Renewal Serum to delicate areas of face 2 times daily and allow to absorb. For best results, follow up with your choice of Young Living’s moisturizing creams.

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### ART® Sheerlumé Brightening Cream

An advanced formula powered by a sophisticated, proprietary blend of alpine botanicals and pure essential oils, Sheerlumé™ will visibly brighten and balance skin tone.

**HOW TO USE** | Apply a thin layer of Sheerlumé on clean skin. For best results, use morning and night, either alone or under your favorite Young Living moisturizing cream.

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### ART® Skin Care System

Young Living’s new ART® Skin Care System safely and effectively cleanses, tones, and moisturizes your face to bring out your natural and inherent beauty. That is the beauty of ART®!

**HOW TO USE** | See individual products for usage.

<table>
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</table>

### ART® Skin Care System

Young Living’s new ART® Skin Care System safely and effectively cleanses, tones, and moisturizes your face to bring out your natural and inherent beauty. That is the beauty of ART®!
Feel confident without compromise with Savvy Minerals by Young Living™. This mineral-based makeup line combines premium formulas with pure ingredients, so you can embrace your natural beauty without sacrificing your standards. With a variety of shades and colors, you can find the perfect products to help you make your mark.
**PERSONAL CARE**

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**BLUSH**

Add a natural-looking flush to your cheeks with Savvy Minerals Blush. Get your perfect look—from natural to dramatic—with three flattering shades and buildable color.

**I DO BELIEVE YOU’RE BLUSHIN’**

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**BRONZER**

Use Savvy Minerals Bronzer for sun-kissed skin. This mineral powder blends out smoothly and warms your complexion for radiant skin and a healthy, natural-looking glow.

**CROWNED ALL OVER**

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**FOUNDATION POWDER**

Get flawless-looking skin and all-day wear with Savvy Minerals Foundation. Its lightweight texture and buildable formula blends into skin for a natural, radiant finish.

**COOL NO. 1**

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**COOL NO. 1**

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<tr>
<td>20796</td>
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<td>$27.75</td>
<td>$36.51</td>
</tr>
</tbody>
</table>
Don’t be intimidated by this professional technique! Put your boldest face forward with a few tips and tricks to help you create your perfect contour.

1. Apply foundation as you normally would to create an even base.

2. Using a contour or blush brush, lightly apply bronzer along your cheekbones from the middle of the cheek to the upper ear.

3. Apply bronzer along your hairline—focusing on the temples—and along your jawline to add shape and dimension. Add definition to your nose by contouring along the sides and tip.

4. Create contrast with foundation in one shade lighter than your regular color or with a highlighter. Apply to the center of your forehead, the undereye areas, the tops of your cheekbones, cupid’s bow, and down the center of your nose and chin.

5. Using a clean brush, gently blend in your bronzer and highlights to eliminate any harsh or unnatural lines.

6. Finish the look with a light dusting of blush for a natural flush.
Savvy Minerals Veil powder smooths and evens skin, absorbs oil, and adds a luminous finish with just a few strokes. Wear this translucent powder on its own or apply on top of foundation to help set your look.

Use Savvy Minerals Eyeliner to achieve a subtle or high-impact eye. Master every style—from a sultry smoky eye to a sleek cat eye—with its powder formula and buildable color.

Do it all with Savvy Minerals Multitasker, our multipurpose powder that acts as an eyebrow filler, eyeshadow, and eyeliner. It has all-day staying power and glides on for a smooth finish wherever it’s used.

With rich, highly pigmented color and a variety of colors, Savvy Minerals Eyeshadow makes it easy to create any look. Its buildable, long-wear formula lasts all day, so you can feel confident from morning to night.

The Savvy Minerals Brush Set includes five high-quality brushes specially created for our veil, foundation, blush, blending, and eyeshadow products. Plus, they come in a stylish case for convenient storage and transportation.
**LIP GLOSS**

Savvy Minerals Lip Gloss soothes and softens lips while adding shine and color without synthetic colorants. Its naturally derived, buildable tint gives you perfect control over your shade for sheer to medium color.

**ABUNDANT**

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**EMBRACE**

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<tr>
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**MISTING SPRAY**

Help control pigment and particles with Savvy Minerals Misting Spray. The perfect complement to mineral-based makeup, this naturally derived spray is used to concentrate color on brushes before powder application.

<table>
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<th>ITEM NO.</th>
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<tr>
<td>21397</td>
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**LIPSTICK**

Made without synthetic colorants, Savvy Minerals Lipstick adds a pop of color with a weightless formula, buildable color, and smooth application for a no-fuss lipstick that’s perfect for everyday use.

**DAYDREAM**

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**UPTOWN GIRL**

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<td>21296</td>
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FACIAL CARE

Young Living’s skin care products bring together premium botanical and essential oil ingredients to support the appearance of your skin. This line offers essential skin care solutions for every skin type, with products that are expertly formulated to help keep your skin looking healthy and smooth.

BOSWELLIA WRINKLE CREAM

Boswellia Wrinkle Cream™ contains pure essential oils such as Frankincense and Sandalwood that moisturize the skin while minimizing shine and reducing the appearance of fine lines.

HOW TO USE | After cleansing and toning skin, apply gently over face and neck.

CINNAMINT LIP BALM

Moisturize and protect your lips with our all-natural lip balm. Featuring pure Cinnamon Bark and Peppermint essential oils, Cinnamint™ Lip Balm helps prevent skin dehydration for soft, smooth lips.

HOW TO USE | Apply to lips as needed.

LAVENDER LIP BALM

Lavender Lip Balm soothes dry lips, harnessing the power of Lavender essential oil and the moisturizing properties of jojoba oil and vitamin E.

HOW TO USE | Apply to lips as needed.

ESSENTIAL BEAUTY SERUM

Young Living’s Essential Beauty™ Serum for dry skin contains essential oils such as Blue Cypress and Lavender, known for their ability to restore the skin’s natural moisture balance.

HOW TO USE | Add 3–5 drops to daily moisturizer and apply gently over face and neck. For spot treatment, apply serum directly onto desired area and rub gently into skin.

GRAPEFRUIT LIP BALM

Infused with Grapefruit essential oil, wolfberry seed oil, and antioxidants, this refreshing lip balm seals in moisture to prevent dehydration for smooth lips.

HOW TO USE | Apply to lips as needed.

ORANGE BLOSSOM FACIAL WASH

This gentle, soap-free facial wash cleanses the skin without stripping natural oils. It contains MSM for softening and Lavender essential oil to soothe skin.

HOW TO USE | Lather gently over face and neck with warm water; rinse thoroughly. Use daily.
Sandalwood Moisture Cream™ is a premium hydrating moisturizer infused with pure Young Living essential oils. HOW TO USE | Massage gently onto face, neck, and other desired areas. Use daily after cleansing and toning your face.

Wolfberry Eye Cream is a natural, water-based moisturizer. Containing the antiaging and skin-conditioning properties of wolfberry seed oil, this cream soothes tired eyes and minimizes the appearance of fine lines. HOW TO USE | After cleaning and toning, massage gently onto soft skin under the eyes. Use in the evening.

Satin Facial Scrub™, Mint is a water-based exfoliant. It contains jojoba oil, mango butter, MSM, aloe, and Peppermint essential oil to minimize the appearance of pores and invigorate dull skin. HOW TO USE | Massage gently over face and neck with warm water; rinse thoroughly. Use as needed.
LOTIONS AND MOISTURIZERS

Your skin is your largest organ, so you know that it’s important to keep it free from harsh chemicals. Whether you’re looking for moisturizing, essential oil-infused, or toxin-free products, this line has all your needs covered!

COCONUT-LIME REPL  NEPHISHING BODY BUTTER

Using mango and cupuacu butters with no added water, Coconut-Lime Replenishing Body Butter naturally moisturizes your skin to keep you hydrated and soft all day long with a fresh, tropical scent.

HOW TO USE | Apply all over to moisturize skin. Use daily.

GENESIS HAND & BODY LOTION

Genesis™ Hand & Body Lotion is an ultra-moisturizing cream containing coconut oil and other natural botanicals to soothe and nourish dry, dehydrated skin. Geranium, Palmarosa, Bergamot, and other pure essential oils are included for their soothing properties.

HOW TO USE | Apply all over to moisturize skin. Use daily.

LAVENDER HAND & BODY LOTION

Infused with Lavender essential oil and other plant-based ingredients, Lavender Hand & Body Lotion moisturizes and protects skin from overexposure for long-lasting hydration.

HOW TO USE | Use as needed to moisturize dehydrated skin.

ROSE OINTMENT

Rose Ointment™ is a deeply nourishing blend for dry skin. Rose essential oil improves skin texture, while Tea Tree works to soothe rough, irritated skin.

HOW TO USE | Apply to desired area several times daily. Do not use on heat-stressed skin.

SENSATION HAND & BODY LOTION

Sensation™ Hand & Body Lotion is a moisturizing cream that contains several pure essential oils revered by Cleopatra. Ylang Ylang’s aroma encourages relaxation, and Jasmine’s aroma enhances feelings of femininity.

HOW TO USE | Apply all over to moisturize skin. Use daily.

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease. Consult individual product labels for safety information.
S O A P S  A N D  B A T H  G E L S

Treat your skin to the care it deserves! Discover our wide range of bath and body products, perfect for all of your skin care needs. Infused with our potent essential oils, this line will help invigorate your morning routine.
**PERSONAL CARE**

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**BATH & SHOWER GEL BASE**

<table>
<thead>
<tr>
<th>ITEM NO.</th>
<th>VOLUME</th>
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<tr>
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<td>$20.39</td>
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**HOW TO USE** | Add 5–15 drops of one or more essential oils to 8 oz. of gel base.

---

**LAVENDER BATH & SHOWER GEL**

Infused with pure Lavender oil, Lavender Bath & Shower Gel cleanses, soothes, and relaxes your skin. It’s free of chemicals and synthetic preservatives and contains plant-based ingredients such as coconut oil and star anise.

**HOW TO USE** | Lather, wash, and rinse.

---

**DRAGON TIME BATH & SHOWER GEL**

**HOW TO USE** | Lather, wash, and rinse.

---

**EVENING PEACE BATH & SHOWER GEL**

Evening Peace™ Bath & Shower Gel refreshes the skin and calms the mind. Essential oils such as Coriander, Bergamot, Ylang Ylang, and Geranium invoke feelings of serenity and relaxation to soothe and nourish the skin.

**HOW TO USE** | Lather, wash, and rinse.

---

**SENSATION BATH & SHOWER GEL**

Sensation™ Bath & Shower Gel contains several pure essential oils, including Ylang Ylang and Jasmine for a soothing, relaxing experience.

**HOW TO USE** | Lather, wash, and rinse.

---

**MORNING START BATH & SHOWER GEL**

Morning Start™ Bath & Shower Gel will help you feel refreshed every day with the power of pure essential oils. Peppermint, Lemongrass, and Rosemary uplift and energize, while Juniper purifies and cleanses the skin.

**HOW TO USE** | Lather, wash, and rinse.

---

**SUGGESTED USE**

**HOW TO USE** | Lather, wash, and rinse.

---

**BATH & SHOWER GEL BASE**

**WHAT’S INSIDE**

<table>
<thead>
<tr>
<th>ITEM NO.</th>
<th>VOLUME</th>
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**HOW TO USE** | Add 5–15 drops of one or more essential oils to 8 oz. of gel base.

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**DRAGON TIME BATH & SHOWER GEL**

**WHAT’S INSIDE**

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<th>ITEM NO.</th>
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**HOW TO USE** | Lather, wash, and rinse.

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**EVENING PEACE BATH & SHOWER GEL**

**WHAT’S INSIDE**

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<th>ITEM NO.</th>
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**HOW TO USE** | Lather, wash, and rinse.

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**SENSATION BATH & SHOWER GEL**

**WHAT’S INSIDE**

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<th>ITEM NO.</th>
<th>VOLUME</th>
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**HOW TO USE** | Lather, wash, and rinse.

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**MORNING START BATH & SHOWER GEL**

**WHAT’S INSIDE**

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<th>ITEM NO.</th>
<th>VOLUME</th>
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<td>$24.67</td>
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**HOW TO USE** | Lather, wash, and rinse.
Lavender Foaming Hand Soap cleanses and conditions your hands without leaving dryness or irritation. Infused with Lavender essential oil, vitamin E, and aloe, this soap is effective and gentle enough for the most sensitive skin. Pump included.

**HOW TO USE** | Pump foam onto hands, lather, then rinse thoroughly.

**Thieves Foaming Hand Soap**

Cleanse and defend your skin with Thieves® Foaming Hand Soap. Blending Thieves, Lemon, and Orange essential oils with other natural ingredients, it is a gentle and effective alternative to chemical soaps.

**HOW TO USE** | Pump foam onto hands, lather, and then rinse thoroughly.

Lavender-Oatmeal Bar Soap

With a relaxing floral scent and luxuriously creamy formula, our Lavender-Oatmeal Bar Soap is vegan-friendly and great for the whole family. Oats gently exfoliate while moisturizing botanicals prevent over-drying, leaving skin feeling soft, smooth, and refreshed.

**HOW TO USE** | Lather, wash, and rinse.

Lemon-Sandalwood Cleansing Soap

The Lemon essential oil in Lemon-Sandalwood Cleansing Soap has clarifying properties to thoroughly cleanse the skin, while Sandalwood combats dryness.

**HOW TO USE** | Lather, wash, and rinse.

Melaleuca-Geranium Moisturizing Soap

The Tea Tree essential oil in Melaleuca-Geranium Moisturizing Soap is among the most powerful natural compounds for clarifying the skin, and Geranium is known for its soothing properties.

**HOW TO USE** | Lather, wash, and rinse.

Morning Start™ Moisturizing Soap contains Lemongrass, Peppermint, Rosemary, and Juniper oils that revitalize and awaken you each morning.

**HOW TO USE** | Lather, wash, and rinse.

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Sacred Mountain™ Moisturizing Soap soothes dehydrated skin with the uplifting aroma of Sacred Mountain essential oil blend. **HOW TO USE** | Lather, wash, and rinse.

**Sacred Mountain Moisturizing Soap**

<table>
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<th>ITEM NO.</th>
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Infused with our invigorating Valor II™ blend and other naturally derived botanicals, Valor Moisturizing Bar Soap cleanses the skin and has a revitalizing aroma. **HOW TO USE** | Lather, wash, and rinse.

**Valor Moisturizing Soap**

<table>
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<th>ITEM NO.</th>
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Offering the power of pure essential oils, Young Living’s Peppermint-Cedarwood Moisturizing Soap cleanses and invigorates the skin. **HOW TO USE** | Lather, wash, and rinse.

**Peppermint-Cedarwood Moisturizing Soap**

<table>
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Containing the legendary Thieves oil blend, this bar soap is ideal for purifying the skin. **HOW TO USE** | Rub liberally over body during a bath or shower.

**Thieves Cleansing Soap**

<table>
<thead>
<tr>
<th>ITEM NO.</th>
<th>WEIGHT</th>
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BODY CARE

Be radiant with products made with the plant-based, essential oil-infused ingredients your skin and hair crave—and none of the ones they don’t. Our body care line offers carefully formulated lotions, hair care, targeted skin care, and more to keep you fresh and beautiful from head to toe without harsh chemicals.

Young Living’s natural deodorants are an aluminum-free alternative to commercial products. AromaGuard® Meadow Mist™ deodorant contains coconut oil, beeswax, vitamin E, and pure essential oils such as Lemon and Lavender.

**HOW TO USE | Apply daily.**

Bon Voyage offers 10 Young Living personal care products in an attractive, custom bag. All products are TSA-compliant and are perfect for sharing your favorite products wherever you travel.

**HOW TO USE | See individual products.**

Cool Azul™ Sports Gel is formulated with a full 10 percent of pure essential oils in every 3.4 ounce tube. Along with hydrating the skin, our sports gel boasts a topically cooling blend of Peppermint, Plectranthus Oregano, and Dorado Azul essential oils with menthol and camphor.

**HOW TO USE | Shake well before use. Rub and massage generously onto skin. Wash hands after use.**

ClaraDerm™ spray soothes dry, chapped, or itchy skin. Its gentle blend of Lavender, Frankincense, and other essential oils is expertly formulated to relieve occasional skin irritations.

**HOW TO USE | Apply topically as needed.**

Cool Living’s AromaGuard® Mountain Mint™ deodorant contains the natural skin-soothing properties of coconut oil, beeswax, and vitamin E. Infused with Lemon, Rosemary, and other pure essential oils, Mountain Mint is an ideal alternative to aluminum-based products.

**HOW TO USE | Apply daily.**

**COOL AZUL PAIN RELIEF CREAM**

**ITEM NO.** 5709
**VOLUME** 3.4 fl. oz.
**WHSL.** $42.75
**RETAIL** $56.25
**PV** 42.75

Combining the power of Wintergreen essential oil and our exclusive Cool Azul® blend, Young Living’s Cool Azul Pain Relief Cream works on contact to immediately alleviate minor aches and pains, delivering full-strength, cooling relief that penetrates deep into muscles and joints.

**HOW TO USE | Adults and children 12 years of age and older: Apply to affected area not more than 3 to 4 times daily.**

**Children under 12 years of age: Ask a doctor.**
PERSONAL CARE

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Lavender Calming Bath Bombs are formulated with Lavender essential oil for a calm and soothing aroma, with additional key ingredients to cleanse and moisturize while also relaxing your mind and body.

HOW TO USE | Drop 1 bath bomb into tub filled with warm water.

INSECT REPELLENT

| ITEM NO. | 20701 |
| VOLUME | 6 fl. oz. |
| WHSL. | $38.75 |
| RETAIL | $50.99 |
| PV | 38.75 |

Using a gentle formula and naturally derived ingredients, Young Living’s Insect Repellent drives bugs away and prevents bug bites. Made with pure essential oils and no harsh chemicals such as DEET, this non-greasy formula rubs smoothly onto skin for easy application.

HOW TO USE | Dispense into hand and apply evenly over exposed skin. Reapply as needed. Avoid contact with clothing, as product can stain fabric.

MINERAL SUNSCREEN LOTION

| ITEM NO. | 20667 |
| VOLUME | 3 oz. |
| WHSL. | $26.75 |
| RETAIL | $35.20 |
| PV | 26.75 |

Protect yourself from the sun’s harmful rays with our lightweight Mineral Sunscreen Lotion. It offers broad-spectrum SPF 10 protection without chemical UV absorbers, is water resistant for 80 minutes, and smoothly absorbs into the skin without any white residue.

HOW TO USE | Apply liberally 15 minutes before sun exposure. Reapply after 80 minutes of swimming or sweating, immediately after towel drying, or at least every 2 hours.

LAVADERM AFTER-SUN SPRAY

| ITEM NO. | 20673 |
| VOLUME | 2 fl. oz. |
| WHSL. | $24.75 |
| RETAIL | $32.57 |
| PV | 24.75 |

Soothe and cool skin after a day in the sun with LavaDerm™ After-Sun Spray. This spray—formulated for sensitive skin—offers temporary relief from pain and itching caused by minor burns, sunburn, minor cuts, scrapes, insect bites, and minor skin irritations.

HOW TO USE | Adults and children 2 years of age and older: Apply to affected area no more than 3–4 times daily. Children under 2 years of age: Please consult a doctor before use.

LAVADERM COOLING MIST

| ITEM NO. | 3249 |
| VOLUME | 2 fl. oz. |
| WHSL. | $13.75 |
| RETAIL | $18.09 |
| PV | 13.75 |

Made with gentle ingredients—including Lavender essential oil and aloe—LavaDerm™ uses a mild formula that refreshes and lightly moisturizes to promote healthy skin.

HOW TO USE | Spray topically onto desired area. Repeat every 10–15 minutes as needed.

LAVENDER CALMING BATH BOMBS

| ITEM NO. | 20671 |
| COUNT | 4 oz. |
| WHSL. | $25.75 |
| RETAIL | $33.98 |
| PV | 25.75 |

HOW TO USE | Drop 1 bath bomb into tub filled with warm water.

MIRAH SHAVE OIL

| ITEM NO. | 5156 |
| VOLUME | 2 fl. oz. |
| WHSL. | $22.75 |
| RETAIL | $29.93 |
| PV | 22.75 |

Mirah™ Shave Oil is formulated with a rich blend of essential oils, emollients, and botanical ingredients for a luxuriously close shave. Exotic baobab, meadowfoam, and avocado oils work together with our exclusive Mirah essential oil blend to reduce razor drag, bumps, and nicks.

HOW TO USE | Pump shave oil into hands and rub a thin layer over skin. Shave.
Prenolone® Plus Body Cream is a natural moisturizer containing Ylang Ylang and Clary Sage essential oils to nourish the skin.

**HOW TO USE | Refer to label for instructions.**

Specifically for women, Progessence™ Plus serum is formulated with a careful balance of wild yam extract and vitamin E to support healthy-looking skin, while pure Frankincense essential oil smooths the appearance of fine lines.

**HOW TO USE | Apply 2—4 drops 2 times daily on neck area. For added effect, apply 1—2 drops along forearms 2 times daily.**

Protec™ is a balancing blend of natural ingredients that supports hygiene for men and women. This formula is enhanced with Frankincense, Myrrh, Sage, and Cumin essential oils.

**HOW TO USE | See packaging for instructions.**

Regenolone™ Moisturizing Cream contains herbal extracts known for their nourishing properties. Wild yam and black and blue cohosh, along with a special blend of essential oils, combine to invigorate the skin and enhance absorption.

**HOW TO USE | Apply a dime-sized amount directly onto dry skin as needed.**

Sandalwood Moisture Cream™ is a premium hydrating moisturizer infused with pure Young Living essential oils.

**HOW TO USE | Massage gently onto face, neck, and other desired areas. Use daily after cleansing and toning your face.**

Popular for its warm, inviting vanilla-lime scent, Stress Away essential oil blend infuses these bath bombs, which also include other naturally derived ingredients to create a relaxing atmosphere while moisturizing your skin.

**HOW TO USE | Drop 1 bath bomb into tub filled with warm water.**
MEN’S CARE

Freshen up with shaving and grooming products specifically formulated for men, all featuring naturally derived ingredients and premium essential oils. Our men's line includes everything busy men need to care for skin and body, leaving a head-to-toe clean and natural confidence.
An empowering essential oil blend specially formulated for men to boost feelings of masculinity and confidence. Shutran™ is perfect for use as a cologne that appeals to both men and women.

**HOW TO USE** | Apply 2–4 drops 2 times daily or as needed to neck or wrists.

**INGREDIENTS** | Idaho Blue Spruce, Ocotea, Ylang Ylang, Hinoki, Coriander, Daconia, Lavender, Cedarwood, Lemon, Northern Lights Black Spruce

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Get a deep clean from head to toe with Shutran™ 3-in-1 Men’s Wash. In one quick step, this multipurpose deodorizing shower gel cleanses the face, hair, and body without stripping natural oils, leaving you feeling fresh and clean.

**HOW TO USE** | Lather over hair, body, and face. Rinse.

**SHUTRAN 3-IN-1 MEN’S WASH**

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<td>PV</td>
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<td>16</td>
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Get clean with this 100 percent plant-based bar soap! Containing ingredients such as Shutran™ essential oil blend, olive oil, shea butter, wolfberry seed oil, and jojoba oil, Shutran Bar Soap is gentle on skin. Plus, it contains activated carbon, giving the bar its slate color and deodorizing and cleansing properties.

**HOW TO USE** | Wet bar and work into a lather. Apply lather to desired areas of the body to cleanse skin. Rinse thoroughly with water.

**SHUTRAN BAR SOAP**

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This 100 percent vegetable-based aftershave refreshes and calms skin after shaving. Made with Shutran™ essential oil blend, organic coconut oil, argan oil, jojoba oil, witch hazel extract, dandelion root extract, and aloe vera, this aftershave is perfectly moisturizing.

**HOW TO USE** | Apply a small amount to face after shaving with Young Living’s Shutran Shave Cream. Can also be applied between shaves to keep skin moisturized.

**SHUTRAN AFTERSHAVE LOTION**

<table>
<thead>
<tr>
<th>ITEM NO.</th>
<th>WEIGHT</th>
<th>WHSL.</th>
<th>RETAIL</th>
</tr>
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<tbody>
<tr>
<td>5710</td>
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</tr>
<tr>
<td>PV</td>
<td>26</td>
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</tr>
</tbody>
</table>

---

Shutran™ Beard Oil features the great scent of our original Shutran™ essential oil blend, specially crafted to soften, condition, and add a healthy-looking sheen to facial hair while moisturizing the skin underneath.

**HOW TO USE** | Use the dropper to dispense a dime-sized amount of oil into the palm of your hand. Gently work the oil into your facial hair. Groom and style your facial hair as normal. Rinse excess oil from your hands with warm, soapy water.

**SHUTRAN BEARD OIL**

<table>
<thead>
<tr>
<th>ITEM NO.</th>
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<td>PV</td>
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</tbody>
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Made with pure essential oils and moisturizing botanicals, Shutran™ Shave Cream delivers an incredibly close, smooth shave. Combining hydrating palm, grape seed, and olive oils, naturally derived vitamin E complex, and mango and cocoa butter, this luxurious shave cream provides a frictionless glide to reduce razor burn and nicks.

**HOW TO USE** | Wet area with warm water. Apply a thin, even layer. Shave and rinse razor after each stroke. Rinse area with water.

**SHUTRAN SHAVE CREAM**

<table>
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<tr>
<td>PV</td>
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</tbody>
</table>
HAIR CARE

Give your hair the care it deserves! Our hair care products are made with safe, plant-based, and environmentally responsible ingredients, so you don’t have to worry about introducing any unwanted toxins to your tresses. Infused with our potent essential oils, our hair care line will help invigorate your morning routine.

**COPAIBA VANILLA MOISTURIZING SHAMPOO**

Copaiba Vanilla Moisturizing Shampoo is a rich, hydrating cleanser for dry or damaged hair.

**HOW TO USE** | Use daily to hydrate dry or damaged hair.

**ITEM NO.** | 5194121
**VOLUME** | 10 fl. oz.
**WHSL.** | $22.75
**RETAIL** | $29.93
**PV** | 22.75

---

**COPAIBA VANILLA MOISTURIZING CONDITIONER**

Copaiba Vanilla Moisturizing Conditioner is a rich, hydrating conditioner for dry or damaged hair.

**HOW TO USE** | Use daily to hydrate dry or damaged hair.

**ITEM NO.** | 5195121
**VOLUME** | 10 fl. oz.
**WHSL.** | $22.75
**RETAIL** | $29.93
**PV** | 22.75

---

**LAVENDER MINT DAILY SHAMPOO**

Lavender Mint Daily Shampoo is an invigorating daily cleansing blend suitable for all hair types.

**HOW TO USE** | Use daily to cleanse and nourish hair.

**ITEM NO.** | 5191121
**VOLUME** | 10 fl. oz.
**WHSL.** | $19.75
**RETAIL** | $25.99
**PV** | 19.75

---

**LAVENDER MINT DAILY CONDITIONER**

Lavender Mint Daily Conditioner is an invigorating daily moisture blend suitable for all hair types.

**HOW TO USE** | Use daily to cleanse and nourish hair.

**ITEM NO.** | 5192121
**VOLUME** | 10 fl. oz.
**WHSL.** | $19.75
**RETAIL** | $25.99
**PV** | 19.75

---

**LAVENDER SHAMPOO**

Lavender Shampoo gently cleanses and nourishes fine hair. Added botanical extracts, vitamins, and essential oils remove buildup while maximizing body.

**HOW TO USE** | Use daily to cleanse and strengthen hair.

**ITEM NO.** | 5100
**VOLUME** | 8 fl. oz.
**WHSL.** | $19.75
**RETAIL** | $25.99
**PV** | 19.75

---

**LAVENDER CONDITIONER**

Lavender Conditioner gently conditions fine hair and complements Lavender Shampoo.

**HOW TO USE** | Use daily to cleanse and strengthen hair.

**ITEM NO.** | 5102
**VOLUME** | 8 fl. oz.
**WHSL.** | $19.75
**RETAIL** | $25.99
**PV** | 19.75

---

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease. Consult individual product labels for safety information.*
DENTAL CARE

Freshen up your routine with our dental care lineup! From toothpastes to mints, we have everything you need to keep your smile shining bright. Powered by the strength of our popular Thieves® essential oil blend, you can enjoy a fresh mouth all day long.

KIDSCENTS SLIQUE TOOTHPASTE

KidScents® Slique™ Toothpaste uses Thieves® and Slique Essence essential oil blends to gently clean and protect teeth. This safe and effective blend promotes healthy teeth without the use of fluoride, dyes, synthetic colors, artificial flavors, or preservatives.

HOW TO USE | Use morning, night, and after meals to help young smiles stay healthy and vibrant.

THIEVES AROMABRIGHT TOOTHPASTE

Harnessing the power of Thieves® essential oil blend, Thieves AromaBright™ Toothpaste can help promote clean teeth and gums. Free from fluoride, synthetic dyes, and preservatives, Thieves AromaBright Toothpaste is a great choice for the whole family for minty-fresh flavor and long-lasting fresh breath.

HOW TO USE | Brush teeth every morning and night and preferably after each meal.

THIEVES DENTAROME PLUS TOOTHPASTE

Discover a new level of clean with Thieves® Dentarome Plus Toothpaste. Naturally derived ingredients such as baking soda and Thieves essential oil blend gently lift stains for brilliantly clean teeth. The minty combination of Peppermint and Wintergreen essential oils add to the refreshing flavor.

HOW TO USE | Brush teeth and gums thoroughly morning and night.

THIEVES DENTAROME ULTRA TOOTHPASTE

Thieves® Dentarome Ultra Toothpaste engages the power of Thieves oil blend for a boost of added cleaning power, while the cool flavor of Peppermint essential oil provides ultra-fresh breath. Made from naturally derived ingredients, Thieves Dentarome Ultra is great for removing stains to reveal a brighter, fresher, more radiant smile!

HOW TO USE | Brush teeth and gums thoroughly morning and night.

THIEVES FRESH ESSENCE PLUS MOUTHWASH

Thieves® Fresh Essence™ Plus Mouthwash is powered by Thieves essential oil blend for incredibly clean teeth and gums. Combined with naturally derived ingredients, Young Living’s mouthwash is effective without using alcohol, synthetic dyes, or artificial flavors.

HOW TO USE | Rinse mouth with 1 tablespoon or capful of Fresh Essence Plus for 30–60 seconds or as needed.

THIEVES DENTAL FLOSS

Thieves® Dental Floss is made with strong fibers that resist fraying and easily glide between teeth for those hard-to-reach places. Saturated twice, this hard-wearing floss provides two layers of essential oils, offering double the protection to freshen your breath.

HOW TO USE | For daily use as needed.
With more than 20 years dedicated to developing products that clean the home, nourish the body, beautify the skin and hair, and comfort the spirit, we are proud to bring you choices that support true wellness in every aspect. Without ever wavering in our uncompromising Seed to Seal® commitment, our goal is to provide you with more ways to incorporate wellness into your habits and your home. Achieving financial independence through sharing Young Living with those around you is your opportunity to invite another dimension of wellness to your life.
WHY JOIN YOUNG LIVING?

When you join Young Living, you join a supportive global community of individuals who are passionate about natural, authentic solutions for themselves and their families. Young Living membership is much more than access to our authentic essential oils and essential oil-infused products, it also offers:

- **24 percent off retail pricing on all Young Living products**: This substantial discount allows you to discover more of your favorites and share our transformative products with others.

- **The opportunity to participate in our compensation plan**: One of the industry’s most generous, our plan offers a higher-than-average payout through commissions, sizeable bonuses, and retail sales—just for sharing essential oils!

- **The convenience of our Essential Rewards autoship program**: Not only do your favorite products arrive hassle free at your door month after month, but you may also accumulate points toward free products just for placing a recurring monthly order! Plus, joining the Essential Rewards program offers shipping discounts, loyalty gifts, qualification for certain bonuses, and access to program-exclusive promotions!

- **Recognition for your talents and hard work**: Every year we host several retreats in beautiful locations around the world to reward and train those who have demonstrated exceptional dedication in building their businesses. Additionally, we offer on-stage recognition for the rank advancements of our members each year at our International Grand Convention.

"These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease. Consult individual product labels for safety information."
Joining Young Living is easy and full of perks! Here’s how it works:

1. Go to YoungLiving.com/Signup. Use Sponsor ID 1938886 & Enroller ID 601484
2. Follow the signup prompts, including selecting the wholesale or retail member option:
   a. Wholesale members enjoy a 24 percent product discount, plus the opportunity to take advantage of the Essential Rewards program and our generous compensation plan.
   b. Retail members pay full price for Young Living products with no minimum orders to remain active. Retail members cannot take advantage of Essential Rewards or the compensation plan.
3. Select your Starter Kit and Essential Rewards Kit.
4. Add any additional products to your order.
5. Proceed to checkout and complete your enrollment.
6. Begin enjoying the highest quality essential oil-infused products in the world!

READY TO JOIN?

Sharing Young Living isn’t just about the superior products, it’s about sharing an experience!

Gather six new friends or favorite familiar faces for a DIY party dream come true.

DIY Kit Includes:
Supplies for three different crafts for six people:
• Lotion base (12 ounces)
• Spritzer base (3 ounces)
• Lip balm base (3 ounces)
• Containers for individual crafts
• Scoop for measuring
• Funnel
• Labels
• 6 copies of Essential Oils Magazine
• Presenter card
• Recipe and social sharing cards for each attendee
• 6 organza bags
Get your order automatically every month by enrolling in Essential Rewards! You can earn points toward free products, receive discounted shipping, customize your order each month, and get exclusive rewards. With so many perks and bonuses, there’s no better time to start than now!

Visit YoungLiving.com for more details.

**ESSENTIAL REWARDS MEMBERS ENJOY:**

- Priority shipments of your favorite Young Living products
- Reduced shipping rates
- Freedom to change or cancel your order anytime
- Discounted pricing on exclusive product kits
- Up to 25 percent back in Essential Rewards points with every order to use toward future orders
  - 1–3 months: 10 percent back in points on your ER order’s PV
  - 4–24 months: 20 percent back in points on your ER order’s PV
  - 25+ months: 25 percent back in points on your ER order’s PV
- Access to exclusive bonuses, including the Rising Star Team Bonus
- Loyalty gifts for 3, 6, 9, and 12 months of consecutive participation
EDUCATION

Learning more about Young Living and our commitment to quality has never been easier! Including everything from product guides to booklets, from brochures to compensation plan materials, our educational tools are comprehensive, inspiring, and essential for becoming a Young Living expert.

**ART BOOKLET**

The ART® Booklet is a great resource for both new and long-time users of ART. Serving as a complete introduction to the ART Skin Care System, this booklet showcases stunning photography and includes detailed explanations of product benefits, usage tips, expected results, and more!

**EVERYDAY ESSENTIALS BROCHURE**

Everyday Essentials introduces our most popular essential oils and highlights ways to incorporate them into your daily routine. Novice and advanced users alike will find a wealth of usage information, including a convenient application chart for all single and blended essential oils.

**NINGXIA RED BROCHURE**

The NingXia Red brochure is a great introduction to the power of NingXia Red. Great for meetings and friends, it’s sure to interest people in the benefits of the Ningxia wolfberry.

**PRODUCT PRICE LIST**

Help customers and other members stay current on prices and PV with the Product Price List. Product updates and pricing adjustments are readily available, making it easy to purchase all the right products for your wellness needs.

**PRODUCT GUIDE**

The Product Guide is an A-to-Z reference for all Young Living products. With prices, informative features, how-to-use tips, and detailed descriptions, the Product Guide makes it easy for you to learn about and share Young Living's products.

**THIEVES BOOKLET**

The Thieves booklet is a comprehensive look at Young Living’s Thieves line, complete with a history of the oil blend and how to use each Thieves product.

**YOUNG LIVING FOR THE EVERYWHERE LIFESTYLE BOOKLET**

The Young Living for the Everywhere Lifestyle booklet highlights select Young Living products that are convenient, transportable, and can easily go wherever you go! This 25-pack of beautifully designed, informative booklets makes it simple to share the Young Living lifestyle with friends, family, and contacts who need convenient essential oil support throughout every day of their busy lives.

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2017 PRODUCT BROCHURES

Get your new 2017 product brochures at YoungLivingTools.com.

AMINOWISE BROCHURE
DESSERT MIST DIFFUSER BROCHURE
FULFILL YOUR DESTINY BROCHURE
INSECT REPELLENT BROCHURE
LAVADERM AFTER-SUN SPRAY BROCHURE
MINERAL SUNSCREEN LOTION BROCHURE
SAVVY MINERALS BROCHURE
SEEDLINGS BABY OIL BROCHURE
SEEDLINGS BABY LOTION BROCHURE
SEEDLINGS BABY WIPES BROCHURE
SEEDLINGS DIAPER RASH CREAM BROCHURE
SHUTRAN 3-IN-1 MEN’S WASH BROCHURE
SUPER CAL PLUS BROCHURE

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2016 PRODUCT BROCHURES

These six-panel brochures are informative and fun ways to share the excitement of our new convention products with your teams, at meetings, or as pass-along materials for trade shows. We have a full lineup of brochures, including:

**AGILEASE BROCHURE**
- Item NO: 5778
- Count: 25 ct.
- Whsl: $4.00
- Retail: $4.00
- PV: 0

**ANIMAL SCENTS DENTAL PET CHEWS BROCHURE**
- Item NO: 5784
- Count: 25 ct.
- Whsl: $4.00
- Retail: $4.00
- PV: 0

**COOL AZUL PAIN RELIEF CREAM BROCHURE**
- Item NO: 5786
- Count: 25 ct.
- Whsl: $4.00
- Retail: $4.00
- PV: 0

**EINKORN GRANOLA BROCHURE**
- Item NO: 5779
- Count: 25 ct.
- Whsl: $4.00
- Retail: $4.00
- PV: 0

**EINKORN ROTINI PASTA BROCHURE**
- Item NO: 5780
- Count: 25 ct.
- Whsl: $4.00
- Retail: $4.00
- PV: 0

**LIVE YOUR PASSION BROCHURE**
- Item NO: 5790
- Count: 25 ct.
- Whsl: $4.00
- Retail: $4.00
- PV: 0

**NINGXIA ZYNG BROCHURE**
- Item NO: 5791
- Count: 25 ct.
- Whsl: $4.00
- Retail: $4.00
- PV: 0

**POWERGIZE BROCHURE**
- Item NO: 5781
- Count: 25 ct.
- Whsl: $4.00
- Retail: $4.00
- PV: 0

**SLIQUE CITRASLIM BROCHURE**
- Item NO: 5787
- Count: 25 ct.
- Whsl: $4.00
- Retail: $4.00
- PV: 0

**SLIQUE SHAKE BROCHURE**
- Item NO: 5782
- Count: 25 ct.
- Whsl: $4.00
- Retail: $4.00
- PV: 0

**THIEVES AUTOMATIC DISHWASHER POWDER BROCHURE**
- Item NO: 5788
- Count: 25 ct.
- Whsl: $4.00
- Retail: $4.00
- PV: 0

**THIEVES COUGH DROPS BROCHURE**
- Item NO: 5783
- Count: 25 ct.
- Whsl: $4.00
- Retail: $4.00
- PV: 0

**CHOCOLATE-COATED WOLFBERRY CRISP BARS BROCHURE**
- Item NO: 5789
- Count: 25 ct.
- Whsl: $4.00
- Retail: $4.00
- PV: 0

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BUSINESS TOOLS AND BOOKS

Whether you’re new to Young Living and are unsure where to begin or just want a little guidance to take your business to the next level, you’ve come to the right place! This selection of business tools and books will help you learn from some of the best, so you can reach your goals and help others along the way.

**COMPENSATION PLAN HIGHLIGHTS FLYER**

| ITEM NO. | 4720 |
| COUNT | 25 ct. |
| WHSL. | $2.50 |
| RETAIL | $2.50 |
| PV | 0 |

**ESSENTIAL REWARDS BOOKLET**

| ITEM NO. | 1088 |
| COUNT | 25 ct. |
| WHSL. | $10.50 |
| RETAIL | $13.62 |
| PV | 0 |

**THE ONE GIFT**

| ITEM NO. | 9360 |
| COUNT | 1 ct. |
| WHSL. | $23.75 |
| RETAIL | $23.75 |
| PV | 0 |

The Compensation Plan flyer provides an overview of Young Living’s generous compensation plan and bonus opportunities.

Enjoy the products you love most, automatically delivered to your door every month, and earn amazing bonuses and product discounts available exclusively through Essential Rewards. Learn all about this simple and exciting autoship program with the Essential Rewards Booklet.

**CREATING SOMETHING TO BELIEVE IN**

| ITEM NO. | 9440 |
| COUNT | 1 ct. |
| WHSL. | $9.75 |
| RETAIL | $9.75 |
| PV | 0 |

**ANCIENT EINKORN: TODAY’S STAFF OF LIFE**

| ITEM NO. | 5020 |
| COUNT | 1 ct. |
| WHSL. | $8.95 |
| RETAIL | $8.95 |
| PV | 0 |

**D. GARY YOUNG: THE WORLD LEADER IN ESSENTIAL OILS**

| ITEM NO. | 5955 |
| COUNT | 1 ct. |
| WHSL. | $24.95 |
| RETAIL | $32.83 |
| PV | 0 |

| ITEM NO. | 5971 | 5972 |
| COUNT | 5 pk. | 10 pk. |
| WHSL. | $99.75 | $199.50 |
| RETAIL | $131.25 | $262.50 |
| PV | 0 | 0 |

Enjoy the products you love most, automatically delivered to your door every month, and earn amazing bonuses and product discounts available exclusively through Essential Rewards. Learn all about this simple and exciting autoship program with the Essential Rewards Booklet.

Why was frankincense more precious than gold in the ancient world? Can the aroma of Frankincense really calm you and lift your mood? The insights and history of essential oils are presented as never before in this riveting historical novel. D. Gary Young learned of the power of essential oils through a profound personal experience that led him on a worldwide odyssey to learn about essential oils and their importance. The One Gift is his gift to you and to the world.

In this illuminating book, D. Gary Young chronicles the history of ancient grains and tracks their changing relationships with humans, from staff of life to potentially harmful ingredients, hybridized wheat, and genetically modified grains, found in nearly every food product. The book discusses the benefits of einkorn grain, an ancient heirloom grain that remains untouched by hybridization. It also describes how some of the chemicals in our foods today are found to be responsible for health challenges.

D. Gary Young’s life and the growth of Young Living Essential Oils, with its worldwide farms and philanthropic endeavors, are chronicled in this new book, written by his wife, Mary Young. In its 336 pages, including over 700 photographs, this book will take you into Gary’s world, where you will learn about many of his triumphs and trials, including his journey back to walking again following a devastating logging accident.

This amazing book is the account of a man who has followed his dreams, persevered through many hard-to-imagine trials, and shaped a company that is impacting countless numbers of lives throughout the world. Learn about the life, passions, and achievements of D. Gary Young, The World Leader in Essential Oils®.
TOOLS FOR SHARING

Sharing essential oils has just become simpler with Young Living’s industry-first 10-count sample packets. You can now share essential oils with these samples that will send any prospect off with a memorable impression of Young Living and the benefits of pure, authentic essential oils. Includes Lavender, Lemon, Peace & Calming, Peppermint, and Thieves.

<table>
<thead>
<tr>
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<th>COUNT</th>
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SPANISH TOOLS

We’re proud to offer our Spanish-speaking members a full array of resources and tools. From brochures to videos and everything in between, we’re constantly adding more to help members worldwide better assist their friends and family. Check out our newest additions at YoungLiving.com/es_US.

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**BASIC STARTER KIT**
**U.S. SPANISH**

- **ITEM NO.:** 5460104
- **WHSL. PV:** $45.00
- **PV:** 0

**PREMIUM STARTER KIT WITH DEWDROP**
**U.S. SPANISH**

- **ITEM NO.:** 54630104
- **WHSL. PV:** $60.00
- **PV:** 100

**PREMIUM STARTER KIT WITH THIEVES**
**U.S. SPANISH**

- **ITEM NO.:** 54650104
- **WHSL. PV:** $160.00
- **PV:** 100

**PREMIUM STARTER KIT WITH ARIA**
**U.S. SPANISH**

- **ITEM NO.:** 54605104
- **WHSL. PV:** $260.00
- **PV:** 100

**PREMIUM STARTER KIT WITH HOME**
**U.S. SPANISH**

- **ITEM NO.:** 54660104
- **WHSL. PV:** $160.00
- **PV:** 100

**PREMIUM STARTER KIT WITH BAMBOO**
**U.S. SPANISH**

- **ITEM NO.:** 54640104
- **WHSL. PV:** $170.00
- **PV:** 100

**PREMIUM STARTER KIT WITH NINGXIA**
**U.S. SPANISH**

- **ITEM NO.:** 54670104
- **WHSL. PV:** $260.00
- **PV:** 100

**PRODUCT GUIDE**

- **ITEM NO.:** 38490104
- **COUNT WHSL. RETAIL PV:** 1 ct. $3.50 $25.00 0
- **ITEM NO.:** 38500104
- **COUNT WHSL. RETAIL PV:** 10 pk. $25.00 $25.00 0

**THIEVES BOOKLET**

- **ITEM NO.:** 3478
- **COUNT WHSL. RETAIL PV:** 25 ct. $6.75 $6.75 0

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YOUNGLIVINGGEAR.COM

is our one-stop shop where you can

GET ALL OF YOUR
BRANDED GEAR,

including apparel, accessories, and unique gifts. Check out the updated site now and watch for exciting new launches every season.
Our introductory kits have been completely redesigned to include cutting-edge business-building materials and more product samples than ever before. These are the perfect way to introduce someone to the Young Living opportunity and lifestyle. Sign up with one of our Starter Kits and enjoy a host of exclusive benefits, including:

- A 24 percent wholesale discount
- The potential to earn commissions and bonuses
- Eligibility to participate in the Essential Rewards program and earn free products, discounted shipping, and more
- An opportunity to help others discover greater wellness and freedom

Set yourself up for success with a Young Living STARTER KIT!

Because of our close partnership with nature, as well as the rigorous standards of our Seed to Seal® processes, some oils in the Starter Kits may become temporarily unavailable due to seasonality or our strict quality requirements. In these rare cases, oils in the Starter Kits may be substituted for other popular oils, known as our “flex oils.” These substitutions help ensure that each Starter Kit goes out meeting our high standards and specifications.
PREMIUM STARTER KIT

(1) Diffuser (Choose your diffuser on p. 61. Prices may vary depending on diffuser)

(1) Premium Essential Oils Collection
Lavender 5-ml, Peppermint Vitality 5-ml, Lemon Vitality 5-ml, Copaiba Vitality 5-ml, Frankincense 5-ml, Thieves Vitality 5-ml, Purification 5-ml, R.C. 5-ml, DiGize Vitality 5-ml, PanAway 5-ml

(1) Stress Away 5-ml

(1) AromaGlide® Roller Fitment

(10) Sample Packets (Peppermint, Lavender, Lemon, Thieves, Peace & Calming)

(10) Love It? Share It! Business Cards

(10) Love It? Share It! Oil Bottles

(2) NingXia Red 2-oz. samples

(1) Product Guide

(1) Product Price List

(1) Essential Oils Magazine

(1) Essential Edge

(1) Member Resource Materials

PREMIUM STARTER KIT WITH ARIA DIFFUSER

ITEM NO. | WHSL. | PV
---|---|---
5465 | | $260.00

PREMIUM STARTER KIT WITH DEWDROP DIFFUSER

ITEM NO. | WHSL. | PV
---|---|---
5463 | | $160.00

PREMIUM STARTER KIT WITH RAINSTONE DIFFUSER

ITEM NO. | WHSL. | PV
---|---|---
5470 | | $205.00

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**BASIC STARTER KIT**

<table>
<thead>
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<tbody>
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</tbody>
</table>

- (1) Stress Away 5-ml
- (1) AromaGlide® Roller Fitment
- (10) Sample Packets (Peppermint, Lavender, Lemon, Thieves, Peace & Calming)
- (10) Love It? Share It! Business Cards
- (10) Love It? Share It! Oil Bottles
- (2) NingXia Red 2-oz. samples
- (1) Product Guide
- (1) Product Price List
- (1) Essential Edge
- (1) Member Resource Materials

**PREMIUM STARTER KIT WITH NINGXIA**

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<th>ITEM NO.</th>
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- (1) Basic Starter Kit
- (1) NingXia Red 2-pack
- (30) NingXia Red Singles (2 fl. oz. ea.)
- (1) NingXia Nitro 14-pack

**PREMIUM STARTER KIT WITH THEIVES**

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- (1) Basic Starter Kit
- (1) Thieves 15-ml
- (1) Thieves AromaBright Toothpaste
- (1) Thieves Fresh Essence Plus Mouthwash
- (2) Thieves Household Cleaner
- (2) Thieves Foaming Hand Soap
- (2) Thieves Spray
- (2) Thieves Waterless Hand Purifier

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease. Consult individual product labels for safety information.*
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We take the stewardship of our planet seriously. Our state-of-the-art production process brings you the purest oils on Earth.

We call it

SEED TO SEAL®

It's not a slogan—it's our calling.